# SUMMIT CHIROPRACTIC HEALTH CENTER 28255 N. Tatum Blvd. #106

# **HEALTH AND HISTORY ASSESSMENT**

28255 N. Tatum Blvd. #106 Cave Creek, AZ 85331 480.656.0263

NAME			SEX: M / F
ADDRESS:	CITY:	S	TATE: ZIP:
HOME PHONE: ()	CELL PHONE: (	CELL P	HONE PROVIDER:
EMAIL ADDRESS:		Subscribe for email/webs	ite notifications 🖵 Yes 🖵 No
HEIGHT: WEIGHT:	BIRTHDATE:/_	/ MARITAL STATUS: <u>Sir</u> cir	ngle Married Widowed Divorced
		OCCUPATION:	
	<u></u>		
2. How long have you had th	is condition?		
3. Have you lost work days: '	Yes/No How many?		
LiftingStandingSittingBending  5. Was the injury related to: Please explain:	Kneeling/Climbing Work Accident	eck all that apply)SleepingSocial Life _WalkingSexual Activity _ Auto Accident  Yes  No	In/Out of Vehicle Other □ Yes □ No
Why did you see this own what spinal maintena	hiropractor? nce programs were you given	Dr:Were you helped? Yes/lito follow to maximize the futWhy are you changing (	No ure stability of your spine?
	o our clinic and what are you		-
8. SOCIAL HISTORY: What are your favorite Are your current proble Do you take nutritiona Are you on any specia Are you currently wea	e hobbies or activities to do no lems affecting these activities Il supplements? Yes/No If yes	ow? or hobbies? Yes/No , describe: e: pports	
Do you exercise? Yes/I		acks a day	
Do you drink? Coffee:	Yes/No, Tea: Yes/No, Alcoh Yes/No, If checked, how ofte		
		h energy to get through the d	•
• •		ave affected you or your famil	
Heart Disease	Epilepsy	Asthma Retardation	Sinus problems Other
Tuberculosis	Anemia		Other
Cancer	Diabetes	HIV pos (AIDS)	
Psychiatric Overweight/Obesity	Kidney disease Anorexia/Bulimia	High blood pressure Circulatory Problem	
OVCI WCISHLY ODESILY	ranoi caia, buillilla	Circulatory Frobiciii	

10. List all previous illness	es, injuries and hospitali	izations/operatio	ns:	*Check all that apply
Area of body/S	<u>ymptoms</u>	<u>Date</u>	Describe (inclu	de any medication)
Α.				F.
Fractured Bones	Sinus Problems	Shoulder F	Pain R/L	Digestive problems
Auto Accidents	Allergy	Foot troub		Excessive Gas
(a) -0-1 years ago	Light Headed upon Rising	Dizziness	·	Belching/bloating after meals
(b) -1.5 years ago	Under Stress	Ringing in	Ears RIL	Heartburn
(c) -More than 5 years ago	Crave Sweets or Salt	Hearing Lo	oss R/L	Ulcers
Other Accidents/Falls	Eating Disorders	Fainting		Diarrhea/constipation
Knocked Unconscious	C.		double vision R/L	Colon trouble
Back Curvature	Trouble Sleeping		k pain or arthritis R/L	Hemorrhoids
Mental or Emotional Disorders	Trouble Concentrating		pain or arthritis R/L	Prostate problems
Arthritis	Loss Of Memory		k pain or arthritis R/L	Impotence
Diabetes Swollen or Painful Joints	Learning Disabilities Mistake Sides R/L		s, tingling or pain in highs, legs, feet,	<b>G.</b> Kidney trouble
Convulsions/Epilepsy	Stutter		lance toes R/L	Kidney trouble Kidney Stones
Skin Problems	Statter Dyslexia		ugh, sneeze or	Frequent Urination
Bruise easily	Mood Change	Strain at st	- ·	Discharge
Cancer	Lose Temper Easily	Ε.		Menstrual problems/PMS
Frequent Colds/Flu	D.	Chest pain	l	Menstrual problems
Itching	Headache	Asthma		Breast: lumps, soreness
В.	Neck Pain	Lung prob	lems	discharge
Nervous	Numbness, tingling, or pai		reathing	Pregnant (now)
Tension	In armsHandsfingers			Bed wetting
Depressed	Jaw pain or click R/L	Heart Prob	olems	Ear infections
Irritable	Heads seems to heavy	Stroke		Hepatitis
Anemia	Hip pain R/L		w blood pressure	Venereal Disease
Excess Sweating — Tremors	Head & Shoulders feel tire Difficulty in bending, lifting			AIDS/HIV Other
Light Bothers Eyes	sitting, standing, walking, i			Other
		<u> </u>	0 043.0	
11. Are you currently bein	g treated by another do	ctor? Yes/No		
If yes, Whom?		Why?_		
12. Are you currently takir	ng any over the counter	or prescription m	nedication? Yes/N	0
	,			
		 Taking fo	or?	
		Taking iv	oi:	
Name of Medication:_		laking to	or?	
I WILL BE PAYING BY:	CASH INSURANCE	MEDICARE	OTHER	
If insurance, Name:		Policy #		
Health Center; however, I un	derstand that I am ultimation which is required for I	ately responsible payment. Further	for payment of ser more, I understand	d directly to <b>Summit Chiropractic</b> vice rendered. I also authorize I that <b>Summit Chiropractic Health</b>
Patient or Guardian Signat	ture	Date	Witness	

