



Massage Therapy Form

Today's Date: _____

Name: _____

Address: _____ Postal Code: _____

Phone (Home): _____ (Cell): _____

Date of Birth: _____ Occupation: _____

Email: _____ How did you hear about us? _____

Allergies: _____

Current Medications including over the counter and supplements: _____

Family Doctor: _____ Phone: _____

Emergency Contact: _____ Phone: _____

Have you received a professional Massage Treatment before? **Yes** **No**

Have you dealt with any of the following in the **last 6 months**? **Y**: Yes **N**: No

Musculoskeletal

Bone or Joint Disease _____
 Tendonitis _____
 Bursitis _____
 Broken/fractured bones _____
 Osteoarthritis _____
 Rheumatoid arthritis _____
 Neck/ whiplash _____
 Shoulder/arm injury _____
 Back/hip/leg injury _____
 Osteoporosis _____

Skin

Dryness _____
 Bruise easily _____
 Allergies _____
 Rashes _____
 Athletes foot _____
 Warts _____
 Psoriasis _____
 Eczema _____

Digestive

Constipation _____
 Diarrhea _____
 Gas/Bloating _____
 Diverticulitis _____
 I.B.S. _____

Nervous System

Numbness/Tingling _____
 Fatigue _____

Jaw/TMJ or ear pain _____
 Headaches or migraine/ head injuries _____
 Spasms/Cramps _____

Circulatory

Heart Condition _____
 Varicose Veins _____
 Lymphedema _____

Chronic pain _____
 Herpes/ Shingles _____
 Sleep Disorder _____

Respiratory

Chronic cough _____
 Chest pain _____
 Asthma/Allergies _____
 Difficulty breathing _____

High/low blood pressure _____
 Fainting or dizziness _____
 Phlebitis _____

Genito-Urinary

Pregnant _____ if current # of weeks _____
 PMS _____
 Menopause _____
 kidney disease _____
 Frequent/painful urination _____
 Prostate trouble _____

Other

Cancer/Tumors _____
 Fibromyalgia _____
 Epilepsy _____
 Nervous disorders _____
 Crohn's disease _____
 Pelvic inflammatory disease _____
 Diabetes _____

Mental Health Condition _____
 Poor nutrition _____
 Drug Consumption _____
 Nicotine _____
 Caffeine _____
 Alcohol Consumption _____

Family Health History (relationship)

Migraines _____
 Arthritis _____
 Heart Disease _____
 Strokes _____
 Diabetes _____
 Cancer _____

Did the current injury result from a motor vehicle accident or workplace injury? **Y** **N**

Do you see a chiropractor/ physiotherapist? **Y** **N**

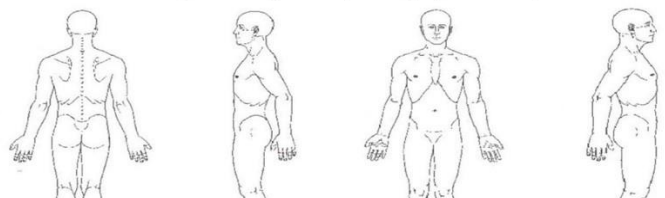
Have you had surgery in the past? **Y** **N** If yes, when and for what? _____

Reason/goals for this treatment: _____

Are you in Pain? **Y** **N** When did it begin?: _____ Location of pain: _____

- Please circle areas of pain
- Draw an "X" over areas of stiffness
- Draw squiggly lines over areas of numbness, tingling or altered sensations

Explain, if necessary: _____



INFORMED CONSENT TO MASSAGE THERAPY TREATMENT

I understand that the massage therapist is providing massage therapy services within their scope of practice as defined by their professional membership. I acknowledge that the therapist is not a physician and does not diagnose illness or disease or any other physical or mental disorder. I clearly understand that massage therapy is not a substitute for a medical examination. It is recommended that I attend my personal physician for any ailments that I may be experiencing. I acknowledge that no assurance or guarantee has been provided to me as to the results of the treatment. I acknowledge that with any treatment there can be risks and those risks have been explained to me and I assume those risks.

I acknowledge and understand that the therapist must be fully aware of my existing medical conditions. I have completed my medical history form as provided by my therapist and disclosed to the therapist all of those medical conditions affecting me. It is my responsibility to keep the massage therapist updated on my medical history. The information I have provided is true and complete to the best of my knowledge.

I hereby consent for my therapist to treat me with massage therapy for the above noted purposes including such assessments, examinations and techniques, which may be recommended, by my therapist.

I authorize my therapist to release or obtain information pertaining to my condition(s) and/or treatment to/from my other caregivers or third party payers.

I have read the above noted consent and I have had the opportunity to question the contents and my therapy. By signing this form, I confirm my consent to treatment and intend this consent to cover the treatment discussed with me and such additional treatment as proposed by my therapist from time to time, to deal with my physical condition and for which I have sought treatment. I understand that draping will be used during the session, and only the area being worked on will be uncovered. At any time I may withdraw my consent and treatment will be stopped.

Clients under the age of 18 years must be accompanied by a parent/guardian during the entire session unless waived by the parent/guardian.

Massage Therapy Cancellation Policy

We require 24 hours' notice for cancellation of massage appointments

If less than 24 hours' notice is given, we reserve the right to charge the following:

1st time: 50% of the appointment cost

2nd time: 100\$ of the appointment cost

For no-show appointments, you will be charged 100%

Patient Name: _____ Signature of Parent/Guardian: _____

As parent/guardian, I agree not to be present during session (Initial) _____

Witness: _____ Date Signed: _____