



DR. BRIAN MCGUCKIN
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Thyroid

Optimal Levels & Nutritional Support

The Thyroid makes hormones by using proteins and iodine. Thyroid hormones regulate how slow or fast your body works. Living your best life can be hindered by a poorly working thyroid.

Thyroid Issues

The immune system can attack the thyroid gland leading to an inflammatory condition called **Thyroiditis or Hashimoto's** disease. This happens because the sac that covers the thyroid is no longer protecting the gland and the immune system is attacking the thyroid.

Low thyroid hormone production (**Hypothyroid**) can happen to anyone. **Hyperthyroid** is not seen as often but is a real health issue. Testing is important to determine where to start.

Thyroid symptoms: **Anxious, Cold, Depression, Hair Loss, Weight Loss or Gain.**

Thyroid Solutions

The goal is to use testing to identify if your thyroid is producing hormones in the optimal ranges. We want your thyroid to be at **healthy optimal levels, not on the edges of the reference range.**

Hashimoto's requires the repair of the sac that encapsulates the the thyroid. This is a nutritional and an immune system repair. When the sac is restored the antibodies that signal the white blood cell attack on the thyroid diminish. The result is a leveling of the thyroid hormone and a healthier you.

If we find that your thyroid needs a specialist we would gladly help with the referral.

Schedule to Discuss Your Thyroid Health.

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References for Delayed Onset Sensitivity Testing for Thyroid Health

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Saliva Testing and other lab work done at this office is considered nutritional testing by most, if not all insurance companies. There is typically no reimbursement for this type of testing. Anthem and Medicare specifically will not pay for laboratory testing done at this office.

Dr. McGuckin is a licensed chiropractic physician who uses diet and nutritional support to help your body repair. Dr. McGuckin works with your current doctor(s), and does not intend to be a replacement for your primary care physician. Dr. McGuckin requires all patients to have a primary care physician to cover emergencies and routine care.

Testing and nutritional supplement recommendations are not a substitute for, or in place of, any medications or recommendations made by your medical doctor(s) or other licensed healthcare professionals, and that no medications should be discontinued or initiated without the advice of your medical doctor or other healthcare provider(s) you are seeing.