# PATIENT CURRENT COMPLAINT HISTORY

Patient Name:	Date:
	and fill in the spaces that describe your <u>present</u> complaint(s).
Additional information you provide concerning <b>past</b> sy	mptoms assists the doctor understand your total health picture.
area of complaint, list them in order of most severe to	
1 Duration	– (How Long/Date): # of Previous Episodes:
Please circle one: (No Pain) 0 1 2 3 4 5 6	
Please circle one: (No Pain) 0 1 2 3 4 5 6	- (How Long/Date): # of Previous Episodes:
	- (How Long/Date): # of Previous Episodes:
Please circle one: (No Pain) 0 1 2 3 4 5 6	
Has anyone treated you for this episode? ☐ No ☐ Yo	es If Yes, by whom?
How did symptoms begin? ☐ Immediately after an inc	cident 🗖 After multiple incidents 🗖 Gradually developed over time
CAUSE:	
	e ☐ Unchanged ☐ Exacerbated ☐ Decreased ☐ Increased
Frequency of pain or symptoms:	
☐ Constant (76-100%) ☐ Frequent (51-75%) ☐ Occasional (26-50%) ☐ Intermittent (25% or less)	Use these symbols to mark type of pain you're experiencing  X=STIFF A=ACHE D=DULL S=SHOOTING
Does your pain move or radiate?  \( \text{Yes} \) \( \text{No} \)	X=STIFF A=ACHE D=DULL S=SHOOTING #=SHARP N=NUMB T=THROBBING P=TINGLING
Where:	SORE W=WEAKNESS B=BURNING V=VERTIGO
How many days out of an average week are you in pain? Please circle: 1 2 3 4 5 6 7	O=Other:
How much time during the day are you in pain?	
Less than 1 hour 1 to 6 hours	
☐ 6 to 12 hours ☐ 12 to 18 hours	
☐ 18 to 24 hours ☐ 24 hours	
Check the best and worse times of the day for your pain  Worse Best	
☐ No Change ☐ No Change	
☐ Morning ☐ Morning	トージ・イ   W   / / · · · / / · · · · / / · · · · · ·
☐ Afternoon ☐ Afternoon	
☐ Evening ☐ Evening	
☐ Nighttime ☐ Nighttime ☐ Other:	
What makes your symptoms worse?	
☐ Nothing ☐ Walking ☐ Movement ☐ Sitting	
☐ Lifting ☐ Standing ☐ Driving ☐ Lying Down	
Other	
What makes your symptoms better?	1,7/1, 19/1
□ Nothing □ Cold □ Chiropractic Care	
<ul><li>☐ Medication</li><li>☐ Movement</li><li>☐ Walking</li><li>☐ Heat</li><li>☐ Warmth</li><li>☐ TENS</li><li>☐ Standing</li><li>☐ Lying Down</li></ul>	/1/// / / / / / / / / / / / / / / / / /
Other	)

# SUMMIT CHIROPRACTIC HEALTH CENTER Informed Consent for Chiropractic Care

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working for the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Chiropractic is a science and art, which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as the relationship may effect the restoration and preservation of health.

