

# Rising Health Chiropractic Wellness



617 Ryan St. Suite 240, Pewaukee, WI 53072 • Phone 262-695-9698 • [www.rhchirowellness.com](http://www.rhchirowellness.com)

## **CONFIDENTIAL PATIENT CASE HISTORY**

Please complete this questionnaire. This confidential history will be part of your permanent records. Thank you.

Name \_\_\_\_\_ Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_ Marital Status: M S W D #Children \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Referred \_\_\_\_\_  
Spouse's Name \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Ethnicity: Caucasian Black Hispanic Asian Other \_\_\_\_\_  
Preferred Language \_\_\_\_\_

## **PRESENT COMPLAINT**

Current health complaint for consulting our office: \_\_\_\_\_

What do you think caused this condition? \_\_\_\_\_

How long have you had this condition(s)? \_\_\_\_\_ Have you had this or similar conditions in the past? \_\_\_\_\_

What positions/activities make your symptoms worse? \_\_\_\_\_

What positions/activities make your symptoms better? \_\_\_\_\_

Is this condition: \_\_\_\_\_ Improving \_\_\_\_\_ Unchanged \_\_\_\_\_ Getting Worse

Is this condition interfering with your \_\_\_\_\_ Work \_\_\_\_\_ Sleep \_\_\_\_\_ Daily Routine

Please describe \_\_\_\_\_

Have you tried home therapy such as ice, heat or over the counter medications for this condition? (what, how long, did it work, results)  
\_\_\_\_\_

Have you been seen by any another health care provider(s) for this condition? Yes \_\_\_\_\_ No \_\_\_\_\_

Name/dates \_\_\_\_\_

For this condition were there any x-rays, MRI or CT scans taken? Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

Do you have any other complaints not covered in primary complaint? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, explain \_\_\_\_\_

What describes the nature of your symptoms? (**circle** all that apply)

- |              |             |             |
|--------------|-------------|-------------|
| a. Sharp     | c. Numb     | e. Burning  |
| b. Dull ache | d. Shooting | f. Tingling |

How often do you experience your symptoms?

- |   |  |
|---|--|
| _____ Constantly (76-100% of the time)  | _____ Frequently (51-75% of the time)    |
| _____ Occasionally (26-50% of the time) | _____ Intermittently (0-25% of the time) |

**MARK (X) THE AREAS OF YOUR SYMPTOMS ON THE FIGURE(S) BELOW.**

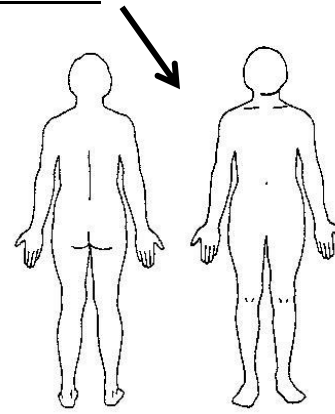
**CIRCLE A NUMBER THAT CORRESPONDS TO YOUR SYMPTOMS.**

How intense are your symptoms **now**?

None 0 1 2 3 4 5 6 7 8 9 10 Most Severe

How intense have they been in the **past week**?

None 0 1 2 3 4 5 6 7 8 9 10 Most Severe



Back

Front

**CHIROPRACTIC HISTORY**

Have you ever been to a Chiropractor before?  Yes  No Name \_\_\_\_\_

Date of last chiropractic visit. \_\_\_\_\_ Reason for care/duration of care \_\_\_\_\_

Are there other family members under chiropractic care?  Yes  No Whom? \_\_\_\_\_

Are you wearing:  Heel lifts  Sole lifts  Inner soles  Arch supports

**HEALTH HISTORY**

Current Weight \_\_\_\_\_ Height \_\_\_\_\_ Blood Pressure (if known) \_\_\_\_\_

List surgical operations and year performed: \_\_\_\_\_

Have you been in an auto accident?  Past five years  Over five years  Never

Have you ever had any other personal injury or accident:  Past year  Past five years  Over five years ago

Describe \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Date of last physical examination \_\_\_\_\_

In what position do you sleep?  Side  Back  Stomach How many hours do you sleep? \_\_\_\_\_

**FEMALES: Please check one**

Is there a possibility of you being pregnant?  Yes  No

**Smoking History: (circle one)**

A. I have **never** smoked or chewed tobacco.

B. I **use to** smoke or chew tobacco. Began (year) \_\_\_\_\_ Quit (year) \_\_\_\_\_

C. I **currently** smoke or chew tobacco.  < 10 cigarettes/day  10-20/day  > 20/day

Patient: \_\_\_\_\_

**Consumption of Alcohol and/or Caffeine:**

Beer/Week \_\_\_\_\_ Liquor/Week \_\_\_\_\_ Wine/Week \_\_\_\_\_ No. of Years \_\_\_\_\_

Coffee/Week \_\_\_\_\_ Tea/Week \_\_\_\_\_ Cola/Week \_\_\_\_\_ Energy Drinks/Week \_\_\_\_\_

**Medications &**

**dosage:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Allergies:** \_\_\_\_\_

\_\_\_\_\_

**Daily Activity:**

Mental Work: Heavy Moderate Light hours per day \_\_\_\_\_

Physical: Heavy Moderate Light hours per day \_\_\_\_\_

Exercise : Cardio hours per week \_\_\_\_\_ Weights hours per week \_\_\_\_\_

**Family Health History** (Many health problems are the result of hereditary spinal weaknesses; thus information about your family members will give us a better picture of your total health picture.) examples: cancer, heart disease, diabetes, high blood pressure

Name	Relation	Past and Present Health Problems

**Email Address:** \_\_\_\_\_

Rising Health Chiropractic uses email to correspond with patients for health updates, appointment reminders and paperless billing statements. If you wish to **NOT** have your email used for one or more of these please list which one(s) below.

\_\_\_\_\_

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any of his staff responsible for any errors that I may have made in the completion of this form.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I, the undersigned certify that I (or my dependent) have insurance coverage with \_\_\_\_\_ and assign to Rising Health Chiropractic Wellness all insurance benefits, if any otherwise payable by me for services rendered. I understand that I am financially responsible for all charges whether or not paid by the insurance company. I hereby authorize the clinic to release all information necessary to secure payment of benefits. I authorize the use of this signature on all insurance submissions.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_