



DR. BRIAN MCGUCKIN
 Laboratory Nutrition
 Chiropractic Internist

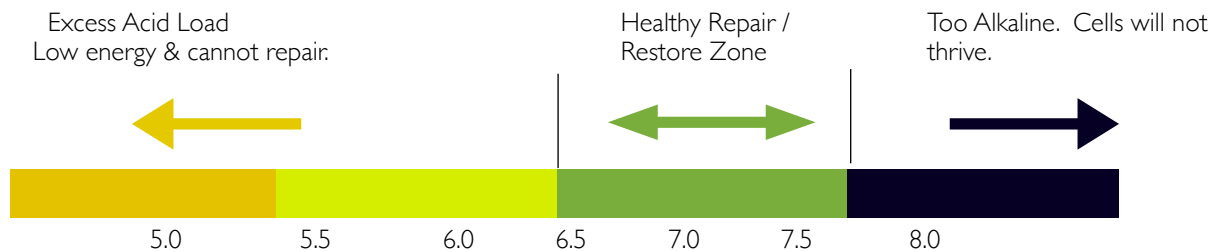
Bone Health

Improve Your Bone Density

The Goal - Build New Bone Cells

Laboratory Testing will ensure we are meeting your cell energy needs to build and maintain healthy bone.

Vitamin D	Holds Calcium in the Bone
Magnesium	Stimulates Bone Growth
Trace Minerals	Bone Density
Deoxypyridinoline	Measures building of crosslink fibers in bone
Progesterone	Maintains Density
Cortisol	Optimal Density
Optimal Cellular pH -	Stimulates New Cells



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Schedule Your Appointment to Rebuild Bone Listening + Laboratory = Solutions

Resources for maintaining and rebuilding bone density.

Thriving in the 21st Century, 2022

Russell Jaffe, MD. pHD, CCN

Natural Bone Health, 2023

Russell Jaffe, MD, pHD, CCN

Susan Brown PhD, CNS

Healthy Bone Joints and Muscles, May 2022

Susan Brown, pHD, CNS

Rosen H. Use of biochemical markers of bone turnover in osteoporosis. UpToDate

Web site. www.uptodate.com/contents/use-of-biochemical-markers-of-bone-turnover-in-osteoporosis. Published March 20, 2014.

Clinical Updates Osteoporosis and Bone Health Nov 2014 Webinar, Diagnos-Techs, Inc.

Lisa Canar, ND.

Cook S. Bioidentical hormone replacement therapy in postmenopausal osteoporosis. Natural Medicine Journal. 2014;6(8) Suppl:16-25.

Delmas P, Chapurlat R. Osteoporosis. In DeGroot L, Jameson J, eds. Endocrinology. 5th ed. Philadelphia, PA: Elsevier Saunders; 2006:1751-69.

Better Bones Better Body, 2000

Susan Brown, pHD, CNS

Saliva Testing and other lab work done at this office is considered nutritional testing by most, if not all insurance companies. There is typically no reimbursement for this type of testing. Anthem and Medicare specifically will not pay for laboratory testing done at this office.

Dr. McGuckin is a licensed chiropractic physician who uses diet and nutritional support to help your body repair. Dr. McGuckin works with your current doctor(s), and does not intend to be a replacement for your primary care physician. Dr. McGuckin requires all patients to have a primary care physician to cover emergencies and routine care.

Testing and nutritional supplement recommendations are not a substitute for, or in place of, any medications or recommendations made by your medical doctor(s) or other licensed healthcare professionals, and that no medications should be discontinued or initiated without the advice of your medical doctor or other healthcare provider(s) you are seeing.