

# PINNACLE

**CHIROPRACTIC  
& SPINAL REHABILITATION**

Dr. Paul S. Baird

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## Auto Accident Section

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Accident: \_\_\_\_\_ Time of Accident: \_\_\_\_\_ Daylight Dawn Dusk Dark

### Injury History:

Were you: **Driver** **Front Seat Passenger** **Rear Seat Passenger** **Other** \_\_\_\_\_

Your Vehicle (year, make, model): \_\_\_\_\_

Who owned the car you occupied in this collision \_\_\_\_\_

Estimated speed at the moment of accident: \_\_\_\_\_ mph **Stopped** **Slowing** **Accelerating**

Others in the car? \_\_\_\_\_

Have they been checked for injuries? **Yes** **No**

Other vehicle(s) (year, make, model) \_\_\_\_\_

Number of people in other vehicle(s) \_\_\_\_\_

What direction were you headed? **North** **South** **East** **West**

Name of street(s)? \_\_\_\_\_

What direction was the other vehicle headed? **North** **South** **East** **West**

Name of street(s)? \_\_\_\_\_

Road Conditions: **Dry** **Damp** **Wet** **Snow** **Icy** **Other** \_\_\_\_\_

Seat Head Restraints: **None** **Integral Type** **Adjustable Type:** **Up** **Down** **Not Sure**

If adjustable, was the position altered by the accident? **Yes** **No** How? \_\_\_\_\_

Was the seat position adjustment altered by the accident? **Yes** **No**

Were You wearing seatbelts? **Yes** **No** **Not sure** **Shoulder & Lap** **Lap Only**

Did the airbags deploy? **Yes** **No** If Yes, were you struck? **Yes** **No** Injuries? \_\_\_\_\_

Were you struck from? **behind** **front** **left side** **right side**

Body Position? **Normal** **Forward Lean** **Other** \_\_\_\_\_

Head Position: **Forward** **Looking Left** **Looking Right** **Looking up** **looking down**

Braced for impact: **Yes** **No** Brakes applied: **Yes** **No**

Were you looking in the mirror: **Yes** **No** If yes: **inside rear view** **outside door mirror L / R**

**Brief Description of the Accident:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**During the accident**

Did you strike any parts of the vehicle? **Yes No**  
If yes, describe: \_\_\_\_\_  
Did the vehicle strike any objects after initial collision? **Yes No**  
If yes, describe: \_\_\_\_\_  
Wearing Hat or glasses? **Yes No** If Yes, were they still on after the crash? **Yes No**  
Did you lose consciousness? **Yes No** If yes, for how long? \_\_\_\_\_  
Estimated property damage to your vehicle: \$ \_\_\_\_\_  
Estimated damage to other vehicle(s): **None Minimal Moderate Major**  
Were the police called to the scene? **Yes No**  
If yes, was a report made? **Yes No**  
If yes, who was found at fault? **You Other Driver**

