

What is “Clear”

“Clear” is the term we use when the NEUROLOGICAL CONNECTION between your brain and your body is complete. This clarity of communication allows your LIFE FORCE/ENERGY to flow freely throughout every part of your being and empowers the Intelligence YOU ARE to progressively move toward experiencing and expressing Health, Wellness and Wholeness in every area of your life!

Our goal is not just to *get* you clear, but to help you STAY clear as continuously as possible. Remember, nothing ever stays the same; everything is always in the process of changing, including your body! It is not possible to be *either* healthy or sick. In every moment, you are either growing stronger or weaker and moving toward health, wellness and wholeness, or you are moving away from the full expression of Life.

In order to keep growing stronger and move consistently toward Ease (health), Wellness and Wholeness, you must have three things:

1. A ***Deliberate*** and ***Positive Focus*** on moving *toward* what you want.
2. A ***Healthy Lifestyle*** that supplies your body with everything necessary to function, heal and grow.
3. A **CLEAR NEUROLOGICAL CONNECTION** between your brain and every part of your body.

The following criteria will be used to determine whether or not you are “clear” each visit:

1. Leg lengths balanced (equal) when you are laying face up
2. Legs turn in equally with equal tension
3. No adjustment needed for any muscles surrounding the spine
4. Ability to lie still and relax

You may come in and meet all of the criteria without needing any adjustment. This is called a “Clear Visit.” We will celebrate your accomplishment of maintaining your connection.

If you are not clear at the beginning of your visit, one of our adjusters will carefully determine exactly what is necessary to reconnect you and get you clear again that day. You may receive anywhere between one and three adjustments on a visit when you are not initially clear. We will re-check all of the criteria after each adjustment to make sure you are clear before you leave, but rest assured that *each time you leave here you are CLEAR!*

How long you *stay* clear will be determined by several factors:

1. How far you are into *Dis-ease*.
2. The number of physical, chemical, mental and emotional *stresses* in your environment.
3. Your ability to *adapt* to and *integrate* those stresses.
4. Your *lifestyle choices*.
5. What you *focus* upon.

As you continue on your Personal Journey Toward Wholeness, you will progressively experience and express the levels of Health, Wellness and Wholeness that you desire and deserve, and you will come to know just how special and important YOU are, as well as all Life on our planet!