



Chiropractic First.

WHY US

- Established in 2006, linked with Charter Medical G.P clinic
- Easy Booking
- Extended operational hours, Open 7am-8pm Weekdays
- Prime location at Hove train station, local bus links
- Brighton and Hove's most reviewed clinic
- Xray onsite and MRI access

CONTACT US

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**Chiropractic
First.**

📡 **HOVE SHOCKWAVE**

HM.



**BRIGHTON & HOVE
CHIROPRACTOR OFFERS
CHIROPRACTIC, SHOCKWAVE
AND CLINICAL MASSAGE
THERAPIES**



OUR SERVICES:

Offering Chiropractic, Massage, Shockwave and Dry Needling

Chiropractic has been shown effective for treatment of:

- Lower back and hip pain
- Neck and shoulder pain
- Sciatica
- Headache and migraine management
- Knee pain from osteoarthritis
- General aches and pains including those of joints, muscles, and cramps
- Several extremity joint conditions, i.e shoulder pain, elbow pain, tennis elbow, arm or leg pain, whiplash
- Ankle sprain
- Rotator cuff injuries

CHIROPRACTIC FIRST

We are a distinguished healthcare establishment in Brighton and Hove, has proudly served the local community since 2006, consistently delivering exemplary patient-centric care. Our team of accomplished chiropractors and dedicated professionals are devoted to promoting overall well-being, ensuring that our patients enjoy a life free from persistent discomfort and physical ailments.

At Chiropractic First, we stand at the forefront of healthcare excellence, embodying modern professionalism and expertise.

We are a team of Chiropractors and Clinical Massage therapist's. We have on site Xray facilities and access to MRI.



OUR PROCESSES:

FIRST CONSULTATION AND XRAY

One of our chiropractors will review your medical history, examine and may take appropriate X-rays to help guide safe and effective treatment.

RESULTS, DIAGNOSIS AND TREATMENT PLAN

A visual explanation of any X-rays will be provided, along with your diagnoses and treatment plan. We allow time for your first treatment, to get you started.

FLEXIBLE FINANCIAL SOLUTIONS

We acknowledge that your time and financial resources are invaluable. We offer an array of payment solutions and accept the insurance providers listed below. Our payment options include the convenience of direct debit and flexible payment plans (our most popular options), designed to spread the fee over the whole recommended treatment duration.

