



PERSONAL and HEALTH INFORMATION - 1

Patient Name: \_\_\_\_\_ Patient Number: \_\_\_\_\_ Date: \_\_\_\_\_  
(Day/Month/Year)

How would you like to be addressed? \_\_\_\_\_

Home Address: \_\_\_\_\_  
No./ Street/Apt No./ City / Province/Country/ Postal Code

Phone: (Home): \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_ Email: \_\_\_\_\_

May we enroll you in our monthly Newsletter? \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male  Female  Other   
Day/Month/Year

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced/Separated \_\_\_\_\_ Widowed \_\_\_\_\_ No. of children: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
Name Phone

How did you hear about Dr. Paul Taillefer? \_\_\_\_\_

Family Doctor: \_\_\_\_\_  
Name Phone Address

Date of last physical or visit to medical doctor (Day\Month\Year): \_\_\_\_\_

Date of last dental exam (Day\Month\Year): \_\_\_\_\_

Extended Coverage: Yes \_\_\_\_\_ No \_\_\_\_\_ Specify: \_\_\_\_\_  
(eg. Blue Cross, Great West Life, SunLife, GSM, etc.)

**Chief Complaint** / Purpose of this Visit:

What is your goal in seeking chiropractic care with Dr. Paul ?

Is this a: (Place a ✓ for all that apply):  
 Worker's Safety and Insurance Board (WSIB) Case

Date of accident \_\_\_\_\_ WSIB Claim No. \_\_\_\_\_ Have you made a report of your accident to your Employer? \_\_\_\_\_

Motor Vehicle Accident (MVA) Date of accident \_\_\_\_\_ MVA Claim No. \_\_\_\_\_  
Have you contacted your Insurance Company? \_\_\_\_\_



**Have you ever been to a chiropractor before?** Yes \_\_\_\_\_ Date of last visit: \_\_\_\_\_ No \_\_\_\_\_

If Yes, for what condition(s)? \_\_\_\_\_

Reason for Leaving: \_\_\_\_\_

What was the result of your previous chiropractic treatment? \_\_\_\_\_

**Were medical imaging tests done** (X-rays, ultrasound, CT scan, MRI, etc) ? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, on which body part(s)? \_\_\_\_\_

When was your last medical imaging test done (X-rays, ultrasound, CT scan, MRI, etc. )? \_\_\_\_\_  
(Day\Month\Year)

Please list any *current or previous* significant **injury**, illness, **surgery**, accidents, falls, **trauma**, **fracture**, **car accidents**, **hospitalization**, **infections**, or other:

Date (dd/mm/yy)	

Please list any current or previous **medical conditions** and **treatments**:

Please list any **medications** , **vitamins** / **natural health products** that you are taking or have taken previously:

I, the undersigned, declare that the above information is correct and has been submitted to the best of my knowledge.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Doctor Signature

\_\_\_\_\_  
Date

Patient Number: \_\_\_\_\_

## PAIN DIAGRAM

On the diagrams below mark where you are experiencing pain, right now. Use the letters below to indicate the type and location off your sensations.