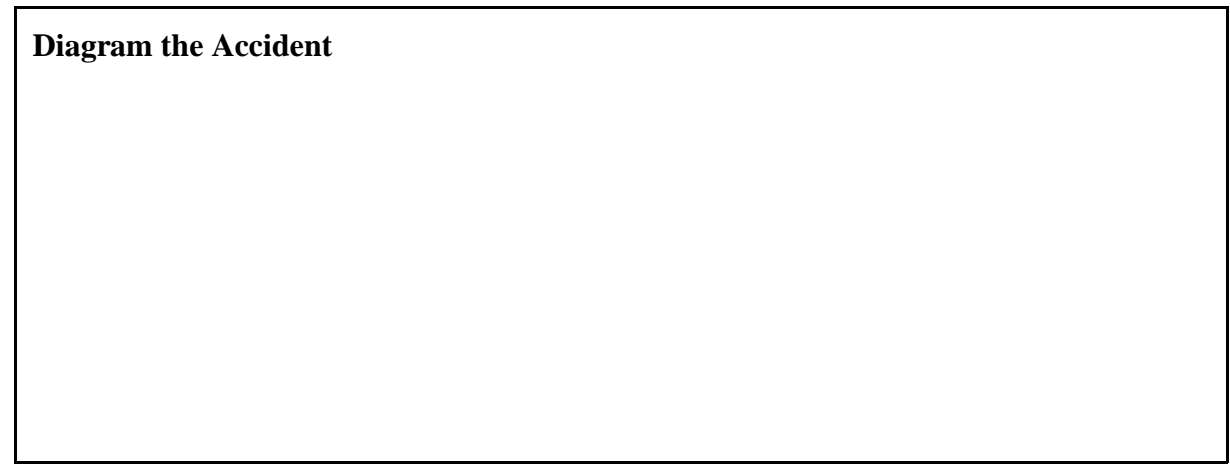
**After the accident**

Did you go to the hospital? **Yes No** If no, did you see another doctor? **Yes No**  
How did you get there? **Ambulance Car** If by car, were you driven by: **self other**  
What treatment did you receive? **exam x-rays neck brace medications other** \_\_\_\_\_  
Have you lost any days of work? **Yes No** If yes, dates: \_\_\_\_\_  
Were you unable to do housework, yard work, etc. due to pain from the accident? **Yes No**  
If yes Please describe: \_\_\_\_\_  
Have you been in other auto accidents? **Yes No** If yes dates \_\_\_\_\_

**Auto Insurance Information**

Company insuring vehicle you occupied: \_\_\_\_\_ Accident Claim # \_\_\_\_\_  
Your insurance agents name: \_\_\_\_\_ Phone # \_\_\_\_\_  
Claims address \_\_\_\_\_ Phone # \_\_\_\_\_  
Claim adjusters name \_\_\_\_\_

Company insuring other vehicle : \_\_\_\_\_ Accident Claim # \_\_\_\_\_  
Claims address \_\_\_\_\_ Phone # \_\_\_\_\_  
Claim adjusters name \_\_\_\_\_



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## CHIROPRACTIC & SPINAL REHABILITATION

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### PAIN DIAGRAM

Name: \_\_\_\_\_

Date: \_\_\_\_\_

#### TELL US WHERE YOU HURT

Please read carefully:

Mark the diagram below where you feel your pain. Include all affected areas. Use the appropriate symbol(s) listed below to describe the type of pain. If your pain radiates (travels), draw an arrow from where it starts to where it stops. Please extend the arrows as far as the pain travels

