

I'm a Big Enough Man to Admit,

“My Wife Was Absolutely Right!”

And here's what happened...

If you suffer with constant, nagging pain – have tried numerous treatments, therapies, pain medication, and even epidural steroid injections, yet you received little or no relief – don't give up. *There is hope!* Let me tell you my story...

My name is Mike, and my story begins back when I was 13 years old and I was in a pretty bad car accident. After that, I was told I had a curve in my spine that would probably cause me **problems later in life**. Well...

About 7 years ago, I started having some **low back pain**, so I began seeing a chiropractor. This helped for a while, but the pain never completely went away. Then last year, the **pain started to intensify** and get worse, only now it wasn't just my low back that hurt, but I also started having **pain shooting down the back of my legs**. I'm not a big fan of pain medication, and I didn't think that was a good way to resolve the problem, so I continued to go to the chiropractor. Unfortunately, it didn't provide complete, long-term relief.

Instead, the pain just kept getting worse and worse until it finally became **very severe and unbearable**. It got so bad that my wife would actually have to help **roll me out of bed** in the morning. On top of that, my **knees hurt**, and I was constantly having **pain in my feet**. My **hands would also tingle and go numb** on me as well.

As a result of all this, I **couldn't ride my motorcycle** (in fact, I was thinking about selling my Harley because I would always end up in so much pain after a short ride). I also couldn't go to the gym and workout, or **play with my kids** anymore. Even just picking them up would aggravate my back. I found myself unable to do any of the normal activities that a 31-year-old should automatically be able to do – and that's simply **no way to live**.

As my condition continued to spiral downward, I became very mad,

frustrated, and angry. **I wasn't enjoying life** at all the way I should have, and as a result, my mood changed, and I wasn't a very pleasant person to be around... just ask my wife!

It finally reached the point that I just **couldn't take it anymore**. (I can't even imagine what it would have been like if the pain had gotten worse... that would have been absolutely *horrible!*)

Then one day, my wife was looking in the newspaper and saw an article saying there was a way to **fix back problems without surgery**. She set the paper in front of me and said, “You need to read this!” I really didn't want to read it because nothing had helped up to that point, everything hurt, and I just didn't want to hear about anything else... but finally, I gave in.

As I sat there and read the story, it stated that in many cases people suffering with back pain could actually be **pain-free** and their problem corrected. It talked about a different approach that was available right here in Sheboygan at the Wisconsin Spine Center.

My wife said she was **sick and tired** of seeing me like this. She said I should try it and see what happens. But she also said that I had to give it a good shot and **follow through** with the program. I couldn't just go a few times and then give up if I didn't notice a difference.

Reluctantly, I agreed to schedule a consultation with Dr. Timothy Kroneck, the clinic director, to see if I was a candidate for this type of care. Fortunately, they accepted my case, *and let me tell you* – it has made a **huge difference** to everything in my life!

For starters, **I feel great** when I wake up every morning now. I no longer have to roll out of bed dreading the day ahead. I can ride my motorcycle for a couple hours and not pay for it the next day. I've been able

to go back to the gym and start exercising again (and I've even noticed my **strength has increased** compared to before!) Most important of all, **my kids are happy** that I can now play with them like a normal 31-year-old should be able to! I'd have to say, I really like being pain-free and being able to do all the things I enjoy doing once again!

The Wisconsin Spine Center has helped me tremendously. Their treatment approach is different from anything I had experienced before, but what can I say... it really works! **What they do is truly amazing!** I didn't get the same type of treatments anywhere else.

The staff at the Wisconsin Spine Center is always friendly, and because of this, **I really enjoy going there**. In fact, I can't think of anything to make their service better!

So, **if you are suffering like I was**, if you feel like you are at the end of your rope and you are tempted to give up, I would say call the Wisconsin Spine Center and see if they can help you. All you have to do is give it a shot, and I am sure you too will feel relief like I did!

-Michael Z.