Key: A-ACHE

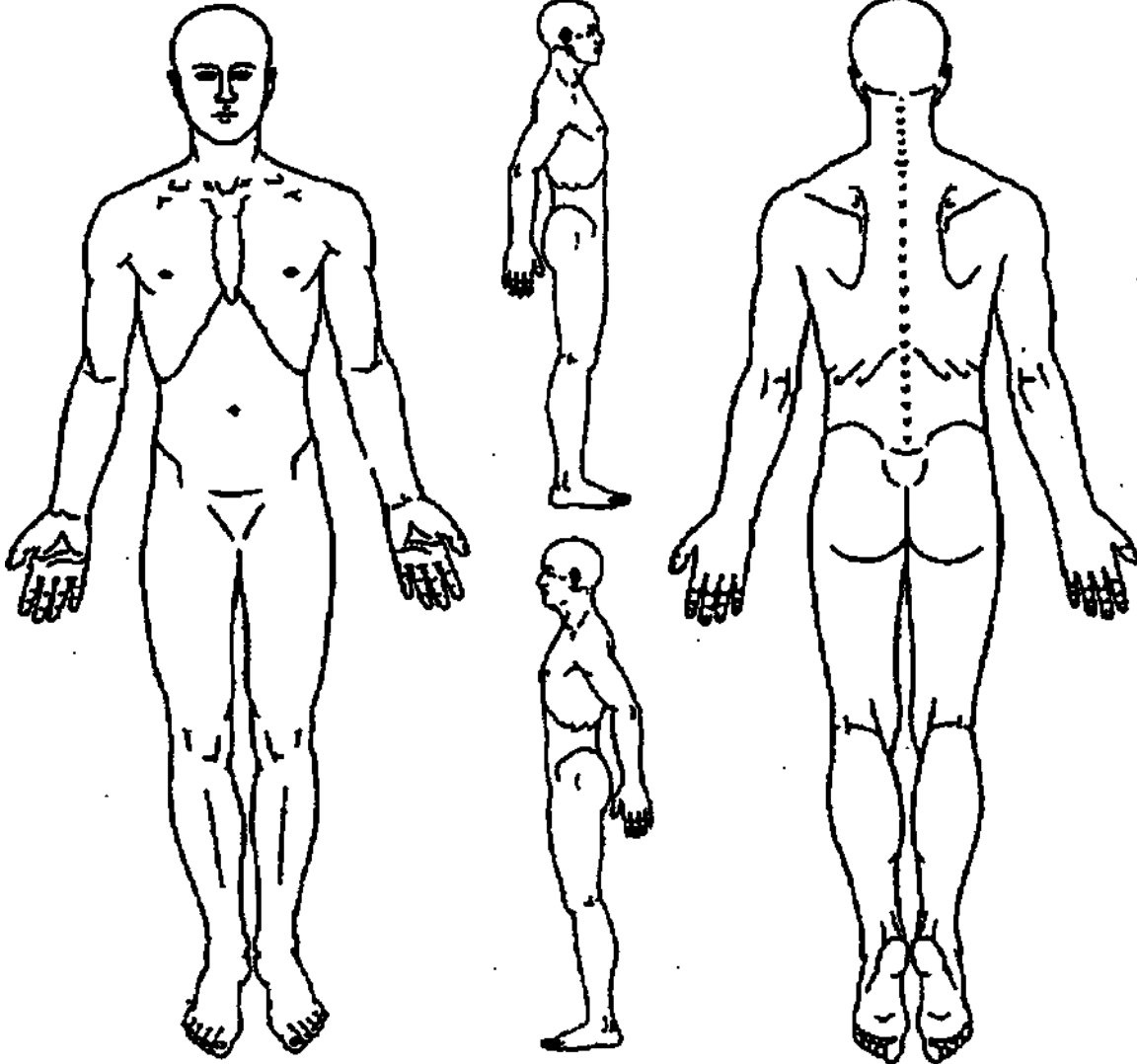
P-PINS & NEEDLES

B-BURNING

S-STABBING

N-NUMBNESS

O - OTHER



For Clinic Use Only: Patient Number: \_\_\_\_\_



Is there anything associated with the onset of this condition? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, please explain. \_\_\_\_\_

When did this condition begin (onset)? \_\_\_\_\_

How long does it last (duration)? \_\_\_\_\_

Does it come and go? \_\_\_\_\_ If Yes, how often (frequency)? \_\_\_\_\_

Does the pain travel to your arms/hands or legs/feet (radiation)? Yes \_\_\_\_\_ No \_\_\_\_\_

Does it hurt to cough, sneeze, strain or laugh (Valsalva)? Yes \_\_\_\_\_ No \_\_\_\_\_

What makes the pain worse (aggravating)? \_\_\_\_\_

What decreases the pain (relieving)? \_\_\_\_\_

Have you had this condition before? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, what was the outcome? \_\_\_\_\_

Have you had any previous treatment for this particular condition? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, what was the outcome? \_\_\_\_\_

