



DISCOVER WELLNESS WITHIN  
CHILD HISTORY FORM

M   
F

Date: \_\_\_\_\_

File No: \_\_\_\_\_

PLEASE COMPLETE THIS DETAILED HISTORY FORM. SHOULD YOU REQUIRE ANY ASSISTANCE, PLEASE LET US KNOW, AS WE WOULD BE HAPPY TO ASSIST.

NAME \_\_\_\_\_ TELEPHONE # \_\_\_\_\_  
ADDRESS \_\_\_\_\_ POSTAL CODE \_\_\_\_\_  
REFERRED BY \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
HEALTH CARD # \_\_\_\_\_ VERSION CODE \_\_\_\_\_  
Expiry date of version code \_\_\_\_\_  
Present MD and Address \_\_\_\_\_  
Date of last MD visit & reason \_\_\_\_\_  
Previous DC name and last visit \_\_\_\_\_  
Present Length \_\_\_\_\_ Weight \_\_\_\_\_

**AUTHORIZATION FOR CARE OF A MINOR**

PARENT(S) NAME(S) \_\_\_\_\_  
Work telephone # \_\_\_\_\_ e-mail address \_\_\_\_\_  
I hereby authorize and consent to the chiropractic evaluation and care of my child  
Parent/Guardian signature \_\_\_\_\_ Witness \_\_\_\_\_

**CHIEF HEALTH CONCERNS**

**REASON FOR CONTACTING US** \_\_\_\_\_

**LIST OTHER CARE UNDERGONE FOR THIS COMPLAINT**

(including medications) \_\_\_\_\_  
Date of Onset \_\_\_/\_\_\_/\_\_\_ Onset was: Sudden / Gradual / Associated with an event  
Duration of problem (episode) \_\_\_\_\_ minutes / hours / days / months / years  
Pattern of problem: Constant / Intermittent / Occasional / Cyclical  
Initiating factors: \_\_\_\_\_  
Aggravating factors: \_\_\_\_\_  
Relieving factors: \_\_\_\_\_  
Effects of the problem on body function and daily activities: \_\_\_\_\_  
Prior occurrence or episodes: \_\_\_\_\_

**OTHER HEALTH CONCERNS** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name:
Date:
File:

**HISTORY OF BIRTH**

Hospital      Birthing Centre      Home      Medical      Midwife  
Duration of Gestation \_\_\_\_\_ weeks  
Assisted birth: No / Yes If yes: forceps, vaccume extraction, c-section, induced labour  
Medications delivered to mother at birth? Yes / No If yes, what? \_\_\_\_\_  
Duration of birth: \_\_\_\_\_  
Complications at birth: Yes / No Explain \_\_\_\_\_  
Was delivery normal? Yes / No \_\_\_\_\_  
APGAR at BIRTH \_\_\_\_\_ AFTER 5 MINUTES \_\_\_\_\_  
BIRTH WEIGHT \_\_\_\_\_ BIRTH LENGTH \_\_\_\_\_

**GROWTH AND DEVELOPMENT**

Was the infant alert and responsive within twelve hours of delivery? Yes / No  
(Explain) \_\_\_\_\_  
At what age did the child: Respond to sound \_\_\_\_\_ Follow an object \_\_\_\_\_  
Hold up Head \_\_\_\_\_ Vocalize \_\_\_\_\_ Sit alone \_\_\_\_\_  
Teethe \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_  
Do sleeping patterns seem normal to you: Yes / No Explain \_\_\_\_\_  
Any health problems (cancer, diabetes, heart disease, etc) on the mother’s side of the  
family \_\_\_\_\_ On the fathers side \_\_\_\_\_  
With siblings \_\_\_\_\_  
Problems that chiropractors concern themselves with can be related to many types of  
stressors. Please complete the following information, as it is very important in assessing  
your child’s spinal health.

**CHEMICAL STRSSORS**

Was this baby breast-fed? Yes / No, How long \_\_\_\_\_  
Formula introduced at age \_\_\_\_\_ Type of Formula used \_\_\_\_\_  
Introduced to cows milk at age \_\_\_\_\_  
Began solid foods at age \_\_\_\_\_ Type \_\_\_\_\_  
Age & Type of commercial baby food introduced \_\_\_\_\_  
Food / Juice intolerance No / Yes Type \_\_\_\_\_  
During pregnancy did the mother smoke? Yes / No  
Any illness of the mother during pregnancy: \_\_\_\_\_  
Any supplements taken during pregnancy: \_\_\_\_\_  
Any drugs taken during pregnancy: \_\_\_\_\_  
Any exposures to ultrasound: No / Yes If so, how many and what was the medical  
reason? \_\_\_\_\_  
Any invasive procedures (amniocentesis, CVS): \_\_\_\_\_  
Any pets at home: No / Yes  
Any smokers in the home: No / Yes (How much) \_\_\_\_\_  
Any vaccinations: Which ones and any reactions \_\_\_\_\_  
Any antibiotics: No / Yes Explain: \_\_\_\_\_  
Total number of courses of antibiotics to date : \_\_\_\_\_

Name: Date: File:
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**PSYCHOSOCIAL STRESSORS**

Any difficulties with lactation: No / Yes \_\_\_\_\_  
Any problems with bonding: No / Yes \_\_\_\_\_  
Any behavioural problems: No /Yes, Onset \_\_\_\_\_  
Any night terrors, sleep walking, difficulty sleeping No / Yes, Specify \_\_\_\_\_  
Age of child when began daycare: \_\_\_\_\_  
Average number of hours of television / week: \_\_\_\_\_  
Does your child seem normal for their age? Yes / No, Explain \_\_\_\_\_  
\_\_\_\_\_

**TRAUMATIC STRESSORS**

Any traumas during pregnancy (falls, accidents) \_\_\_\_\_  
Any evidence of birth trauma: bruises, odd shaped head, stuck in birth canal, fast or  
excessively long birth, respiratory depression, cord around neck, other \_\_\_\_\_

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Any falls from couches, beds, change tables \_\_\_\_\_  
Any traumas with bruising, cuts, stitches, fractures \_\_\_\_\_

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Any hospitalizations: Yes / No, Explain \_\_\_\_\_  
Any surgeries or organs removed \_\_\_\_\_  
Sports played and age began \_\_\_\_\_  
Number of hours per week played \_\_\_\_\_  
Weight of school backpack \_\_\_\_\_  
Approx. hours spent at play per week \_\_\_\_\_

Thank you for completing this form, Please write any other questions you have below.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name:
Date:
File: