

Welcome to Ballantyne Advanced Chiropractic!

| Last Name: | First Name: | MI:Nic | kname: |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| Address: | | | |
| City: | State: _ | Zip Code: | |
| Social Security#:_ | | _ Home Phone#:_ | |
| E-Mail: | | Cell phone#: | |
| Marital Status: S M \ | W D DP Sex: M F | Birthday: | Age |
| Employer: | | | |
| Occupation: | | Work Phone#:_ | |
| Spouse's Name: | How did yo | ou find us: | |
| Hobbies: | | | |
| In case of Emergency | 'i | Phone #: | |
| Insurance Coverage: | Yes No If yes, Name o | of Company: | |
| Name of Insured: | | Insured DOB: | |
| Insured's Place of Em | ployment: | | |
| ssign directly to Ballantyno o me for services rendered sallantyne Advanced Chirop he application of insurance | nat I (or my dependent) have Advanced Chiropractic all in I acknowledge that I remaderactic for services rendered a payments and settlement of ation necessary to secure the submissions. | insurance benefits, if any in personally liable for th , including any balance r or judgment proceeds. I | , otherwise payable ne total amount due to emaining after hereby authorize the |
| Responsible Party Si | gnature | | |
| properly executed au | rmation (PHI) will only be thorization from the pation payment, or health care | ent or his/her persona | l representative, |
| Patient Signature: | | Date: | |

| Patient Health Questionnaire | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| Patient Name Date | |
| 1. When did your symptoms start? | BALLANTYNE ADVANCED CHIR |
| Describe your symptoms and how they began: | |
| | 7 |
| | |
| 2. How often do you experience your symptoms? Indicate on the body below where you have pain o ① Constantly (76-100% of the day) ② Frequently (51-75% of the day) ③ Occasionally (26-50% of the day) ④ Intermittently (0-25% of the day) | r otner symptoms. R |
| 3. What describes the nature of your symptoms? | |
| ① Sharp ② Shooting // H / \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | |
| ② Dull ache ⑤ Burning ⑥ Numb ⑥ Tingling | |
| | r |
| 4. How are your symptoms changing? © Getting Better | |
| ② Not Changing | |
| ③ Getting Worse | Habaaaabla |
| None 5. How bad are your symptoms at their: a. Worst: 0 0 2 3 6 5 6 7 6 b. Best: 0 0 2 3 6 5 6 7 | Unbearable 9 |
| 6. How do your symptoms affect your ability to perform daily activities? | |
| Ö Ü ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ No complaints Mild, forgotten Moderate, interferes Limiting, prevents Intense, preoccupied Severe, now with activity with activity full activity with seeking relief activity poss | |
| 7. What activities make your symptoms worse: | |
| 8. What activities make your symptoms better: | |
| 9. Who have you seen for your symptoms? ① No One ② Other Chiropractor ③ Medical Doctor ⑤ Other ④ Physical Therapist | |
| a. When and what treatment? | |
| b. What tests have you had for your | |
| 10. Have you had similar symptoms in the past? ① Yes ② No | |
| a. If you have received treatment in the past for the same or similar symptoms, who did you see? ① This Office ② Medical Doctor ③ Othe the same or similar symptoms, who did you see? | |
| 11. What is your occupation? | |
| a. If you are not retired, a homemaker, or a ① Full-time ③ Self-employed ⑤ Off work | |
| student, what is your current work status? ② Part-time ④ Unemployed ⑥ Other | |
| 12. What do you hope to get from your visit/treatment (select all that apply): | |
| ① Reduce Symptoms ② Resume/increase activity ③ How to prevent this from occurring again ④ Explanation of Condition/Treatment ⑤ Learn how to take care of this on my own | |
| | |
| Patient Signature: Date: | |

