

*The pain was so bad...*

# **“I Struggled from the House to the Mailbox!”**

*And here's what happened...*

Does your back or leg hurt when you move wrong? Do you have difficulty standing or walking? Have you had to give up some of life's simple pleasures – like playing with your grandkids or golfing – because of pain?

**Nothing's worse than feeling great mentally but physically being held back** from life because your back hurts and the pain just won't go away! Let me tell you my story...

My name is Roger, and between working on the farm and in a machine shop throughout my whole life, I've been **pretty hard on my body** – and at 76 years old, it isn't getting any easier.

It all started about 10 years ago, when I had back problems that ended up with me having **back surgery** – which helped at the time. But over the last year and a half, I started having a lot of **low back and hip pain**. Sleeping was fine, but as soon I got up in the morning – BAM – the pain was there. Walking was particularly painful.

As the months went by, I started **walking more and more hunched over** – to the point that even my neighbors noticed. I could only stand upright for a few minutes before the pain would increase. Whenever I went shopping, I had to **lean on a shopping cart** just so I could get through the store.

I was taking six pain pills every day in an attempt to keep going – but it wasn't doing any good. The pain just **kept getting worse**. It

got so bad that last year when I went deer hunting, I **didn't think I was going to make it out of the woods!** I told my kids that it was going to be my last year of hunting.

The pain finally reached the point that I really shouldn't have been walking at all. I could **barely make it 100 feet** from the front door of the house to the mailbox! At that point, the pain in my hips was so intense that I thought I would have to have hip replacements.

Then my wife saw a story in the newspaper about someone whom we know personally. The article told how she had been **suffering with back pain and sciatica for several years**. It said she finally found relief working with Dr. Timothy Kroneck at the Wisconsin Spine Center and utilizing some new technology they offer to treat these sorts of issues.

So, my wife talked to our friend about her experience, and she had **nothing but good things to say** about the Wisconsin Spine Center. She highly recommended them. Because of that, my wife told me I might as well try it **before I went through another surgery**. (To which I responded, as any good husband would: ‘Yes, dear.’)

So, we set up an appointment to meet with Dr. Kroneck. After he examined me and took some x-rays, he said he thought there was a chance that they could help –

and let me tell you, that was **music to my ears!**

Now, since being treated at the Wisconsin Spine Center, it's easier standing and walking, and I feel stronger. I can take a load of wood out to the wood burning furnace and **my back doesn't hurt**. I also noticed that **my feet tingle less** than they did.

I remember how excited I was after I worked in the yard the first time and **I didn't have any pain the next day!** I'm serious when I say that I feel a big difference!

I can **walk half a mile** now without any pain! I can **golf nine holes** and walk the whole thing without a problem – before, I wouldn't have dared to try that! Because of this, I'm even **going to go hunting** with my kids again this year. I'd say overall, I'm doing pretty good for an ‘old man’ – in fact, I'm doing real good!

I really enjoy the whole staff at the Wisconsin Spine Center, and I really like the fact that I always feel better when I leave the office after being treated.

You know, **recommending a doctor to someone isn't always the best thing** because it could come back to bite you if they're not happy with their experience. But I'm not scared to recommend Dr. Kroneck and the Wisconsin Spine Center.

I'm very satisfied with the care I have received, and if someone were to ask me about going there, I'd say – try it! It definitely helped me!

*-Roger P.*