

# CHILDHOOD EAR INFECTIONS

*Chiropractic may be the perfect alternative and today's  
parents want to know more.*



by Dr. Jackie St.Cyr, Family Chiropractor

# CHILDHOOD EAR INFECTIONS

Do Recurrent Ear Infections Have You Confused? If so, You're Not Alone!

"My pediatrician prescribes antibiotics for ear infections, by my child has recurrences." Many parents frequently state this remark each day.

Commonly, parents accept acute otitis media as a normal part of a young child's life. The truth, however, is that although common, there is nothing normal about it.

Don't put unnecessary medicine into this perfect little package



Research shows that children may get ear infections as a result of improper drainage of the deep neck lymphatics. This causes fluid to build up and the ear drum to appear inflamed and bulging, creating a welcome habitat for bacteria. Symptoms can include pain inside the ear, a sense of fullness in the ear, muffled hearing, fever, nausea, vomiting, diarrhea, crying, irritability and tugging at the ear.

The medical treatment today is prescription oral antibiotics, usually Amoxicillin. However, a Journal of the American Medical Association study concluded that children who took Amoxicillin for chronic ear infections were two to six times more likely to have a recurrence of their ear problem than those who received a sugar pill placebo. Lead author, Erden Cantekin Ph.D. (professor of otolaryngology) said, "Children are being abused by the antibiotic treatment in this country."

Drug-resistant strains of childhood ear infections are increasing rapidly. Health officials say the trend is closely tied to doctors' misuse of broad-spectrum antibiotics, and patients' mistaken belief that antibiotics are a "magic bullet" for all that ails them.

# CHILDHOOD EAR INFECTIONS

Up to half of the 110 million antibiotic prescriptions written annually by private practitioners may be “inappropriate” for the illness being treated, the US Center for Disease Control and Prevention reported.

According to Alexander Tamasz, a Rockefeller University Microbiology professor, “There’s a vast overuse of antibiotics,” he says. “It’s completely crazy.” (4/94 New England Journal of Medicine).

New Federal Government guidelines recommend giving nature a chance with ear infections. Dr. Alfred Berg, co-chair of the federal panel of experts, said that in most cases the condition disappears within 3-6 months without medical treatment. Dr. Berg stated that antibiotics, frequently used in the past, are of very limited value in treating the condition. Dr. Berg also remarked that antibiotics could cause side effects and lead to the development of drug-resistant bacteria that can cause a more serious disease. Antibiotics are *not* the *preferred* option in the early stages of the condition.

Dr. Michael Poole, a professor of otolaryngology and pediatrics at the University of Texas Medical Branch in Houston, emphasized that most infants and young children with otitis media do not need antibiotics at all. “Ongoing studies at the University of Pittsburgh suggest that only about one out of seven children with otitis media should receive a prescription for an antibiotic. The disease usually gets well on its own.”

Your pediatrician might not be up-to-date on the current health trends and research. If he/she prescribes an antibiotic, you do not necessarily have to fill the prescription. Your child’s health needs to come first. There are numerous other causes of red ears other than bacteria manifestation. Your family chiropractor can share some of these causes with you.

# CHILDHOOD EAR INFECTIONS

Instead of treatment where the objective is to kill the bacteria or virus, a more natural approach is to restore nervous system and immune system function, resulting in normal drainage of the ears and lymphatics.

Progressive parents are turning to their Family Chiropractor for this solution. The Doctor of Chiropractic specializes in restoring normal function to the spine and nervous system, which may reduce or eliminate the neck tension and subluxation responsible for preventing normal fluid drainage.



Once this interference is removed, the excess fluid in the ear drains, the appealing environment, in which bacteria and viruses grow, is removed, and the infection can heal. After normal drainage has been properly restored, the recurrence of ear infection is greatly reduced or nonexistent.

The chiropractic approach to health care is safer, natural, and can be more effective. In light of these facts, your Chiropractor may be the best doctor to help your child!

To obtain more information on this and other children's health topics, visit Dr. Jackie St.Cyr at Innate Chiropractic Healing

Arts Center in Houston, Texas.

To schedule a [complimentary consultation](#) with Dr. St.Cyr, a chiropractic doctor who can address any questions or concerns you might have, call 713-521-2104 or visit [www.n8chiro.com](http://www.n8chiro.com)

# CHILDHOOD EAR INFECTIONS

*Dr. Jackie St.Cyr graduated from the Parker College of Chiropractic, Parker University in 1995 and holds a Doctor of Chiropractic degree and a Bachelor of Science in Anatomy. With postgraduate education and advanced certification in Network Chiropractic / Network Spinal Analysis / NetworkSpinal, she continues to study Network Care at the Mastery Level.*



*([full bio here](#))*

*The Innate Chiropractic Healing Arts Center is located in Houston, Texas. For more information call 713-521-2104 or visit the center online at [InnateChiropractic.com](http://InnateChiropractic.com)*

# CHILDHOOD EAR INFECTIONS

## Schedule A Complimentary Consultation

At Innate Chiropractic, our goal is to eliminate every shred of apprehension and make you feel at home from the first "hello".

If your child is suffering with ear infections and you are looking for an alternative to drugs and surgery, we are here to help.

Call our office today **713.521.2104** to schedule a complimentary and no obligation consultation.

[Learn more](#)

