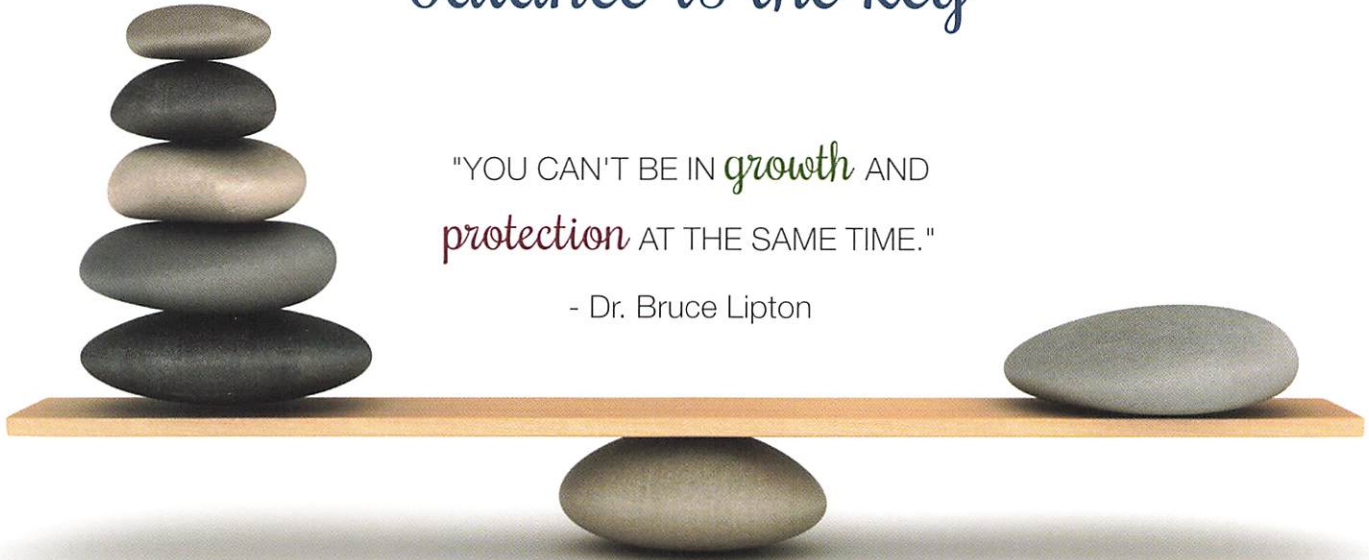


CENTRAL NERVOUS SYSTEM

balance is the key



"YOU CAN'T BE IN *growth* AND *protection* AT THE SAME TIME."

- Dr. Bruce Lipton

Subluxation occurs when a misalignment and fixation within the spine creates stress and tension on the nerves. This stress causes the Central Nervous System to go into a protective state of fight or flight.

SYMPATHETIC PROTECTION

1. Misalignment and fixation occur (subluxation)
2. Stress response (adrenal glands) activated
3. Central Nervous System gets stuck in fight or flight

PARASYMPATHETIC GROWTH

1. Chiropractic adjustment corrects subluxation
2. Rest, relaxation, digestion, and immune function improve
3. Growth, healing, and development are restored

DIS-EASE CYCLE



WELLNESS CYCLE



ANXIETY **CONSTIPATION** **high cholesterol** **HEART DISEASE**
ACID REFLUX **SENSORY PROCESSING** **high** **CROHN'S/IBS** **LOWER BACK** **ARTHRITIS**
FATIGUE **blood** **ALLERGIES** **BEHAVIOR** **PAIN** **GI ISSUES**
INSOMNIA **ADHD** **DEPRESSION** **ISSUES** **STRESS** **INFERTILITY** **colic**
bed wetting **SEIZURES** **AUTISM** **COLD & FLU** **MUSCLE SPASMS**
HEARTBURN **SINUS CONGESTION** **HEADACHES** **CRAMPS**
INFLAMMATION **EAR INFECTIONS**



INNATE CHIROPRACTIC

Dr. Jackie St.Cyr, D.C.
230 Westcott St. Suite 220
Houston, TX 77007
713-521-2104 • N8Chiro.com