



# WELCOME SHEET

## PATIENT INFO

Patient Name \_\_\_\_\_  
 What Do You Prefer To Be Called? \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Home Phone (\_\_\_\_) \_\_\_\_\_  
 Cell Phone (\_\_\_\_) \_\_\_\_\_  
 Work Phone (\_\_\_\_) \_\_\_\_\_ Ext \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Birthday: \_\_\_\_\_ Sex:  Male  Female  
 Marital Status:  Single  Married  Divorced  Separated  
 Child  Widowed SS# \_\_\_\_\_  
 Referred By:  Print Ad  Internet  Website  Phonebook  
 Attorney  Doctor  Event \_\_\_\_\_  
 Friend/Family \_\_\_\_\_  
 Other \_\_\_\_\_

## INSURANCE INFO

Primary Ins Co \_\_\_\_\_  
 Name of Insured \_\_\_\_\_  
 Insured's Relationship to Patient:  Self  
 Spouse  Parent  Child  Other  
 Insured's Birthday \_\_\_\_\_  
 Insured's Employer \_\_\_\_\_  
 Secondary Ins Co \_\_\_\_\_

## SOCIAL HISTORY

Employment Status:  Full-Time  Part-Time  Retired  Student  Homemaker  Unemployed  
 Employer / School \_\_\_\_\_  
 Occupation \_\_\_\_\_ How Long? \_\_\_\_\_  
 What Do You Do Most of the Day at Work?  
 Sit  Stand  Light Labor  Heavy Labor  Other \_\_\_\_\_  
 Check Any of the Following in Which You Participate in Regularly:  
 Gardening  Bicycling  Swimming  Running  Weight Lifting  
 Aerobics/Cardio  Golf  Other \_\_\_\_\_  
 How Often Do You Participate?  2-3x's/Week  1x/Week  1-2x's/Month  Other \_\_\_\_\_  
 How much sleep do you get per night?  5 or Less  6-8  8-10  10 or More  
 Rate your sleep: No/Poor Sleep 0 1 2 3 4 5 6 7 8 9 10 Wake-up Fully Rested  
 List your major Stressors: \_\_\_\_\_  
 What are your Health Goals? \_\_\_\_\_

## APPOINTMENT REMINDER

Would you like to receive appointment reminders?  Yes (Circle one): Email / Text  No  
 Email \_\_\_\_\_  
 Cell Phone # \_\_\_\_\_ Cell Phone Provider: AT&T/Verizon/Sprint/US Cellular/ \_\_\_\_\_  
 When would you like reminder sent? (Circle one): 30 min / 45 min / 1 hr / 2 hrs / 4 hrs / 1 day / 2 days prior

## REASON FOR VISIT

Reason for today's visit: Primary Complaint \_\_\_\_\_

Other Complaints \_\_\_\_\_

When did condition begin? \_\_\_\_\_ The discomfort is:  getting worse  constant  comes & goes

Describe the discomfort:  Sharp  Shooting  Aching  Throbbing  Burning  Stiff  Other \_\_\_\_\_

Does it interfere with Daily Activities:  Sleep  Walking/Running  Sitting  Standing  Lifting  
 Work  Social Activities  Personal Care  Other \_\_\_\_\_

Please rate your discomfort at its worst: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst pain)

Please rate your discomfort at its best: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst pain)

Have you had this or a similar condition in the past? Y / N Explain \_\_\_\_\_

What treatment have you already received for your condition?

None  Medication  Surgery  Physical Therapy  Chiropractic  Other \_\_\_\_\_

Were you satisfied with the results of your treatment? Y / N Explain \_\_\_\_\_

## DESCRIBE THE DISCOMFORT

Please mark the diagram below by placing the appropriate symbol at the site of discomfort.

Symptom:      Symbol:

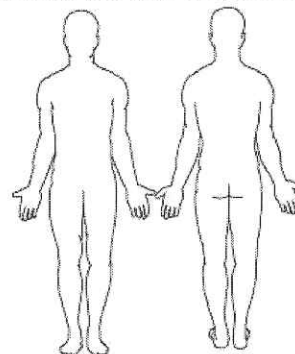
    Numbness      NNN


    Pins & Needles      PPP

    Burning      BBB

    Aching      AAA

    Stabbing      SSS



 Circle any other area not represented by a symbol.

