

Dinner With The Doc!

Monday, March 27th at 6:30pm



At El Sur Mexican Restaurant

5602 E 22nd Tucson, AZ 85711

Cross streets: Craycroft and 22nd St

If you don't have your health, what DO you have? More than ever, your health is likely at the forefront of your mind.

You're not alone in this!

As we all navigate unprecedented times, how do you physically and mentally handle the stress so that you can get healthy and stay that way? What are the most effective proactive choices to keep your health, and stay sane? We will be covering this and more.

Come join us for a meal and to discover how you can manage the stress and stay healthy.

Any Active Practice Member who attends the dinner will receive one Star that goes toward the 5-Star Program! When you refer a guest that attends the dinner, you will receive a Raffle Ticket for a great prize!