

# ---JOIN US---

## GUT HEALTH WORKSHOP

HEALTHYWAYS WELLNESS  
Tuesday April 18 6pm

Call to Schedule

healthyways (724)444-6644

integrated wellness solutions

Guests are welcome to attend!

Do you or anyone in your family have any of these issues:

- Abdominal Pain
- Constipation
- Acid Reflux
- Frequent Colds & Flu
- Indigestion
- Crohn's
- Concussions
- SIBO
- Bloating
- Diarrhea
- Rheumatoid
- Strep
- GERD
- Colitis
- Depression

Come learn how everything is connected to the gut & how we may be able to help!

### Featured Presenter:



**Mike Gallagher** is a certified life-style educator and consultant that has been in the nutritional industry for over 28 years. Mike is looking forward to discuss your gut health and Nutritional Frontiers, a research and science based company located in Pittsburgh, PA.



**NUTRITIONAL  
FRONTIERS™**

Making the world healthy

# FEELING LUCKY?



Pick a **Golden Coin** with each appointment

**MARCH 13th - 18th**

you might just be **LUCKY** enough to **WIN A PRIZE!**



*All it takes is a little Irish Luck!*



5.0 ★★★★★ 340 reviews ⓘ

Most relevant

Newest

Highest

Lowest

**Thank you for Jon for your Google Review! We are thrilled to hear how HealthyWays has helped you!**



jon s

Local Guide · 34 reviews

★★★★★ a week ago **NEW**

Dr. Joe and the whole staff are excellent! I went to them with no idea what was wrong with me and never being to a chiropractor my whole life (27 years.) After x-rays and discovering my disc issue I was having a plan was established for me that involved more than just chiropractic work but also in house therapy and other treatments. I'm now a firm believer in what a chiropractor can do for a person.

 Like



# GET CLEAN! GET LEAN!

**MARCH SPECIAL**  
**CLEAN & LEAN KIT**  
**TRILEAN FORTE**  
**RMR TEST**

**A MONTH of our MOBILE  
CALORIE TRACKING APP  
& MEAL PLANNING!**

*only*  
**\$299**

  
**healthyways**  
integrated wellness solutions

# Patient of the Month



Congratulations to Jennifer L. March's Patient of the Month! Jennifer will receive a Gift Certificate to our office as well as a Restaurant Gift Certificate to thank her for being an exemplary patient!

Look for your name here in coming month!

## Welcome New Patients

Ryan J.	Cindy L.	Maggie S.
Austin M.	Jenny M.	Joyce C.
Jackson H.	Gale A.	Megan V.
Mia F.	Ashley O.	Craig W

*Thank you for your referrals...*

Amanda J.	Ronald V.	Tracy S.
Brian S.	Matt H.	Bob A.
	Jenny M.	Ray P.
		Phillip B.



# SHOCKWAVE THERAPY

Is designed to activate connective tissue from the surface level to difficult-to-reach areas addressing pain and inflammation in orthopaedic conditions.



Now Scheduling for Shockwave Therapy!

**YOUR FIRST SHOCKWAVE TREATMENT IS COMPLIMENTARY!**

Experience the healing benefits of ShockWave



# CONGRATULATIONS

**Brian S.**

won our Basket  
of Love for  
their referral to  
HealthyWays  
in February!

We truly  
appreciate  
everyone's new  
patient  
referrals!



We **LOVE**  
our  
practice  
family!

