

Local chainsaw wielding retiree says...

“A Good Doctor Is Hard to Find!”

You’ve probably heard the phrase, ‘A good mechanic is hard to find!’ or ‘A good hairdresser is hard to find!’ Well, let me tell you, ‘A good doctor is hard to find!’ This is my story...

My name is JoAnn Waterman, and before retiring a few years ago, I worked at Gilson Manufacturing, Evans retail store, and eventually American Orthodontics.

My story starts waaaaaaay back when I was 19 years old. You see, I have always loved horses, but when I was 19, I had **a horse fall on me and break my pelvis**. At the time, I thought I was invincible, so I didn’t have anything done to fix it, and it ended up healing cockeyed.

Unfortunately, I didn’t find out that it had healed improperly until I had my second major accident involving horses when I was **trampled on** a few years later. Because of these accidents, my back gradually got worse as the years went by.

Then, about eight years ago, I was seeing a chiropractor, and he said I needed to have back surgery. I wasn’t thrilled with the idea of back surgery, so they tried cortisone shots first. The shots didn’t do anything, so I ended up having **low back surgery**.

At first, it seemed like the surgery helped, but after a little while, the pain came right back again. But it wasn’t just the low back pain that I had to deal with now; I also started having **pain going down my leg** too.

Through this ordeal, I found out I am allergic to major pain medications. I also knew that I didn’t want to have any more surgeries!

As I struggled for several years with my new set of problems, I saw different chiropractors and I also did acupuncture. While this helped for a little while, **nothing really gave me lasting relief**.

Then, to make matters worse, I **fell off a rotten ladder and cracked my tailbone!** (As a side note, I highly recommend you never climb on a rotten ladder!)

After that, I hated going to the chiropractor! Why? Because every time I went, I always had more pain and hurt worse after I went to see him.



During this time, I had read a lot of stories in the newspaper about the Wisconsin Spine Center. Then one day, I saw a story about a former coworker of mine whose name is Char Gumm. The story told how she was helped by the different state-of-the-art therapies utilized at the Wisconsin Spine Center and their unique approach to spinal problems.

When I finally talked to Char about her experience at the Wisconsin Spine Center, she told me how they had helped her get relief, when nothing else had. Well, that cemented it for me, and I decided I might as well give them a try.

By the time I came to see Dr. Kroneck, it had reached the point that I was suffering with **low back pain, back spasms, and leg pain**. I wasn’t able to get out and move freely or do the things I really wanted to do because the pain was always there. I really love horses, but I had to give up riding because it was too painful. It was even hard for me to simply stand in one place for very long, and if I sat down too long, that wasn’t good either. As for sleeping... I just thrashed around all night long.

Because of all this, I was getting really depressed. I was afraid that I would end up being stuck sitting around in a rocking chair, or even worse, a **wheelchair for the rest of my life**, and that wasn’t acceptable to me! I wanted to be outside, doing all the things I love, even though I have a tendency to overdo it sometimes.

Well, since working with Dr. Kroneck at the Wisconsin Spine Center, housework is a lot easier now – like preparing meals and vacuuming floors, which used to be very painful for me to do! I’m also able to work outside for a long time now and do all the yardwork my little heart desires. It’s nice to be able to do things like work in my garden and flower beds, as well as cut the grass. I can do these things freely now without being in a lot of pain. I’m also thrilled that I can **operate my chainsaw and weed wacker once again too!**

Another big plus is that I have **more energy and endurance!** I can keep up with my grandsons now when we are playing football, baseball, and basketball. (I’m not very good at those sports, but at least I can fill in now when they need me to!)

The staff at the Wisconsin Spine Center is great! They are all very caring, easy to talk to, and they really do treat you like family! At other offices I’ve gone too, there was a constant turnover of staff, and they didn’t really seem interested in me as a person. They would just take you to the table and tell you to lie down. They never asked you how you felt or what they could do to help you.

The methods used at the Wisconsin Spine Center also seem much more advanced than anything I have experienced before. I really appreciate that the treatments they use are very gentle and relaxing.

So, if you, or someone you know, is suffering, I would definitely recommend seeing Dr. Kroneck at the Wisconsin Spine Center. He is so thorough with his examination that you might discover that there are things wrong with you that you never even had a clue were going on.

I have been helped so much by the Wisconsin Spine Center that I even told a friend of mine, “If something happens to Dr. Kroneck, I don’t know what I’m going to do!”

Like I said before, “A good doctor is hard to find!” I absolutely love coming to the Wisconsin Spine Center!

-JoAnn Waterman