Since your condition started, please place a ✓ if the condition is: Same \_\_\_\_\_ Better \_\_\_\_\_ Worse \_\_\_\_\_

Do you have any other bone, joint or muscle problems? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, please explain \_\_\_\_\_

**ACTIVITIES DISCOMFORT SCALE**

For each of the following activities, please place a checkmark ✓ in the column that best describes how much pain the activity presently causes, on the average (does not include unusual or prolonged activity):

	0	1	2	3	4
Activity	Doesn't Hurt	Hurts a Little	Hurts Very Much	Almost Unbearable	Unbearable
Walking					
Sitting					
Bending					
Standing					
Sleeping					
Lifting					
Running or Jogging					
Climbing Stairs					
Carrying					
Pushing or Pulling					
Driving					
Dressing					
Reading					
Watching TV					
Household Chores					
Gardening					
Sports					
Employment					
Other					
Totals					

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SCORE: \_\_\_\_\_

Patient Number: \_\_\_\_\_



**PRESENT HEALTH:** Are you presently affected by any of the following? (within past 6 months)

**O – OCCASIONAL** (Once in 6 months)    **F – FREQUENT** (Monthly or weekly)    **C – CONSTANT** (Daily)

Muscle and Joint	O	F	C
Back Pain			
Neck Pain			
Painful Tailbone			
Foot Trouble			
Shoulder Pain			
Hernia			
Spinal Curvature			
Faulty Posture			
Arthritis			
Elbow			
Wrist			
Hip			
Knee			
Ankle			
Other			
GENERAL	O	F	C
Fever/Chills/Sweat			
Fainting			
Convulsions			
Allergy			
Skin Problems			
Colds			
Tremors			
Loss of Balance			
Osteoporosis			
Unintended Weight Loss			
URINARY	O	F	C
Painful Urination			
Getting up at night to urinate			
Increased Urination			
Blood in Urine			
Kidney / Bladder Infections			
Prostate Trouble			

GASTROINTESTINAL	O	F	C
Difficult Digestion			
Belching or Gas			
Nausea or Vomiting			
Pain Over Stomach			
Constipation			
Colon Trouble			
Liver Trouble			
Gall Bladder Trouble			
Heartburn			
Diarrhea			
Bloody Stool			
Irritable Bowel			
STRESS	O	F	C
Headache / Migraine			
Dizziness			
Numbness, pins, needles to extremities			
ringing in Ears			
Loss of Sleep			
Loss of Concentration / Memory			
Irritability / Nervousness			
Depression			
Decreased Energy / Fatigue			
Tension			
RESPIRATORY	O	F	C
Chronic Cough			
Spitting up Phlegm / Blood			
Chest Pain			
Difficulty Breathing			
Bronchitis			

CARDIOVASCULAR	O	F	C
Rapid Heart Beat			
Slow Heart Beat			
High Blood Pressure			
Low Blood Pressure			
Pain Over Heart			
Swelling of Ankles			
	Yes	No	
Heart Disease			
Previous Heart Attack			
Poor Circulation			
Previous Stroke			
Angina			
High Cholesterol			
Past Heart Surgery			
FEMALES ONLY			
Painful Menstruation			
Excessive Flow			
Irregular Flow			
Cramps or Backache			
Abnormal Discharge			
Post Menopausal			
Are you Pregnant ?			
Birth Control Pill			
Miscarriages			
If yes, # of miscarriages			
Date of Last Menstrual Period	M	D	Y
EYES, EARS, NOSE, THROAT	O	F	C
Hearing Loss			
Earache			
Sore Throat			
Tonsillitis			
Sinus Trouble			
Visual Disturbances			

PAST HEALTH: Have you ever suffered from any of the following conditions?	Yes	No		Yes	No
Thyroid Nodule			Stomach Ulcers		
Diabetes			Emotional Problems		
Allergies			Epileptic Seizures		
Unusual Bleeding			Asthma		
Tuberculosis			Cancer		
Pneumonia			Polio		
Infectious Skin Conditions			Psoriasis		
Alcohol Use Disorder			Venereal Disease		
Hepatitis			HIV		

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