Health is a state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

Vertebral subluxation is a disturbance to the nervous system that occurs when one or more of the 24 vertebra in the spinal column become misaligned and/or do not move properly. This causes alteration of nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Adjustment corrects and/or reduces subluxations, which is the specific application of forces to correct and/or reduce vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine. Adjustments are usually done by hand but may be performed by handheld instruments. In addition, ancillary procedures such as physiotherapy and/or rehabilitative procedures may be included.

If during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my complete satisfaction. Chiropractic care has been explained to me to my satisfaction. I have read and fully understand the above statements and therefore accept chiropractic care on this basis.

Print Name	Signature	Date
Consent to evaluate and ad	ljust a minor child:	
· · ·	_ being the parent or legal guardian of d the above Informed Consent and hereby	
	est of my knowledge I am not pregnant a rmission to perform an x-ray evaluation. I l born child.	
Date of last menstrual cycle:		
(Signature)	(Date)	

## SUMMIT CHIROPRACTIC HEALTH CENTER

28255 N. Tatum Blvd. #106 Cave Creek, AZ 85331 480.656.0263

To assist our patients in determining if they have a third party responsible for their health expenses, we need the following information.

INSURED:		
DOB:	PATIENT:	
EMPLOYER:	INSURANCE COMPANY:	

## ASSIGNMENT AUTHORIZATION, POWER OF ATTORNEY, AND AGREEMENT

In that this office is waiting for payment of its fees, I agree to provide the office with information and forms regarding any potential source of fee payment, to assist in any way I can, and

1. I hereby assign to this office my rights to receive payments from insurance companies. Payments should be made directly to:

Summit Chiropractic Health Center 28255 N. Tatum Blvd. #106 Cave Creek. AZ 85331

If my policy prohibits assignments, please make the check payable to me and mail to the above address.

- 2. I understand that if this office receives more than their fees, the office will pay any credit balances to me, the patient.
- 3. I authorize the office to release any information to any insurance company, adjustor, agent, or attorney that will assist in the payment of a claim.
- 4. I appoint this office as attorney-in-fact to correspond in my behalf with insurance companies and to cash any settlement draft or check. Counsel, insurance companies, and negligent parties be advised that no settlement can be effectuated without the agreement of this specific provision.
- 5. A photocopy of this form shall be valid as the original.

# HIPAA: NOTICE OF PRIVACY

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

SUMMIT CHIROPRACTIC HEALTH CENTER is required by law to maintain the privacy and confidentiality of your protected health information and to provide our patients with notice of our legal duties and privacy practice with respect to your protected health information.

#### Disclosure of Your Health Care Information Treatment

We may disclose your health care information to other healthcare professionals within our practice for the purpose of treatment, payment, or healthcare operations.

"On occasion, it may be necessary to seek consultation regarding your condition from other healthcare providers associated with Summit Chiropractic Health Center."

"It is our policy to provide a substitute healthcare provider, authorized by Summit Chiropractic Health Center to provide assessment and/or treatment to our patients, without advanced notice, in the event of your primary healthcare provider's absence due to vacation, sickness, or other emergency situations."

#### **Payment**

We may disclose your health information to your insurance provider for the purpose of payment or health care operations.

"As a courtesy to our patients, we will submit an itemized billing statement to your insurance carrier for the purpose of payments to Summit Chiropractic Health Center for health care services rendered. If you pay for your health care services personally, we will as a courtesy, provide an itemized billing to your insurance carrier for the purpose of reimbursement to you. The billing statement contains medical information, including diagnosis, date of injury or condition, and codes which describe the health care services received."

#### Workers' Compensation

We may disclose your health information as necessary to comply with State Workers' Compensation Laws.

#### **Emergencies**

We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care about your medical condition or in the event of an emergency or of your death.

