About Your Health

The human body is designed to be healthy. Throughout life, events occur which damage your health expression. This case history will uncover the layers of damage, especially to your nervous system, that have resulted in poor health. Following your exam, your chiropractor will outline a course of care to begin to correct these layers of damage and recover your innate health potential.

Loss of Wellness (Birth - Age 5)

Yes	No	(Birth - Age 5)	Patient Comment (If answer is yes)	Chiropractor's Comments
		1. Pregnancy		
		Did Your Mother:		
❑	❑	Smoke or drink alcohol?		
❑	❑	Have a proper diet?		
❑	❑	Exercise through her pregnancy?		
❑	❑	Experience any falls or injuries during pregnancy?		
		2. Birth Process		
❑	❑	Was the delivery long?		
❑	❑	Was the delivery difficult?		
❑	❑	Forceps?		
❑	❑	Caesarean?		
❑	❑	Breach/cephalic?		
❑	❑	Home birth?		
❑	❑	Hospital birth?		
❑	❑	Mother given drugs during delivery?		
❑	❑	Was labor induced?		
		3. Growth and Development		
❑	❑	Did you roll out of bed?		
❑	❑	Were you a headbanger or rocker?		
❑	❑	Were you breastfed?		
❑	❑	Childhood illnesses?		
❑	❑	Accidents?		
❑	❑	Surgery?		
❑	❑	Drugs?		
❑	❑	Chair pulled out when sitting down?		
❑	❑	Did you fall down stairs?		
❑	❑	Were you yanked by your arm?		
❑	❑	Did you have other traumas? What? When?		