



# SIMPSON

CHIROPRACTIC & WELLNESS

## Chiropractic Intake and History

### Patient Information

Patient Name: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Sex: M F Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

**Circle One:** Married Widowed Single  
Minor Separated Divorced Partnered

Employer/School: \_\_\_\_\_

Occupation: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Spouse's Occupation: \_\_\_\_\_

### EMERGENCY CONTACT

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Number: \_\_\_\_\_

How Did You Hear About Us? \_\_\_\_\_

### How Can We Help You?

Reason for visit? \_\_\_\_\_

What are your symptoms? \_\_\_\_\_

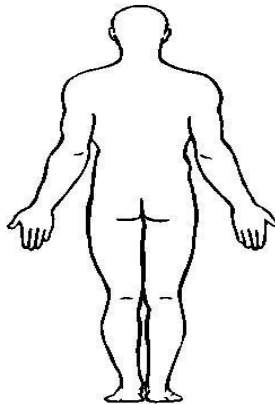
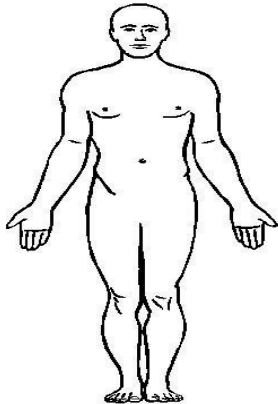
Is this condition getting progressively worse? \_\_\_\_\_

Rate the Severity of your pain. (Circle, 0 = no pain, 10 = worst) 0 1 2 3 4 5 6 7 8 9 10

What does it feel like? (Check all that apply)

- Sharp
- Numbness
- Aching
- Stabbing
- Other \_\_\_\_\_
- Dull
- Tingling
- Burning
- Shooting
- Throbbing
- Stiffness
- Cramping
- Swelling

Mark with an "X" on the images where you have pain/symptoms:

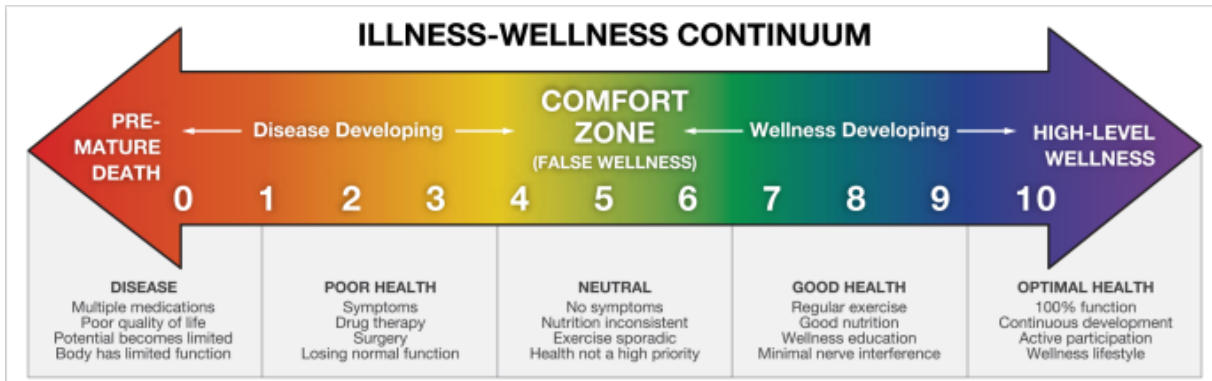


### Impact Of Your Symptoms

How does this condition interfere with your life? (Check all that apply)

- Work
- Exercise
- Recreation
- Relationships
- Sleep
- Self-Care
- Energy
- Attitude
- Productivity
- Other \_\_\_\_\_

# Patient Wellness Assessment



**On the diagram above:**

What number represents your current health today? \_\_\_\_\_  
 In what direction is your health currently heading? \_\_\_\_\_

What are your health goals?

SHORT TERM \_\_\_\_\_  
 LONG TERM \_\_\_\_\_

## Health and Illness History

Please check all conditions that you have currently or in the past:

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> AIDS/HIV         | <input type="checkbox"/> Circulation Issues         | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Scoliosis        |
| <input type="checkbox"/> Alcoholism       | <input type="checkbox"/> Depression                 | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Shoulder Issues  |
| <input type="checkbox"/> Anxiety          | <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Hip Issues          | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Digestive Issues           | <input type="checkbox"/> Immune Issues       | <input type="checkbox"/> TMJ (Jaw) Issues |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Elbow/Wrist/Hand Issues    | <input type="checkbox"/> Lymphatic Issues    | <input type="checkbox"/> Urinary Issues   |
| <input type="checkbox"/> Asthma/Allergies | <input type="checkbox"/> Endocrine Issues (Thyroid) | <input type="checkbox"/> Multiple Sclerosis  | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Back Pain        | <input type="checkbox"/> Foot/Ankle Issues          | <input type="checkbox"/> Neck Pain           | <input type="checkbox"/> Other _____      |
| <input type="checkbox"/> Cardiac Issues   | <input type="checkbox"/> Gout                       | <input type="checkbox"/> Reproductive Issues |   |

List all surgeries: \_\_\_\_\_  
 Have you had antibiotics? \_\_\_\_\_, if so, how long ago? \_\_\_\_\_

## Children and Pregnancy

How many children do you have? \_\_\_\_\_ Children's ages? \_\_\_\_\_  
 Children's health concerns? \_\_\_\_\_ Are you currently pregnant? \_\_\_\_\_  
 If currently pregnant, how many weeks? \_\_\_\_\_ How many past pregnancies? \_\_\_\_\_  
 Any concerns regarding this pregnancy? \_\_\_\_\_

## Medications and Supplements (Please list all)

Medications: \_\_\_\_\_  
 \_\_\_\_\_  
 Supplements: \_\_\_\_\_  
 \_\_\_\_\_