

“From Constant Pain to Marvelous Joy!”

How one doctor changed everything...

Have you ever wanted to just give up and die? If so, then I know what you're going through – because I was at that point. In my case, it was because of unrelenting pain that no one seemed to be able to help. But fortunately, someone came to my rescue... let me tell you my story.

I don't know what started it, but my **problems began about four years ago** and gradually got worse as the years went by. My neck was very stiff and painful, and I had pain that would shoot down into my arms. My arms would also fall asleep very easily; in fact, whenever I turned my head to the side, my **arms would immediately fall asleep**. It was impossible for me to drive a car without my arm hurting constantly.

I also suffered with **horrible headaches** every single day, which at times were so bad, that they would completely wipe me out. Plus, **sleeping at night was terrible**. I would wake up about ten times every night and only slept for about ten minutes at a shot.

Things finally reached the point that I couldn't stand it anymore. I was **willing to do anything** just to get rid of the pain.

As the pain got worse, I saw my family doctor, who sent me to an orthopedic surgeon. The surgeon ordered an MRI, which showed I had **five bulging discs** in my neck, and a lot of arthritis and degenerative disc disease. He said unfortunately, they really didn't have a cure for it.

So, I had cortisone shots in my shoulders and elbows, which helped for a little while, but then the pain came right back again. They gave

me muscle relaxers and pain medication, and I went to physical therapy, where they had me doing stretches and strengthening exercises – but it didn't help the pain at all.

The orthopedic surgeon finally told me, that the **only other option** left was for me to have my **neck surgically fused**, but he didn't recommend it. He said that if it was at all possible, I should try to avoid having surgery for as long as I could.

I was quite discouraged. Here I was, **living in pain all the time**, and nothing was helping me!

Then one day, my wife was shopping at the drugstore looking for some pain-relieving creams for me to try, and she got to talking about my problems with a lady who worked there. This woman said that she had had the same sort of problems that I had, and that **she finally found relief** by seeing Dr. Timothy Kroneck at the Wisconsin Spine Center. She said that they had some newer technology and state-of-the-art therapies that had helped her tremendously and she recommended that I should see if they could help me too.

When I first met with Dr. Kroneck, I was frustrated that nothing had helped me up to this point, but I was hopeful that perhaps this was my answer since they offered some different alternatives. After Dr. Kroneck reviewed my case and said he would accept me as a patient, I was thrilled.

Once I started care with Dr. Kroneck, it was fantastic to experience the changes in my body as the **pain, numbness, and**

tingling began to disappear. It was heavenly when I finally went a few days without having a headache for the first time in years! (If you've ever had a bad headache, you know exactly what I'm talking about.)

At this point, it's wonderful to be able to live and function again, and do stuff **without crippling pain**! I can turn my head without having my arms fall asleep. I'm able to drive my car without any problems whatsoever. I can play with my grandkids again and not worry about jolts of pain stopping me. I'm sleeping all night long now without waking up. I no longer suffer with those nasty headaches anymore; and I even noticed that my balance is much better than it used to be. It's great to be able to **live and enjoy life once again**! In fact, if you ask me how I feel, all I can say is – marvelous!

The entire staff at the Wisconsin Spine Center are all kind, patient, and very nice people. I'm always greeted with a smile and have been treated very well by all of them.

So, if you think there's no hope for you, give them a try... you have nothing to lose! It worked for me, and it could work for you too!

-Gary M.