

# New Patient Form

Name: \_\_\_\_\_ (Age) \_\_\_\_\_ Gender: M F

Marital State: S M D W O Birth Date: \_\_\_\_\_ Occupation: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alternative Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Ages of Children: \_\_\_\_\_ Significant Other's Name: \_\_\_\_\_

How were you referred to this office? \_\_\_\_\_

## **PURPOSE OF THIS VISIT**

Reason for this visit (Primary Complaint): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

When did this condition begin? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Gradual or Sudden?

What activities make it worse? \_\_\_\_\_

What gives you relief? \_\_\_\_\_

If Pain, Please Describe: Sharp | Dull | Ache | Burn | Throb | Spasm | Numb

If Pain or Numbness, Does it Radiate?: Arm \_\_\_ Leg \_\_\_ Does not radiate \_\_\_

Frequency? Constant | Intermittent Daily | Intermittent Weekly | Intermittent Monthly

Does your complaint(s) interfere with: \_\_\_ Work \_\_\_ Sleep \_\_\_ Hobbies \_\_\_ Daily Routine

Have you experienced this condition before? Yes | No If Yes, When? \_\_\_\_\_

Who have you seen for this? \_\_\_\_\_ Results? Good | Bad | Okay

Please list any past injuries, falls, or accidents that you have had in your life:

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**HEALTH CONDITIONS: Stress results in Dysfunction of the Body. Over time that Dysfunction causes Health Conditions to occur. Below are just some of the problems that can occur as your spine and body degenerate.**

**Please check off any health condition you may be experiencing now or the recent past.**

CERVICAL SPINE (NECK):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Neck Pain            | <input type="checkbox"/> Numbness/tingling in arms/hands | <input type="checkbox"/> Headaches          |
| <input type="checkbox"/> Pain shoulder/arm    | <input type="checkbox"/> TMJ/Pain/Clicking               | <input type="checkbox"/> Weakness in grip   |
| <input type="checkbox"/> Hearing disturbances | <input type="checkbox"/> Visual disturbances             | <input type="checkbox"/> Dizziness          |
| <input type="checkbox"/> Coldness in hands    | <input type="checkbox"/> Low Energy/Fatigue              | <input type="checkbox"/> Sinusitis          |
| <input type="checkbox"/> Allergies/Hay fever  | <input type="checkbox"/> Recurrent colds/Flue            | <input type="checkbox"/> Thyroid conditions |

Other: \_\_\_\_\_

THORACIC SPINE (UPPER BACK):

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Heart Palpitations    | <input type="checkbox"/> Recurrent Lung Infections/Bronchitis | <input type="checkbox"/> Heart Murmurs      |
| <input type="checkbox"/> Tachycardia           | <input type="checkbox"/> Pain Deep Inspiration/Expiration     | <input type="checkbox"/> Asthma/Wheezing    |
| <input type="checkbox"/> Pain in Chest or Ribs | <input type="checkbox"/> Shortness of Breath                  | <input type="checkbox"/> Mid Back Pain      |
| <input type="checkbox"/> Indigestion/Heartburn | <input type="checkbox"/> Irritable haven't eaten              | <input type="checkbox"/> Tired after eating |
| <input type="checkbox"/> Reflux                | <input type="checkbox"/> Nausea                               | <input type="checkbox"/> Ulcers/Gastritis   |

Other: \_\_\_\_\_

**LUMBAR SPINE (LOW BACK):**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Pain in hips/legs/feet            | <input type="checkbox"/> Numbness/tingling Legs/Feet         | <input type="checkbox"/> Cold Legs/Feet     |
| <input type="checkbox"/> Muscle Cramps Legs/Feet           | <input type="checkbox"/> Weakness/Injuries Hips/Knees/Ankles | <input type="checkbox"/> Low Back Pain      |
| <input type="checkbox"/> Constipation/Diarrhea             | <input type="checkbox"/> Recurrent Bladder Infections        | <input type="checkbox"/> Sexual Dysfunction |
| <input type="checkbox"/> Menstrual Irregularities/Cramping | <input type="checkbox"/> Frequent/Difficulty Urinating       |   |

Other: \_\_\_\_\_

Please list any health conditions not mentioned: \_\_\_\_\_

\_\_\_\_\_

Please list any medications currently taking and their purpose:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list all past surgeries:

\_\_\_\_\_  
\_\_\_\_\_

**Family Health History: List any Disease(s) or Cause(s) of Death**

Maternal Grandparents \_\_\_\_\_

Paternal Grandparents \_\_\_\_\_

Mom \_\_\_\_\_

Dad \_\_\_\_\_

Sibling(s) \_\_\_\_\_

Children \_\_\_\_\_