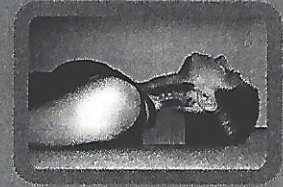


www.cbppatient.com/traction

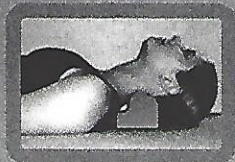


PROUDLY SUPPORTED BY PRACTITIONERS INTERNATIONALLY

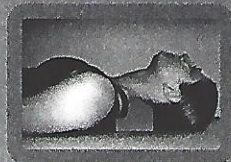
www.denneroll.com

In the interest of spinal health care that continues outside of your practice, the Denneroll is a neck orthotic that can provide an effective stretch through the entire neck area. The Denneroll creates a soft tissue stretch in the direction of your normal cervical curve, which can improve movement, relieve muscle tension, and assist in the correction of reduced cervical lordosis. Used as a safe, comfortable, effective stretch, the Denneroll is a **STRETCH IN THE RIGHT DIRECTION!**

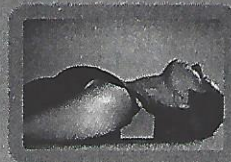
There are three main areas of placement for the Denneroll shown as follows:



Upper neck



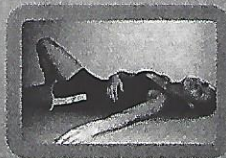
Middle neck



Lower neck

The lower the placement of the Denneroll, the greater the **STRETCH**. Effectiveness allowing you to target areas where you need it most!

Between 5 – 10 minutes (minimum) is the advised stretching time. Used as a safe comfortable stretch, the Denneroll can be used daily. Remember to roll off the Denneroll instead of lifting your head when your stretch is finished.



 **WARNING**

The Denneroll is to be used only under the provisional care of your spinal health professional.

Certain conditions can contribute to increase risk of injury during cervical extension traction. If you experience any unusual symptoms including, but not limited to; pain, dizziness, headache, nausea,