Ache >>>>>

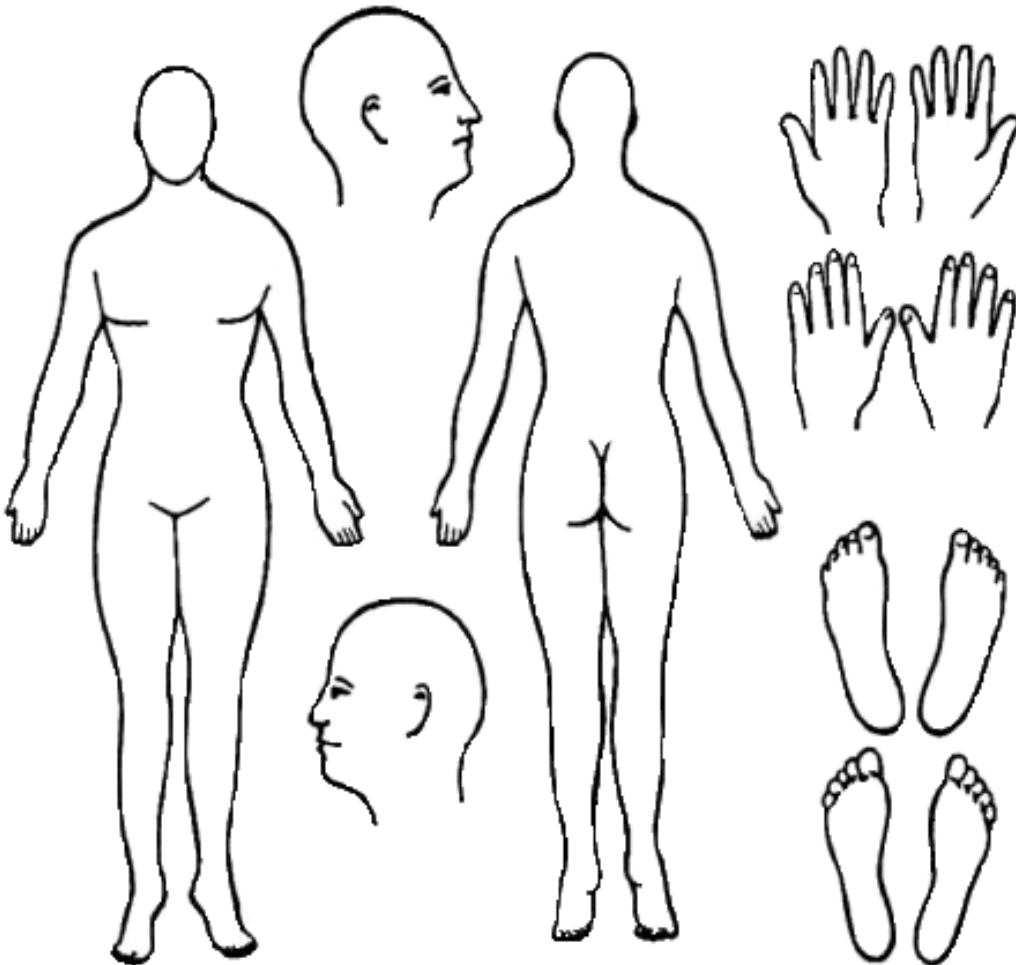
Burning X X X X

Numbness = = = = =

Stabbing // // // // // // // //

Pins Needles 0 0 0 0 0 0 0 0

Throbbing ~ ~ ~ ~ ~ ~ ~ ~



#### Severity of Pain

List region of pain and circle the pain level.  
(1 = Least, 10 = Greatest)

ex. Neck  
1 2 3 4 5 6 7 8 9 10

1. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

2. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

3. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

4. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

5. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

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## CHIROPRACTIC & SPINAL REHABILITATION

**Dr. Paul S. Baird**  
785 E. 200 S. Ste 6A Lehi UT 84043  
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**RED FLAG QUESTIONNAIRE**

NAME \_\_\_\_\_ DATE \_\_\_\_\_ AGE \_\_\_\_\_

Please check the appropriate response. If "yes", please explain. If you are not sure, check the "?" box  
**THANK YOU!**

YES	NO	?	CA
			Do you have past history of cancer?
			Have you had any unexplained weight loss?
			Does your pain improve with rest?
			Are you over 50 years old?
			Have you failed to improve with a course of conservative care (4-6 weeks)?
			Have you had spinal pain for more than 4 weeks?

YES	NO	?	INF
			Prolonged use of corticosteroids (such as organ transplant Rx)?
			Intravenous drug use?
			Current or recent urinary tract, respiratory tract or other infection?
			Immunosuppressant medication &/or condition?

YES	NO	?	SP FX
			History of significant trauma?
			Minor trauma in person >50 years old?
			Do you have osteoporosis (weak bones)?
			Are you over 70 years old?
			Any prolonged use of corticosteroids

YES	NO	?	Cauda Eq
			Acute onset urinary retention or overflow incontinence (wet underwear)?
			Loss of anal sphincter or fecal incontinence (bowel accidents)?
			Saddle anesthesia (numbness in groin region)?
			Global or progressive muscle weakness in the legs (legs give out)?

Patient Signature: \_\_\_\_\_

\*\*\*\*\*

Dr's Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# YOUR HEALTH PROFILE

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Street

City

State

Zip

Home Phone:(\_\_\_\_\_) \_\_\_\_\_ Work Phone:(\_\_\_\_\_) \_\_\_\_\_ Cell Phone:(\_\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Driver's Lic. # \_\_\_\_\_ Birth Date: \_\_\_\_\_

Single: \_\_\_\_\_ Divorced: \_\_\_\_\_ Widowed: \_\_\_\_\_ Married: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Occupation/ Employer's Name: \_\_\_\_\_

Spouse's Occupation/ Employer: \_\_\_\_\_

Person to contact in case of emergency : \_\_\_\_\_ Phone #:(\_\_\_\_\_) \_\_\_\_\_

Who may we Thank for referring you to our office? \_\_\_\_\_

Reason For Consulting our office? \_\_\_\_\_

## Why This Form Is Important

As a full spectrum chiropractic office, we focus on your ability to be healthy. Our goals are first, to address the issues that brought you to this office and second, to offer you the opportunity of improved potential and wellness services in the future. On a daily basis we experience physical, chemical and emotional stresses that can accumulate and result in serious loss of health potential. Most times the effects are gradual, not even felt until they become serious. Answering the following questions will give us a profile of the specific stresses you have faced in your lifetime, allowing us to better assess the challenges to your health potential.

