



Meet the Chirohealth Team

Chirohealth's Clinic Directors, Dr Julia Pullin and Spencer Pullin want to live in a world where everyone looks forward to going to work like them and their team. The energy, outstanding performance and virtually non-existent absenteeism within Chirohealth did not happen accidentally!



Find YourMojo
the natural way

Find your Employee's Mojo



Be the Boss that Makes a Difference



Transform your Team

In order to provide the best care for our patients, we offer the following services:

- Chiropractic
- Massage Therapy
- Workshops
- MojoMind™ Stress Relief Technology
- NATURAL communications straight to your inbox

Why Call Us?

Because healthy employees...

- Take less time off sick
- Are three times more productive than employees in poor health
- Are more loyal and happy.

“We are on the front line, restoring health and wellbeing daily. Both our experience and the research clearly shows how cost effective it is to have a healthy workforce.”

Dr Julia Pullin DOCTOR OF CHIROPRACTIC

Did you know?

Senior Management interest in Employees' wellbeing is the single biggest driver of Employee engagement.



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“Help your employees be healthier, less stressed and more productive because the health and wellbeing of your employees increases the bottom line.”

Dr Julia Pullin DOCTOR OF CHIROPRACTIC

Would your Company benefit from:

- Increased productivity
- Less staff absenteeism
- Reduced employees sickness
- Increased work morale

Yes? Read on...

Health and safety statistics report at least 5 million days a year are lost due to work-related back pain, in the UK; each employee taking on average 19 days off work annually.

The charity, Back Care, estimates the overall cost to the nation of back pain is 5 billion pounds a year.

An employee with chronic health conditions (such as ongoing back pain) LOSES 10 to 30 DAYS per year. The days they show up, they LOSE 30 to 90 DAYS of lowered productivity!

72% of people get back pain. This is affecting your company right now. By providing the CORRECT HEALTH SUPPORT you can directly improve this.

This statistic **directly influences** your bottom line!

As chiropractors who **specialise** in **natural health**, the spine and nervous system, **we can help**



Increase

Revenue
Productivity
Performance
Health
Happiness
Loyalty

Decrease

Stress
Healthcare costs
Sick Days
Turnover
Workplace Injury

Your Next Step to Employees with Mojo

Chirohealth is a Chiropractic and Wellness Centre that offers corporate posture and health packages to suit your business. Decide which package is right for you..

	Back to Basics	Back in Shape <small>Half or full day package available</small>	Back to Health <small>Half or full day package available</small>	Lunch & Learn
Spinal Health Checks <small>FREE within a 20 mile radius of the clinic 5 - 10 mins per employee</small>	✓	✓	✓	✓
Discounted Initial Assessment at Chirohealth <small>If we believe Chiropractic care would be of benefit</small>	✓	✓	✓	✓
Ergonomic Assessment of Work Stations <small>Half or full day package available</small>		✓	✓	
1 -3 Hour Workshop			✓	
1 Hour Spinal Health Workshop <small>Delivered while your employees have their lunch Add the Back to Basics package before or after lunch</small>			✓	✓

Short Term Benefits

- Show your employees that you really care
- Raise employee morale
- Get employees to be more proactive about health

Long Term Benefits

- Save the company money
- Increase productivity
- Boost employee retention
- Reduce sickness and absenteeism

Example Workshop Topics

- Find your MOJO the NATURAL Way (Our signature health workshop)
- How posture and spinal health affect your wellbeing
- NATURAL Ways to manage with arthritis
- Safe and effective ways to manage low back pain and sciatica
- Safe and effective ways to manage headaches and migraines
- NATURAL ways to deal with stress and anxiety

