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Date and Time	Location and Topic
February 26, 2011	Scotiabank 75 King Street East, Oshawa, ON – Workplace Pain and Injury Prevention
February 23, 2011	Scotiabank, Harmony & Taunton, Oshawa, On – Natural Stress Management
February 17, 2011	TD Bank, King St. W. & Stevenson – Natural Stress Management
February 14, 2011	Scotiabank 75 King Street East, Oshawa, ON – Workplace Pain and Injury Prevention
February 12, 2011	Scotiabank 75 King Street East, Oshawa, ON – Natural Stress Management
February 8, 2011	BDO Dunwoody, Oshawa Centre, Oshawa, ON – Self Defense
February 7, 2011	Scotiabank 75 King Street East, Oshawa, ON – Natural Stress Management
May 28,2010 @1:00	Bayshore Home Health – Natural Stress Mgmt
May 13, 2010 @ 4:30	TD Bank Simcoe & King – Self Defence
November 10, 2009 @ 7:00 pm	Oshawa POC – Workplace Injury Prevention
November 2, 2009 @ 3:30 pm	Lakewood School – Natural Stress Management
September 25, 2009 @ 8:50 am	RBC – 1050 Simcoe Street North – Work Place Injury Prevention
September 16, 2009@ 2:00 pm	T.D. Bank King and Simcoe Street – Nutrition Contact: Daniel
September 10, 2009 @ 12:00 noon	Oshawa Chamber of Commerce- Natural Stress Management
Aug 13, 2009 @ 2:00 pm	Centennial Retirement Residence – Natural Stress Management (for residents).
July 15, 2009 @ 8:50 am	RBC – 1050 Simcoe Street North – Natural Stress Management. Contact: Donna Van Meer
June 19, 2009 @ 8:45 am	RBC - Townline and King – Natural Stress Management
June 10, 2009 @ 12:15 pm	DBO Dunwoody – Natural Stress Management Oshawa Shopping Centre
June 3, 2009 @ 9:15 am	Scotiabank, Taunton & Harmony – Workplace Injury Prevention

May 28, 2009 @ 11:00 am	Oshawa Golf Club – Swing Without The Sting – Golf Injury Prevention
May 13, 2009 @ 10:00 am	TD Bank King Street West – Natural Stress Management
May 6, 2009 @ 9:15 am	Scotiabank, Taunton & Harmony – Workplace Injury Prevention
May 4, 2009 @4:00 pm	Durham Private School – Natural Stress Management
April 22, 2009 @9:00 am	Royal Bank, Taunton & Harmony – Natural Stress Management
April 1, 2009 @ 10:00 a.m.	CIBC Wilson and Taunton Rd. – Stress Management
Mar 11, 2009 @ 10:00 a.m.	Dom's Auto Body - Russett Ave. – Work Injury at the work place