#### Public Health

As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability, reporting child abuse or neglect, reporting domestic violence, reporting to the Food and Drug Administration problems with products and reactions to medications, and reporting disease or infection exposure.

#### Judicial and Administrative Proceedings

We may disclose your health information in the course of any administrative or judicial proceeding.

#### Law Enforcement

We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena, and other law enforcement purposes.

#### **Deceased Persons**

We may disclose your health information to coroners or medical examiners.

### **Organ Donation**

We may disclose your health information to organizations involved in procuring, banking, or transplanting organs and tissues.

# Re<u>search</u>

We may disclose your health information to researchers conducting research that has been approved by an Institutional Review Board.

# **Public Safety**

It may be necessary to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or to the general public.

# **Specialized Government Agencies**

We may disclose your health information for military, national security, prisoner, and government benefits purposes.

#### Marketing

We may contact you for marketing purposes or fundraising purposes, as described below:

"As a courtesy to our patients if you miss an appointment, it is our policy to call your home to reschedule your appointment time. If you are not at home, we will leave a reminder message on your answering machine or with the person answering the phone. No personal health information will be disclosed during this recording or message other than the date and time of your scheduled appointment with us.

It is our practice to participate in charitable events to raise awareness, food donations, gifts, money, etc. During these times, we may send you a letter, post card, invitation, or call your home to invite you to participate in the charitable activity. We will provide you with information about the type of activity, the date and time, and request your participation in such an event. It is not our policy to disclose any personal health information about your condition for the purpose of Summit Chiropractic Health Center's sponsored fund-raising events.

## Office Practices

We may use your health information when showing gratitude for a referral by listing your name on our Referral Acknowledgement board, which hangs in the waiting room. Other patients may also view your personal health information on our daily sign in sheet.

#### **Change of Ownership**

In the event that Summit Chiropractic Health Center is sold or merged with another organization, your health information/record will become the property of the new owner.

## Your Health Information Rights

- You have the right to request restrictions on certain uses and disclosures of your health information.
   Please be advised, however, that Summit Chiropractic Health Center is not required to agree to the restriction that you request.
- You have the right to have your health information received or communicated through an alternative method or sent to an alternative location other than the usual method of communication or delivery upon you request.
- You have the right to inspect and copy your health information.
- You have the right to request that Summit Chiropractic Health Center amend your protected health information. Please be advised, however, that Summit Chiropractic Health Center is not required to agree to amend your protected health information. If your request to amend your health information has been denied, you will be provided with an explanation of our denial reason(s) and information about how you can disagree with the denial.

- You have a right to receive an accounting of disclosures of your protected health information made by Summit Chiropractic Health Center.
- You have a right to a paper copy of this Notice of Privacy Practices at any time upon request.

#### <u>Changes to this Notice of Privacy Practices</u>

Summit Chiropractic Health Center reserves the right to amend this Notice of Private Practices at any time in the future, and will make the new provisions effective for all information that it maintains. Until such amendment is made, Summit Chiropractic Health Center is required by law to comply with this Notice.

Summit Chiropractic Health Center is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. If you have questions about any part of this notice, or if you want more information about your privacy rights, please contact the staff at Summit Chiropractic Health Center by calling this office at (480) 656-0263.

#### <u>Complaints</u>

Complaints about your Privacy Rights, or how Summit Chiropractic Health Center has handled your health information should be directed to the staff at Summit Chiropractic Health Center by calling this office at (480) 656-0263. If you are not satisfied with the manner in which this office handles your complaint, you may submit a formal complaint to:

DHHS, Office of Civil Rights 200 Independence Avenue, SW Room 509F HHH Building Washington, DC 20201

This notice is effective as of April 14, 2003

I have read the Privacy Notice and understand my rights contained in the notice.

By way of my signature, I provide Summit Chiropractic Health Center with my authorization and consent to use and disclose my protected health care information for the purposes of treatment, payment, and health care operations as described in the

Privacy Notice.

	<u></u>
Patient Name (Print)	Date
	<u> </u>
Patient Signature	Date
Authorized Facility Signature	Date