

FUNCTIONAL MEDICINE INTAKE FORM



PROFILE INFORMATION – STEP 1 OF 4

Please take a moment to fill out our intake form before you visit. All information is kept completely confidential.

Full Name: _____ Preferred Name: _____

Address: _____ Pronouns: _____

City: _____ Postal Code: _____

Home #: _____ Mobile #: _____

Email: _____ Age: _____ Birth-date: (M) (D) (Y) _____

Gender: _____ Sex: _____ Personal Health Number: _____

Refers to current gender which may be different than what is indicated on your insurance policies or medical record.

This field may be used for submitting claims to your insurance provider. Please ensure the sex you provide here matches what your insurance provider has on file or what is indicated on your medical record.

Emergency Contact (NAME): _____ Phone#: _____

Emergency Contact Relationship: _____ Guardian: _____

Family Doctor: _____ Family Doctor Phone (If Known): _____

Family Doctor Email (If Known): _____

Name of Referring Professional: _____ Referring Professional Phone (If Known): _____

Referring Professional Email (If Known): _____

How did you hear about us? _____

Who were you referred to? _____

CREDIT CARD INFORMATION – STEP 2 OF 4

Please provide the following credit card information to reserve your appointment time.

Card Number: _____ Date: (M) (D) (Y) _____

We accept Visa and MasterCard.

Name (as it appears) on Card: _____ Card CVV: _____

FUNCTIONAL MEDICINE INTAKE FORM



FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Chief Concern 1

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Chief Concern 2

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Chief Concern 3

Blank text area for Chief Concern 3.

Energy & Sleep

Blank text area for Energy & Sleep.

Stress & Mood

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FUNCTIONAL MEDICINE INTAKE FORM

FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Menstrual History (Female)

Diet & Digestion

Breakfast

AM Snack

Lunch

PM Snack

Dinner

Evening Snack

Beverages

Heartburn/Reflux?

Bloating?

Gas?

Abdominal Pain?

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FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Constipation?

Diarrhea?

Daily Bowel Movement

Other

Physical Activity

Personal Medical History

Date of Last Blood Work

Date of Last Physical (Including PAP)

Allergies

Medications

Supplements

Accidents/Injuries

Surgeries/Hospitalizations

Past Diagnoses/Conditions/Injuries

FUNCTIONAL MEDICINE INTAKE FORM

FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Smoking

Alcohol

Drugs

Family Medical History

Review of Systems

Headaches

Dizziness/Light-headedness/Fainting

Eyes (vision, dryness, itchiness, floaters/flashers, corrective lenses or surgery)

Ears (pain, discharge, hearing loss, ringing)

Mouth/Throat (tastes, difficulty swallowing, dryness)

Heart Palpitations

SOB

Cough (dry, wet, productive)

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FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Chest Pain (can you point to it?)

Numbness/Tingling in Hands

Numbness/Tingling in Feet

Pain (anywhere in body)

Skin (rashes, itchiness, acne)

Urination (does intake = output, blood, pain, difficulty)

Male Genitourinary (erectile difficulty, penile d/c, prostate pain or swelling)

Female Genitourinary (d/c, pelvic, pain, itchiness, redness)

Night Pain

Night Sweats

Weight Gain/Weight Loss

Health Goals

FUNCTIONAL MEDICINE INTAKE FORM

FUNCTIONAL MEDICINE INTAKE – STEP 3 OF 4

Objective

Assessment

Plan

Future Plan

Next section to be completed by Doctor

FUNCTIONAL MEDICINE INTAKE – CONSENTS – STEP 4 OF 4

Communication

Appointment Notifications and Reminders

Email

You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.

- I would like email notifications of new, canceled, and rescheduled appointments
- Email 24 hours before appointment

Text Message

Standard messaging & data rates may apply, messaging frequency can vary and you can update your preferences anytime.

- Text Message (SMS) 2 days before appointment
- Text Message (SMS) 2 hours before appointment

News & Special Promotions

- Yes, I would like to receive news and special promotions by email

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FUNCTIONAL MEDICINE INTAKE – CONSENTS – STEP 4 OF 4

Accuracy of Information

I certify that the above medical information is correct to my knowledge. – *Required*

Privacy and Sharing of Information

I authorize the clinic and its associated health professionals to collect my personal and medical information as documented above. In addition, I authorize the clinic and its associated health professionals to communicate with my family doctor and/or referring doctor as deemed necessary for my beneficial treatment. I also understand that my personal and medical information is confidential and will only be disclosed to third parties with my permission.

I agree. – *Required*

Cancellation Policy

Your appointment time is reserved just for you. A late cancellation or missed visit leaves a hole in the therapists' day that could have been filled by another patient. As such, we require 24 hours notice for any cancellations or changes to your appointment. Patients who provide less than 24 hours notice, or miss their appointment, will be charged a cancellation fee to the card on file.

I am aware of the cancellation policy. – *Required*