## HEALTH HISTORY

Do you have or have you had any of the following:  Heart Attack/Stroke  Pacemaker  Heart Surgery  
 High/Low BP  Difficulty Breathing  Alcohol/Drug Abuse  Diabetes  Cancer  
 Arthritis  Seizures/Fainting  Artificial Joints  HIV/AIDS  Psychiatric Problems

Other serious medical conditions not listed above \_\_\_\_\_

List any surgeries (& dates) not listed above \_\_\_\_\_

Do you have any scars from surgeries/procedures? Y / N Where? \_\_\_\_\_

Do you wear:  Heel Lifts  Orthotics  Inner Soles  Arch Supports  Other \_\_\_\_\_

List any allergies or skin sensitivities \_\_\_\_\_

Are you on any special diet? Y / N (Explain ) \_\_\_\_\_

Who is your Medical Doctor? \_\_\_\_\_ Phone \_\_\_\_\_

## IN CASE OF EMERGENCY

In case of emergency, whom should we contact? \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone \_\_\_\_\_

- \* I authorize the staff to perform any necessary services needed during diagnosis & treatment.
- \* I authorize the provider to release any information required to process insurance claims.
- \* I acknowledge that this form was completed correctly to the best of my knowledge.
- \* I understand it is my responsibility to inform this office of any changes to the information I have provided.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_





**GENERAL RELEASE OF MEDICAL RECORDS**

Patient's Name (printed) \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby request and authorize: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**to disclose my protected health information as indicated below:**

**Description of information to be disclosed\***

\_\_\_\_\_ X-Ray Images/Reports                      \_\_\_\_\_ MRI Images/Reports  
\_\_\_\_\_ OTHER \_\_\_\_\_

**\*Please send the most recent record unless otherwise specified**

**A photocopy of this authorization will be accepted with the same authority as the original.**

Reason for requested use or disclosure:                      continuance of care

This information is to be disclosed to:                      Axelson Chiropractic & Rehab  
Address:                      901 Newman Road  
New Bern, NC 28562  
Phone:                      252-633-3334  
Fax:                      252-637-4483

***TO BE READ AND SIGNED BY PATIENT***

I understand the following:

- a. I may revoke this authorization at any time by providing written notice to the practice.
- b. I may not be able to revoke this authorization if the practice has already taken action utilizing this authorization or if the authorization was obtained as a condition of obtaining insurance coverage.
- c. The practice will not determine treatment or payment based on my signing this authorization.
- d. No one has pressured me to sign this authorization.
- e. The information disclosed in this authorization may be subject to re-disclosure by the practice and no longer protected by federal law.
- f. I acknowledge that I have had an opportunity to review this authorization and understand the intent and the use.
- g. I have right to request a copy of this authorization.

Patient's Signature: \_\_\_\_\_ Date \_\_\_\_\_

\*This authorization shall be in force and effect until one year from date signed



901 Newman Road  
New Bern, NC 28562  
252-633-3334

**Consent to use PHI**

**Acknowledgement for Consent to Use and Disclosure of Protected Health Information**

**Use and Disclosure of your Protected Health Information (PHI)**

Axelson Chiropractic may use or may disclose my PHI to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office. \_\_\_\_\_ Patient Initials

**Notice of Privacy Practices**

You should review the Notice of Privacy Practices for a more complete description of how your PHI may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office.

I have received a copy of the Notice of Patient Privacy Policy. \_\_\_\_\_ Patient Initials

**Requesting a Restriction on the Use or Disclosure of Your Information**

You may request a restriction on the use or disclosure of your PHI. This office may or may not agree to restrict the use or disclosure of your PHI. If we agree to your request, the restriction will be binding with this office. Use or disclosure of PHI in violation of an agreed upon restriction will be a violation of the federal privacy standards.

**Notice of Treatment**

Axelson Chiropractic has private treatment rooms and an open therapy room. I consent to treatment & authorize the staff to perform any necessary services needed during diagnosis and treatment. \_\_\_\_\_ Patient Initials

I understand that I am required to make payment for all services rendered at the time of visit (whether covered or non-covered by insurance) and I am ultimately responsible for my account. \_\_\_\_\_ Patient Initials

**Revocation of Consent**

You may revoke this consent to the use and disclosure of your PHI. This must be done in writing. Any use or disclosure that had occurred prior to the date on which your revocation of consent is received will not be affected.

**Authorized Disclosure of PHI**

I authorize the following person(s) to access my PHI (please list their name and their relationship to you):

Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_  
Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_  
Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_

\*This authorization will be valid for five years from the date signed unless revoked in writing or when a new authorization form is completed and signed. At that time, the updated authorization will replace this one.

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature Date

\_\_\_\_\_  
Print Patient's Full Name Date of Birth

\_\_\_\_\_  
Witness Signature Date