

# “She Dragged Me, Kicking & Screaming”

*And here's why...*

They say you don't know what you've got till it's gone, and let me tell you... that is absolutely true. Sometimes, things get so bad that **you just give up**. Fortunately for me, my family never gave up... this is my story.

My name is Harland Greger, and I work for the Town of Sheboygan Public Works Department. As I'm sure you can imagine, my job is very physically demanding.

About a year and a half ago, my **whole body started to ache** – from the top of my head to the tips of my toes – **24 hours a day, 7 days a week**. I had terrible low back pain, and my shoulders, arms, and hands ached constantly. Every time I crossed my leg to tie my shoes, I would get a severe muscle spasm and cramp. At night, I could only manage a few hours of sleep.

Things got so bad that I could only walk half a block before I would have to stop and take a break because of severe pain. At **59 years old**, I **rarely enjoyed life** because it took all my strength just to try and hide the pain from my family and co-workers. Yet, I knew I had to keep going to provide for my family.

When the problems first started, I saw several different medical doctors, but **nobody had an answer**. They just kept prescribing different medications and referring me to the next specialist. I went to a chiropractor, but it didn't seem to help me very much. Finally, I had an appointment with a neurologist, but I ended up skipping it because I was so fed up with doctors, and nothing was helping me.

Eventually, the pain got so bad and relentless, that I **gave up all hope** of getting any better, and

figured I would just have to **live the rest of my life this way**. Some of the medication I took was so strong that it numbed me, and I felt like I was in my own little world. Needless to say, it started to affect my attitude toward life and those around me... I became very negative and depressed.



Then one day, my wife saw a program on TV about a new procedure. She watched as patient after patient told how they were helped with this treatment, even when other things had failed.

The program said there was a clinic located right here in Sheboygan called the Wisconsin Spine Center, that had this technology. So, my wife memorized the phone number, called our daughter, and told her about it.

The two of them then proceeded to schedule a consultation for me at the clinic, without my knowledge or permission, and against my desire and wish! (How would you feel if your wife and daughter schemed behind your back and scheduled a doctor's appointment for you?!)

The day of the appointment, my wife essentially dragged me, kicking and screaming, into the office. I wasn't a very happy camper because I was **quite sure they couldn't help me**, and I knew I was just **wasting my time**.

But after meeting and talking with Dr. Timothy Kroneck, the clinic director, I had a tiny flicker of hope

that maybe something could be done to help me after all.

Within the first two weeks of care, I was able to walk with my grandson and our two dogs for more than five blocks and back again – totally pain free!

Now, whenever I have to walk all day at work, I can do so without any problems. I no longer ache all over; I sleep through the night, and I can put on my boots and tie them with ease. **I feel like I'm 29 years old again and able to function as a human being once more**. Most importantly, I'm able to keep up with my 5-year-old grandson – in fact, this last 4<sup>th</sup> of July, I was able to carry him on my shoulders as we walked to see the fireworks... a year ago that was impossible.

I have repeatedly told Dr. Kroneck that he has done too good of a job with me... so much so that I'd say I'm spoiled, and now I notice when little things aren't 'right' with my body.

Dr. Kroneck and his professional staff have given me my life back! One of the things I like most about their office is that **they care about you as a person**, and their top concern is to give you a pain-free life.

If you or a loved one is suffering, I would say give the Wisconsin Spine Center and their state-of-the-art chiropractic service a try – **what do you have to lose other than the pain or discomfort?** I'm very grateful that my family didn't give up looking for a solution to my aches and pains, and that they 'forced' me to give one more thing a try.

*-Harland Greger*