Fifth Avenue Place Chiropractic & Massage

Chiropractic ♦ Acupuncture ♦ Massage Therapy ♦ Physiotherapy ♦ Orthotics

Personal Information Please update us on any new information! First Name: Last Name: City _____ Province _____ Postal Code _____ Home Phone #______ Business #: ______ Cellular #: _____ I agree to receive appointment reminders and clinic updates via email: Yes No **Symptoms** When did you first notice the symptoms? _____ List any types of surgeries which you have had since your previous visit with us: Please list all medications you are currently taking: Allergies: **Extended Healthcare Coverage** We Offer Direct Billing! Group ID/Policy Number Insurance Company Name Member Number Name of Cardholder Relationship to Cardholder (Parent, Spouse, Child) I understand that Fifth Avenue Place Chiropractic & Massage will do their best to Direct Bill services to the above insurance companies. Should these services be denied I agree to pay all amounts not covered.

Date

Client Signature

Informed Consent To Chiropractic Treatment

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck,back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery. Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment.

The Risks Include:

- Temporary worsening of symptoms Usually, any increase inpre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- Skin irritation or burn Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- Sprain or strain Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- Rib fracture While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- Injury or aggravation of a disc Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experiencback or neck problems once in a while.

Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition.

The consequences of disc injury or aggravating apre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.

• Stroke – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in adamaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resultingfrom damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain. Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractictreatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives to chiropractic treatment may include consulting other healthprofessionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Signature of Chiropractor

DO <u>NOT</u> SIGN THIS FORM UNTIL YOU MEET WITH THE CHIROPRACTOR		
the treatment plan. I understan	live discussed with the chiropractor the assessment of my old the nature of the treatment to be provided to me. I have nent, as well as the alternatives to treatment. I hereby consosed to me.	considered
Name (Please Print)	Signature of patient (or legal guardian)	Date:
		Data