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 Chiropractic Internist

Harmful Cholesterol?

Know Your Oxidized LDL

Oxidized LDL
Predict - Prevent - Protect
 Predict the future health of your arteries.
 Brain and Heart

Cholesterol is transported inside the cell to the nucleus to be transformed into Hormones your body needs.

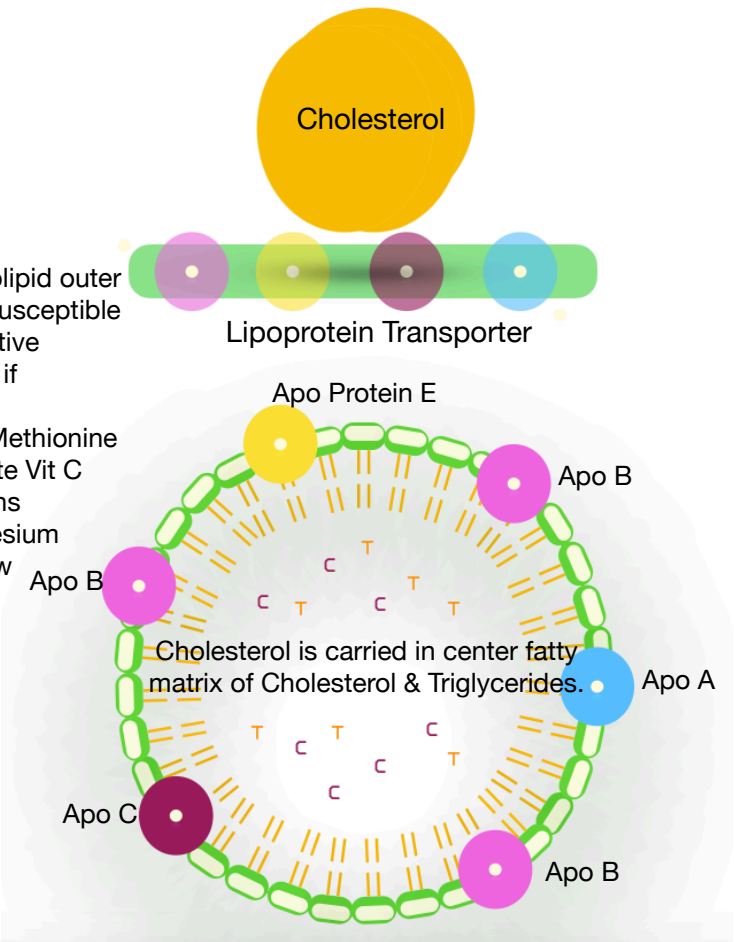
The transporter for Cholesterol to be moved inside the cell is called a Lipoprotein.

If the Lipoprotein is oxidized from a lack of anti oxidants, it is harmful to the artery cell wall.

Cholesterol does not damage the artery. The damage comes from an oxidized transport vehicle. (In medicine they call it a barge).

Test and find out.

Phospholipid outer shell is susceptible to Oxidative Damage if
 Vit E
 Seleno Methionine
 Ascorbate Vit C
 B vitamins
 & Magnesium
 are below optimal levels.



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Eating Cell Energy Producing Foods. The Alkaline Diet. Ask, and we will email you a book on the Alkaline Forming Foods.

First Morning's Urine pH Test Kit - Know if your cells are performing as they should. Are you making enough cell energy to repair and protect your brain?

Schulze PC, Lee RT. **Oxidative stress and atherosclerosis.** Curr Atheroscler Rep(2005)7:242-8.

Steinberg D. **Oxidative modification of LDL and atherosclerosis.** Circulation (1997)95:1062-71.

Holvoet P et al. **Ox-LDL and malondialdehyde-modified LDL in patients with acute coronary syndromes and stable CAD.** Circ(1998)98:1487-94.

Saliva Testing and other lab work done at this office is considered nutritional testing by most, if not all insurance companies. There is typically no reimbursement for this type of testing. Anthem and Medicare specifically will not pay for laboratory testing done at this office.

Dr. McGuckin is a licensed chiropractic physician who uses diet and nutritional support to help your body repair. Dr. McGuckin works with your current doctor(s), and does not intend to be a replacement for your primary care physician. Dr. McGuckin requires all patients to have a primary care physician to cover emergencies and routine care.

Testing and nutritional supplement recommendations are not a substitute for, or in place of, any medications or recommendations made by your medical doctor(s) or other licensed healthcare professionals, and that no medications should be discontinued or initiated without the advice of your medical doctor or other healthcare provider(s) you are seeing.