| HE                          | ALTH HIS                       | STORY                  |                        |                     |                         |                              |            |  |  |
|-----------------------------|--------------------------------|------------------------|------------------------|---------------------|-------------------------|------------------------------|------------|--|--|
| What treatmer               | nt have you already            | received for your con  | ıdition? □ Medicat     | ions 🗌 Surgery      | ☐ Physical Thera        | 21/                          |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |
| Name and add                | dress of other doctor          | r(s) who have treated  | VOL for your cond      | 141                 |                         |                              |            |  |  |
| Date of Last:               | Physical Even                  |                        | you for your condition |                     |                         |                              |            |  |  |
| Date of Last: Physical Exam |                                |                        |                        |                     | Blood Test              |                              |            |  |  |
| Spinal Exam                 |                                |                        | office feet            |                     |                         |                              |            |  |  |
| Dental X-Ray                |                                |                        |                        |                     |                         |                              |            |  |  |
| Place a mark of             | on "Yes" or "No" to ir         | ndicate if you have ha | d any of the follow    | ing:                |                         |                              |            |  |  |
| AIDS/HIV                    | ☐ Yes ☐ No                     | Diabetes               | ☐ Yes ☐ No             | Liver Disease       | ☐ Yes ☐ No              | Rheumatic Fever              | □Voo □No   |  |  |
| Alcoholism                  | ☐ Yes ☐ No                     | Emphysema              | ☐ Yes ☐ No             | Measles             | ☐ Yes ☐ No              | Scarlet Fever                | ☐ Yes ☐ No |  |  |
| Allergy Shots               | ☐ Yes ☐ No                     | Epilepsy               | ☐ Yes ☐ No             | Migraine Headach    |                         | Sexually                     | ☐ Yes ☐ No |  |  |
| Anemia                      | ☐ Yes ☐ No                     | Fractures              | ☐ Yes ☐ No             | Miscarriage         | ☐ Yes ☐ No              | Transmitted                  |            |  |  |
| Anorexia                    | ☐ Yes ☐ No                     | Glaucoma               | ☐ Yes ☐ No             | Mononucleosis       | ☐ Yes ☐ No              | Disease                      | ☐ Yes ☐ No |  |  |
| Appendicitis                | ☐ Yes ☐ No                     | Goiter                 | ☐ Yes ☐ No             | Multiple Sclerosis  | ☐ Yes ☐ No              | Stroke                       | ☐ Yes ☐ No |  |  |
| Arthritis                   | ☐ Yes ☐ No                     | Gonorrhea              | ☐ Yes ☐ No             | Mumps               | ☐ Yes ☐ No              | Suicide Attempt              | ☐ Yes ☐ No |  |  |
| Asthma                      | ☐ Yes ☐ No                     |                        | ☐ Yes ☐ No             | Osteoporosis        | ☐ Yes ☐ No              | Thyroid Problems Tonsillitis | ☐ Yes ☐ No |  |  |
| Bleeding Disord             | ders 🗌 Yes 🗌 No                | Heart Disease          | ☐ Yes ☐ No             | Pacemaker           | ☐ Yes ☐ No              | Tuberculosis                 | ☐ Yes ☐ No |  |  |
| Breast Lump                 | ☐ Yes ☐ No                     | Hepatitis              | ☐ Yes ☐ No             | Parkinson's Diseas  | se 🗌 Yes 🔲 No           | Tumors, Growths              | ☐ Yes ☐ No |  |  |
| Bronchitis                  | ☐ Yes ☐ No                     | Hernia                 | ☐ Yes ☐ No             | Pinched Nerve       | ☐ Yes ☐ No              | Typhoid Fever                | ☐ Yes ☐ No |  |  |
| Bulimia                     | ☐ Yes ☐ No                     | Herniated Disk         | ☐ Yes ☐ No             | Pneumonia           | ☐ Yes ☐ No              | Ulcers                       |            |  |  |
| Cancer                      | ☐ Yes ☐ No                     | Herpes                 | ☐ Yes ☐ No             | Polio               | ☐ Yes ☐ No              | Vaginal Infections           |            |  |  |
| Cataracts                   | ☐ Yes ☐ No                     | High Blood<br>Pressure | □Voo □No               | Prostate Problem    | ☐ Yes ☐ No              |                              |            |  |  |
| Chemical Dependency         | ☐ Yes ☐ No                     | High Cholesterol       | ☐ Yes ☐ No             | Prosthesis          | ☐ Yes ☐ No              | Whooping Cough               | ☐ Yes ☐ No |  |  |
| Chicken Pox                 | ☐ Yes ☐ No                     | Kidney Disease         | ☐ Yes ☐ No             | Psychiatric Care    | ☐ Yes ☐ No              | Other                        |            |  |  |
|                             |                                | Titalicy bisease       |                        | Rheumatoid Arthriti | is 🗌 Yes 🔲 No           |                              |            |  |  |
| EXERCISE                    |                                | WORK ACTIV             | TTV                    | HABITS              |                         |                              |            |  |  |
| □ None                      |                                | Sitting                | ***                    | ☐ Smoking           | Doole                   | ·/Day                        |            |  |  |
| ☐ Moderate                  |                                | ☐ Standing             |                        |                     |                         | s/Day                        |            |  |  |
| ☐ Daily                     |                                |                        |                        | ☐ Alcohol           |                         | s/Week                       |            |  |  |
|                             |                                | ☐ Light Labor          |                        | ☐ Coffee/Caffeine   | Drinks Cups             | /Day                         |            |  |  |
| Heavy                       |                                | ☐ Heavy Labor          |                        | ☐ High Stress Leve  | el Reas                 | on                           |            |  |  |
| Are you pregnar             | nt?                            | Due Date               |                        |                     |                         |                              |            |  |  |
| Injuries/Surgerie           | njuries/Surgeries you have had |                        |                        | Description         |                         | Date                         |            |  |  |
| Falls                       |                                |                        |                        |                     | Date                    |                              |            |  |  |
| Head Injuri                 | ies                            |                        |                        |                     |                         |                              |            |  |  |
| Broken Bo                   |                                |                        |                        |                     |                         |                              |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |
| Dislocation                 | IS                             |                        |                        |                     |                         |                              |            |  |  |
| Surgeries                   | -                              |                        |                        |                     |                         |                              |            |  |  |
| M                           | MEDICATIONS                    |                        |                        | RCIES               | VITAMING/UEDDC/MINEDALC |                              |            |  |  |
|                             |                                |                        |                        | ALLERGIES           |                         | VITAMINS/HERBS/MINERALS      |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |
| Pharmacy Name               |                                |                        |                        |                     |                         |                              |            |  |  |
| Pharmacy Phone              | e ()                           |                        |                        |                     |                         |                              |            |  |  |
|                             |                                |                        |                        |                     |                         |                              |            |  |  |