



Are you currently taking any medications, vitamins, minerals, etc.? How long? What for?

\_\_\_\_\_  
\_\_\_\_\_

What previous methods have you tried to alleviate your discomfort? And did they help?

\_\_\_\_\_

Have you seen another Physician for this problem? Yes/No      Name: \_\_\_\_\_

Was this beneficial? Yes/No

List and major traumas (car accident/falls/injuries) with dated: \_\_\_\_\_

\_\_\_\_\_

Any major diseases? (Please include dates): \_\_\_\_\_

List any surgeries or dental work. Please include dates: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Any other symptoms or problems you are currently experiencing? \_\_\_\_\_

\_\_\_\_\_

Do exercise regularly? Yes/No      What does it consist of: \_\_\_\_\_

\_\_\_\_\_

Have you in the last year experienced?

For Women

Death of a loved one      \_\_\_\_\_      Menstrual issues      \_\_\_\_\_

Divorce or Separation      \_\_\_\_\_      Extreme flow      \_\_\_\_\_

Serious Injury or illness of a family member      \_\_\_\_\_      Cramping      \_\_\_\_\_

Marriage      \_\_\_\_\_      Pre-menstrual depression      \_\_\_\_\_

Loss of a job/job stress      \_\_\_\_\_      Post-menstrual depression      \_\_\_\_\_

Employment change      \_\_\_\_\_      Breast discomfort/pain      \_\_\_\_\_

Retirement      \_\_\_\_\_      Hot flashes      \_\_\_\_\_

Pregnancy or birth of a child      \_\_\_\_\_      Menopause      \_\_\_\_\_

Sexual problems      \_\_\_\_\_      Are you currently pregnant      \_\_\_\_\_

Change in personal habits      \_\_\_\_\_      On average, how many days do you menstruate?      \_\_\_\_\_

Change in living conditions      \_\_\_\_\_      \_\_\_\_\_

Extreme stress      \_\_\_\_\_      Date of last menstrual period      \_\_\_\_\_

How many per day:

Cups of coffee      \_\_\_\_\_      Tea      \_\_\_\_\_      Glasses of Milk      \_\_\_\_\_      Bottles/cans of Juice      \_\_\_\_\_      Soda      \_\_\_\_\_

Glasses of water      \_\_\_\_\_ (city, well, filtered)

Hours of Sleep \_\_\_\_\_ Do you feel rested? Yes/No

Food allergies: Yes/No What foods: \_\_\_\_\_

Drug allergies: Yes/No Which ones: \_\_\_\_\_

Environmental allergies: Yes/No Which ones: \_\_\_\_\_

When it comes to remembering things in your life, are you more

Visual (Seeing) \_\_\_\_\_ Auditory (Hearing) \_\_\_\_\_ Kinesthetic (Feeling) \_\_\_\_\_

On a scale from 0 – 10 (0 = none, 10 = High), rate your Pain levels:

Daily average \_\_\_\_\_ Currently \_\_\_\_\_

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### Patient Payment Policy

1. Patients are expected to take care of their fees as services are rendered.
2. Patients who carry health insurance that we do not participate with are expected to cover fees upfront. A detailed receipt can be produced for you to submit to your insurance.
3. Patients with health insurance we do participate with are expected to cover their Copayment/Coinsurance/Deductible at time of service.
4. For non-insurance patients, we do offer package discounts. Ask the front desk for more information.

I have read the above and agree to be financially responsible for all charges acquired with my visits to Chiropractic Plus. All deductibles, copayments, coinsurances or non-insurance payments will be made at the time of service.

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**Patient Signature**

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**Date**

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Your Thoughts are critical to our success in helping you. Your nervous system is the master system and controller of your body. Health and wellness are therefore mediated through your nervous system. In our office we have a unique and modern approach to supporting and expanding your health by improving how your nervous system performs.

Lifestyle stress adversely affects your nervous system and general health. Many times, when people think they have a “back problem”, what they are really having is a health problem. This is a result from the way they are living.

If we could make recommendations that would not only address your main concerns, but could also help improve your overall health, would you like to hear them? **Yes/No**