



CONFIDENTIAL PATIENT INFORMATION

(Please Print)

Personal Information

Full Name _____ Date _____

Mailing address _____

Street _____ City _____ State _____ Zip _____

Home Phone () _____ Work Phone () _____

Cell Phone () _____ Best time and place to contact you _____

Email _____

Spouse/Guardian Name _____

Marital Status: M S W D Age _____ Birth date _____ No. of children _____

Pregnant? _____ Height _____ Weight _____ Occupation _____

Employer's Name and Address _____

Spouse Occupation/Employer _____

Name of person responsible for this account _____

WHO MAY WE THANK FOR REFERRING YOU? _____

Who may we contact in case of an emergency?
Name: _____ Phone: _____

ADDRESSING WHAT BROUGHT YOU INTO THIS OFFICE:

If you have no symptoms or complaints and are here for Chiropractic Wellness Services, please skip to the "General History" section

I. HEALTH CONCERNS

List health concerns according to their severity	Rate of Severity 1=mild 10=worst imaginable	Date started & for how long?	If you had the condition before, when?	Did Problem begin with an injury?	% of time pain is present
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1. _____
2. _____
3. _____
4. _____

What have you done for this condition? Was it of benefit?

I do (do not) have a family history of this or similar symptoms (Please explain)

What activities aggravate your condition?

Other Doctor's seen for this condition:

"Limited Scope" Chiropractor (Focuses mainly on neck and back pain) _____

"Wellness" Chiropractor (focuses on health and well being as well as underlying cause of pain and health concerns) _____

Medical Dr. _____ Dentist _____ Other _____

1. Name/Address: _____
When: _____ What did they say was wrong? _____
What did they do? _____ Did it help? _____

2. Name/Address: _____
When: _____ What did they say was wrong? _____
What did they do? _____ Did it help? _____

Has this pain, illness, or condition forced you or made you feel the need to make any changes in your life. (i.e., eat better, less alcohol or drugs, meditate or breathe more, less destructive sports, activities, etc.) If so, what?

Is this condition interfering with your: work____ sleep____ daily routine____ sports/exercise____

Other _____

Are you unable to do certain activities that you would like to do because of this pain, illness, condition? (i.e. sports, walk, pick up grandchildren, etc.) If so, what?

What lesson(s) have you taken home from your healing process to date?

GENERAL HEALTH HISTORY SECTION

Have you had any surgery? (Please include all surgery)

- 1. Type _____ When _____ Doctor _____
- 2. Type _____ When _____ Doctor _____
- 3. Type _____ When _____ Doctor _____
- 4. Type _____ When _____ Doctor _____

Accidents and/or injuries: auto, work related, or other (Especially those related to your present problems).

- 1. Type _____ When _____ Hospitalized _____ Yes _____ No _____
- 2. Type _____ When _____ Hospitalized _____ Yes _____ No _____
- 3. Type _____ When _____ Hospitalized _____ Yes _____ No _____

Have you ever had x-rays taken? _____

Area(s) of body: _____

When? _____ Where(city/town and state)? _____

Do you wear orthotics or heel lifts? Yes _____ No _____

CURRENT MEDICINE(S)/SUPPLEMENTS:

Please list any medications/drugs you have taken in the past 6 months and why: (prescription and non-prescription)

Please list all nutritional supplements, vitamins, homeopathic remedies you presently take and why:

Are you interested in knowing more about how your nutrition (food you eat) affects your overall health and well-being?

YES _____ NO _____ MAYBE _____

If dietary changes are indicated would you be willing to make changes in your diet?

YES _____ NO _____ MAYBE _____

Would you take whole food supplements if indicated?

YES _____ NO _____ MAYBE _____

PAST HEALTH HISTORY:

Mark the following conditions you may have had or have now (- have had +have now)

- ___ Allergy ___ Diarrhea ___ Measles ___ Rheumatic Fever ___ Alcoholism ___ Eczema
- ___ Miscarriage ___ Stroke ___ Anemia ___ Multiple Sclerosis ___ HIV (Aids) ___ Gout
- ___ Arteriosclerosis ___ Emphysema ___ Mumps ___ Sinus Problems ___ Arthritis ___ Neuritis
- ___ High Blood Pressure ___ Asthma ___ Nervousness ___ Thyroid Problems ___ Ulcers ___ Cancer
- ___ Heart Disease ___ Depression ___ Convulsions ___ Venereal Disease ___ Malaria ___ Pleurisy
- ___ Constipation ___ Pneumonia ___ Cold Sores ___ Whooping Cough ___ Polio ___ Neck Pain
- ___ Migraines ___ Headaches ___ Menstrual Cramps ___ Back Pain ___ Epilepsy ___ Gall Bladder Problems
- ___ Irregular Periods ___ Diabetes ___ Tuberculosis ___ Heart Attack ___ Low Blood Sugar ___ Ringing in ears
- ___ Other (please explain)

Please list your top three stresses in each category:

- 1. Physical stress (falls, accidents, work postures, etc.)
 - a. _____
 - b. _____
 - c. _____
- 2. Bio-chemical stress (smoke, unhealthy foods, missed meals, don't drink enough water, drugs/alcohol, etc.)
 - a. _____
 - b. _____
 - c. _____
- 3. Psychological stress (work, relationships, finances, self-esteem, etc.)
 - a. _____
 - b. _____
 - c. _____

How do you grade your physical health?

Excellent___ Good___ Fair___ Poor___ Getting better___ Getting worse ___

How do you grade your emotional/mental health?

Excellent___ Good___ Fair___ Poor___ Getting better___ Getting worse ___

Is there anything else which may help us to better understand you which was not covered on this form?

Why are you here at this point in time?

I consent to a professional and complete chiropractic examination and to any radiographic examination that the doctor deems necessary. I understand that any fee for service rendered is due at the time of service and cannot be deferred to a later date.

Print Patient Name _____ **Date:** _____

Signature _____