### Nutrition Response Testing

### WHY YOU ARE HERE:

If you are like other people who come to us for help, then most likely:

- You may have one or more health conditions that won't go away.
- You have visited doctors, or even alternative practitioners, but the results weren't what you hoped or expected.
- Health conditions are significantly affecting your life. Perhaps this also affects your career, family, and/or personal finances.
- You realize that these conditions are probably not going to get better unless the real source of the problem is found and corrected.

Does the above describe your situation? Then you've come to the right place...

Your chances of recovery have never been higher!

### **PATIENT SUCCESS:**

"This heartfelt 'thank you' is long overdue. You have helped me soooo much this past year. I feel 100% better since I have been seeing you. You have helped me with so many problems: tiredness, PMS, and allergies. I'm just glad that I decided to come and see you... I actually have all the energy that I should have. All of my PMS symptoms have vanished. You don't know how much that means to me." - Tammy F.

"I feel better than I have felt in at least eight years. I have energy and have lost 23 pounds. For years I suffered from 'inertia' not having enough energy to get up and do anything. I'm back enjoying bike riding and walking instead of just making myself do things. An added bonus is that the natural curl has returned to my hair." - F. Cruz

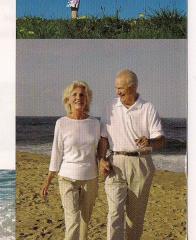
"Within 1½ weeks the symptoms were all gone, and have stayed that way. Your analysis seems to be like a laser that goes right to the physical source of the problem. The recommended personalized nutritional programs recommended have helped me and members of my family each time." - Bart D.

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What is it?





Will it help me?

# The body has the potential to fully repair itself, when given the right nutrients.

### What is Nutrition Response Testing?

Nutrition Response Testing is a non-invasive system of analyzing the body to determine the underlying causes of ill or non-optimum health.

Our clinically proven system may be quite different from any other healing practice that you may have experienced.

We will have some questions for you before and during the testing. The actual procedure is simple and direct, with the body providing all of the information and feedback needed. We use the extraordinary properties of the human cells and tissues to bring about healing and health changes . . . exactly as Nature intended.

The body responds to the procedure reliably and consistently. This feedback is so precise that it opens the door to a safe and lasting recovery, even in cases where everything else has failed.

The body has the full potential to fully repair itself, when given the right nutrients.

### What are we testing for?

Through our analysis, we are testing your body's neurological reflexes. These reflexes are the body's way of telling us what and how your nervous system is doing – as it is the nervous system's responsibility to regulate the body's functions for each and every organ. The testing includes organs, glands, joints, muscles, etc.

These reflexes are tested on the surface of the body and then the findings are analyzed.

## How do we get the body's "reflex" information?

Energy flows exist between all parts and organs of the body. These flows can become disrupted for a variety of reasons. This disruption is easily discovered with our testing.

As a Nutrition Response Testing practitioner, we will do a full body scan to properly assess each of your reflexes.

The practitioner will do the analysis by contacting your extended arm with one hand, and contact the specific reflex area with the other hand. If the tested reflex is stressed, your nervous system will respond by reducing energy to the extended arm (which will weaken and cause it to drop). A drop in the arm indicates underlying stress or dysfunction in that area which can be affecting your health.

Once the underlying stress is corrected, this weak muscle response will no longer occur.

Since we directly use the body for analysis, (versus doing lab tests) it is faster and tends to be just as (if not more) accurate. There are also no huge expensive machines, no drugs, surgery, nasty needles or laboratory fees to cover.

Following your consultation you will be given the results in a way that you can understand, with a specific nutritional program to follow.

#### How soon will I see improvement?

Although every case is different, we often hear enthusiastic reports from patients in as little as 4-6 weeks. The fastest recoveries are often from those who have most closely adhered to their recommended nutritional program.

### Is it important to stick to the plan?

Generally chronic health problems do not suddenly develop overnight. They develop over a long period of time (often years) with improper diet (which cause nutritional deficiencies and imbalances) and environmental influences. All of which have gotten you into your current health condition.

Therefore, the sooner and more thoroughly you implement your program, the sooner you will start to see results. While on your program, if you continue those same old habits and routines that contributed to your current condition, your body's condition may not improve as you hope. Total commitment to your program is strongly urged.

### What are my chances for recovery?

Our long-term experience in a wide variety of cases tells us the first thing we must determine is whether or not you are a "Nutrition Response Testing Case". If someone is NOT a "Nutrition Response Testing Case" then it is unlikely that Nutrition Response Testing will ever help you. However, if you ARE a "Nutrition Response Testing Case", then in our experience, it is our belief that nothing else will help you as much.

### What happens next?

While you are on your own designed clinical nutrition program, you will continue on your health recovery process.

We will continue to monitor your progress and adjust your program as needed when additional layers show up.

This procedure will assist you in attaining the maximum possible health benefits and get the real underlying health issues handled.