## The Beginning Years (To Age 17)

Research is showing that many of the health challenges that occur later in life have their origins during the developmental years, some things starting at birth. Please answer the following questions to the best of your ability.

### Your Childhood Years

Yes No Unsure

Did you have any childhood illnesses?

Did you have any serious fall as a child?

Did you play sports?

Did you take/use any drugs?

Did you have surgery?

Did you ever fall/ jump from a height over three feet?( i.e. crib, bunk bed, trees)

Were you involved in any car accidents?

Yes No Unsure

Was there any prolonged use of medicine such as antibiotics or an inhaler?

Did you suffer any other traumas? (emotional or physical)

Were you vaccinated?

As a child, were you under regular chiropractic Care?

Comments: \_\_\_\_\_

### Adult—(18 to Present)

Yes No Unsure

Do/did you smoke?

Do/did you drink alcohol?

Have you been in any accidents?

Have you had any surgery?

(Women) Are you pregnant?

Due Date: \_\_\_\_\_

Yes No Unsure

Do/ did you play any adult sports?

Do/did you participate in extreme sports?

On a scale of 1-10 describe your stress levels (1=none/10=extreme)

Occupational: \_\_\_\_\_

Personal: \_\_\_\_\_

On a Scale of Poor, Good, Excellent describe your:

Diet: \_\_\_\_\_ Exercise: \_\_\_\_\_ Sleep: \_\_\_\_\_ General Health: \_\_\_\_\_

# Addressing The Issues That Brought You To The Office

If you have no symptoms or complaints, and are here for Wellness Services, please check here:

Others, please briefly describe the chief area of complaint, including the effect it has had on your life.

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If you are experiencing pain, is it...

Sharp     Stabbing     Burning     Dull/Aching     Constant     Comes and goes

Since the Problem Started, is it...

About the same     Getting Better     Getting worse

What makes it worse: \_\_\_\_\_

What makes it better: \_\_\_\_\_

Yes it interferes with:

Work     Sleep     Walking     Sitting     Hobbies     Leisure

Other Doctors seen for this problem (please list)

Chiropractor: \_\_\_\_\_

Medical Doctor: \_\_\_\_\_

Other: \_\_\_\_\_

Please check all symptoms you have ever had, even if they do not seem related to your current problem.

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Headaches      | <input type="checkbox"/> Dizziness                | <input type="checkbox"/> Lights bother eyes     | <input type="checkbox"/> Loss of Balance             |
| <input type="checkbox"/> Neck Pain      | <input type="checkbox"/> Pins and needles in arms | <input type="checkbox"/> Weakness in the arms   | <input type="checkbox"/> Ringing/buzzing in the ears |
| <input type="checkbox"/> Neck stiffness | <input type="checkbox"/> Cold Hands               | <input type="checkbox"/> Cold Feet              | <input type="checkbox"/> Fainting                    |
| <input type="checkbox"/> Back Pain      | <input type="checkbox"/> Pins and needles in legs | <input type="checkbox"/> Weakness in the legs   | <input type="checkbox"/> Numbness in the groin       |
| <input type="checkbox"/> Nervousness    | <input type="checkbox"/> Depression               | <input type="checkbox"/> Irritability           | <input type="checkbox"/> Tension                     |
| <input type="checkbox"/> Diarrhea       | <input type="checkbox"/> Constipation             | <input type="checkbox"/> Stomach Upset          | <input type="checkbox"/> Heartburn                   |
| <input type="checkbox"/> Fatigue        | <input type="checkbox"/> Sleeping Problems        | <input type="checkbox"/> Problem Urinating      | <input type="checkbox"/> Ulcers                      |
| <input type="checkbox"/> Mood swings    | <input type="checkbox"/> Menstrual Pain           | <input type="checkbox"/> Menstrual Irregularity | <input type="checkbox"/> Fever                       |

List any Medications you are taking: \_\_\_\_\_

Allergies: \_\_\_\_\_

## Family Health Profile:

At our office we are not only interested in your health and well-being, but also the health and well-being of your family and loved ones. Please mention below any health conditions or concerns you may have about:

You: \_\_\_\_\_

Spouse: \_\_\_\_\_

Children: \_\_\_\_\_

How many children do you have? \_\_\_\_\_ What ages are they? \_\_\_\_\_

Have you ever:

Bought bottled water?                      Yes      No

Belonged to a health club?                      Yes      No

Consumed vitamins or supplements?                      Yes      No

**The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation.**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**