Patient Health Questionnaire - page 2

| Patient Name | | | | Date | | | | | |
|-----------------------------------------------|--------------------------------|-------------------------------------------------------|-------------------------|--------------------|------------|---------------------|--------------|---------|--------------------------|
| What type of regular exercise do you perform? | | 0 | ① None ② Light ③ Modera | | ③ Moderate | е | Strenuous | | |
| hat is | s your he | ight and weight? | | eet Inch | | Weight | lbs. | | |
| | | conditions listed below, a condition listed below, | | | | | have had the | condi | tion in the past. If you |
| ast | Present | | Past | Present | | | Past I | Presen | t |
| 2 | 0 | Headaches | 0 | 0 | | lood Pressure | 0 | 0 | Diabetes |
|) | 0 | Neck Pain | 0 | 0 | Heart A | | 0 | 0 | Excessive Thirst |
|) | 0 | Upper Back Pain | 0 | 0 | _ | | 0 | 0 | Frequent Urination |
|) | 0 | Mid Back Pain | 0 | 0 | Stroke | | 0 | 0 | Smoking/Tobacco Use |
| | 0 | Low Back Pain | 0 | 0 | Angina | | 0 | 0 | Chronic Sinusitis |
| | 0 | Shoulder Pain | 0 | 0 | | Stones | 0 | 0 | Allergies |
| | Ō | Elbow/Upper Arm Pain | Ō | Ö | | Disorders | Ö | 0 | Depression |
| | Ö | Wrist Pain | Ö | Ö | | r Infection | Ö | Ö | Systemic Lupus |
| | Ö | Hand Pain | Ö | | | Urination | Ö | Ö | Epilepsy |
|) | Ö | Hip/Upper Leg Pain | Ö | Ö | | Bladder Contr | | • | -14-1 |
| | Ö | Dermatitis/Eczema/Rash | | Ū | 2000 0. | Diaddor Corra | 0. | | |
|) | Ö | Knee/Lower Leg Pain | 0 | 0 | Prostat | e Problems | 0 | 0 | HIV/AIDS |
|) | Ö | Ankle/Foot Pain | Ö | | | nal Weight Gair | | Ŭ | 111771120 |
|) | Ö | Jaw Pain | Ö | Ö | | Appetite | Females | Only | |
| | Ö | Joint Swelling/Stiffness | Ö | Ö | Ulcer | Appente | O | 0 | Birth Control Pills |
| | 0 | Arthritis | Ö | | | inal Pain | Ö | Ö | Hormonal Replacemen |
| | 0 | Rheumatoid Arthritis | 0 | 0 | Hepatit | | 0 | 0 | Pregnancy |
| | 0 | Liver/Gall Bladder Disord | | O | Пераш | .15 | O | O | Fregulaticy |
| | | | 0 | \circ | Cancer | | Other He | alth Di | roblome/lesuos |
| | 0 | General Fatigue Muscular Incoordination | | 0 | Tumor | | | | roblems/Issues |
|)) | 0 | Visual Disturbances | 0 | 0 | Asthma | | 0 | 0 | |
| | 0 | Dizziness | 0 | 0 | | ı Icohol Depende | _ | O | |
| | | | | | | | CHOC | | |
| | e if an im umatoid A | Imediate family member Arthritis O Heart Proble | | ny of the Diabetes | | | Lupus O | | |
| iiici | amatola 7 | | 51115 | Diabetet | , , | Ouricei O | Lupus O | | |
| | | tion and over-the-counte | | | | | | u are (| |
| | Signatu | re: | | | | Dat | e: | | |
| | | onal Comments | | | | | | | |
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| -to- | 'e Sianat | uro: | | | | Dato | | | |

INFORMED CONSENT TO CHIROPRACTIC TREATMENT

The nature of chiropractic treatment: The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a "click" or "pop", such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic exercise, traction, or muscle/massage therapy may also be used.

<u>Possible risks</u>: As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications.

Probability of risks occurring: The risks of complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke has been estimated at one in one million to one in twenty million and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered "rare".

Other treatment options which could be considered may include the following: over-the-counter analgesics; medical care (typically anti-inflammatory drugs, tranquilizers and analgesics); hospitalization in conjunction with medical care; surgery in conjunction with medical care.

Risk of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

We do not offer to diagnose or treat any disease or condition other than subluxations. However, we recognize that often people have diseases and conditions that may resolve while under chiropractic care. If during the course of chiropractic spinal examination we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings we will recommend that you seek the services of a health care provider who specializes in that area.

I have read the above statements and fully understand them. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing chiropractic treatment and have freely decided to do so. Therefore, I hereby give my full consent to treatment.

Unless otherwise noted below, I authorize Ballantyne Advanced Chiropractic to take any x-rays necessary during the course of my chiropractic care. I recognize that it is my responsibility to notify the doctor if there is any possibility that I am pregnant. I further recognize that at any time during the course of my care I may decline to have an x-ray examination.

| I am, or possibly am, pregn | nant and, therefore, do not authorize having x-rays t | aken |
|------------------------------|-----------------------------------------------------------------------------------------------------------|------|
| PATIENT PRINTED NAME | PATIENT SIGNATURE | DATE |
| • • | erefore, a minor. I am the parent or guardian of the ct the doctor to perform in his/her judgment any nec | |
| PARENT/GUARDIAN PRINTED NAME | PARENT/GUARDIAN SIGNATURE | DATE |

BALLANTYNE ADVANCED CHIROPRACTIC 8634-C Camfield Street Charlotte, NC 28277