

PREFERRED CHIROPRACTIC CENTER

Informed Consent to Chiropractic Treatment, Physiotherapy & X-rays

Chiropractic treatment: The doctor will use his hands or a mechanical device in order to move (adjust or manipulate) the joints of your spine or other body regions. You may feel or hear a “clicking” sound such as the noise heard when a knuckle is “cracked”. You may also feel slight movement of the joint; these are normal to experience.

Physiotherapy: Various types of therapeutic modalities may be used during your treatment. These include mechanical massage, electric stimulation, ultrasound, cold laser, trigger point therapy, therapeutic exercises, ice and heat.

X-rays: X-rays are diagnostic tools which may help the doctor diagnose your condition or problem.

Possible complications or risks involved with treatments

Chiropractic Treatments: As with other health care procedures, complications are possible following chiropractic adjustments or manipulations. These may include fractures of bone, muscle strain, ligamentous strain, dislocations of joints, injuries to discs, nerves or the spinal cord. Cerebrovascular injury or stroke even occur upon severe injury to the arteries of the neck. Some patients notice stiffness or soreness following an adjustment or manipulation.

Physiotherapy: Complications of physiotherapy could include skin irritations, burns and muscular strains/sprains. Some patients notice stiffness or soreness following treatment.

X-rays: Exposure to excessive radiation could include skin irritation, blood disorders, malignancy and genetic defects.

Probability of complications from treatment

The risks of complications developing due to chiropractic adjustments/manipulations have been described as “rare”. The risk of cerebrovascular accident/stroke have been estimated at: one in a million to one in twenty million. The risks of complications developing due to physiotherapy are also described as ‘rare’. Complications of x-rays would be extremely rare due to the few and infrequent exposures that a chiropractor would normally take.

Other options for consideration

You as a patient have other options for treating specific conditions or problems. These may include medical care, holistic care, medications, hospitalization and or surgery.

Risks associated with remaining untreated

Delay of treatment can complicate underlying conditions. Early diagnosis and treatment is vital to obtaining the best results possible.

Unusual risks: I have read the explanations above regarding the complications and risks involved with chiropractic treatments, physiotherapy, and x-rays. I have had the unusual risks explained to me. I have had the opportunity to ask questions and have my questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely chosen to undergo the recommended treatment and hereby give my full consent to proceed with treatment / treatments.

Signature: _____

Print Name: _____

Date _____