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Care Instructions for Implant Retained Dentures and Partial Dentures

Your implant-retained denture is made from the finest materials available today. In order to protect your investment, it is important to provide good home care for both the denture and the implants.

- When possible after meals, remove the denture and clean it thoroughly using a denture brush and a non-abrasive denture cleanser.
- Brush the implants with a toothbrush and toothpaste at least once a day. Plaque can build up on the implants and dentures just as it does on your teeth. Daily removal of this biofilm is critical for good oral health and to prevent odors.
- It is advisable to leave the dentures out at night to give the tissues a rest from being covered.
- Soak the dentures in a denture bath with clean water and a cleansing tablet. If there is tartar build up on denture you can also soak them in white vinegar then brush off the tartar.
- Always rinse the dentures thoroughly after soaking and brushing prior to reinsertion into the mouth.
- The retaining o-rings generally will last about 6 months before they wear out. It is important to return for implant maintenance every 6 months or if the denture begins to get loose. At this appointment, we will check and clean the implants, replace the retention rings and the dentures will be ultrasonically cleaned as well. Ultrasonic cleaning helps to remove stains and odors and usually only takes a few minutes. Coffee and tobacco stains require more time to remove.
- Never soak the dentures in bleach. This is harmful to the denture material and o-rings.