



DR. BRIAN MCGUCKIN
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LONGEVITY

7 Key Tests for Your Best Future

**Are you doing everything you can to Stay Healthy as you age?
These 7 tests can give you the answers for a long, active life!**

Cardio High Sensitivity - C Reactive Protein Test: Checks inflammation in your body which can affect your heart, joints, and healing.

Cardio Homocysteine Test: Measures a step in the break down of proteins as you eliminate them from your body. If left elevated it will harm your brain, heart, kidney, and small arteries.

Oxidized LDL Test: Ensures your cholesterol isn't damaging your arteries.

A1C Hemoglobin Test: Tracks your average blood sugar levels for energy and focus.

DNA Fragmentation Test: Shows if your DNA is breaking down too quickly, a sign of aging faster than you should.

Omega 3 & 6 Concentrations: The highest concentration of oil in the brain, your ability to take in nutrients into the cell and cellular debris and chemicals to leave; very important for longevity.

Vitamin D: Brain function, Immune System, and Bone Density.

Take Action: Small, daily steps make a big difference. Start your health journey today!

Start your journey toward a healthier, more vibrant future. Call us now to book your appointment. Visit our website to learn more and get started.

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Saliva Testing and other lab work done at this office is considered nutritional testing by most, if not all insurance companies. There is typically no reimbursement for this type of testing. Anthem and Medicare specifically will not pay for laboratory testing done at this office.

Dr. McGuckin is a licensed chiropractic physician who uses diet and nutritional support to help your body repair. Dr. McGuckin works with your current doctor(s), and does not intend to be a replacement for your primary care physician. Dr. McGuckin requires all patients to have a primary care physician to cover emergencies and routine care.

Testing and nutritional supplement recommendations are not a substitute for, or in place of, any medications or recommendations made by your medical doctor(s) or other licensed healthcare professionals, and that no medications should be discontinued or initiated without the advice of your medical doctor or other healthcare provider(s) you are seeing.