

WHO SHOULD GO TO A CHIROPRACTOR?

It often depends on who you ask. For example, if you asked a person who was relieved of migraines she'd say, "Anyone with migraines would see a Doctor of Chiropractic". A child who no longer wets his bed may say, "Chiropractic is for bed- wetting." "Anyone with menstrual problems should go", says a woman who suffered from menstrual cramps. Someone saved from back or disk surgery would say Chiropractic is for people with spine, back or neck problems.

But those are limited views because there are case histories of people recovering from nearly every known disease and condition under Chiropractic care: heart trouble, hyperactivity, ear infections, fatigue, allergy, digestive problems, colds, flu and hundreds of other conditions. Spinal problems may actually produce pain elsewhere in the body, known as referred pain. A good example of referred pain is the arm pain felt by a person experiencing a heart attack

The brain- body system is complex and uses many overlapping pathways for pain, so that pain referred to another area is quite common. We treat many cases of referred pain which were originally based in a spinal problem.

<u>WHY?</u>

The goal of Chiropractic is to awaken your own natural healing ability by correcting the vertebral Subluxation complex (subluxations or spinal nerve stress), a serious blockage to your health and energy. Correcting the nerve interference promotes vitality, strength and health. It is important to treat your body like a fully functioning machine that requires routine maintenance. Therefore whether you are a businessman, athlete, movie star, mother, father, teacher, toddler, whoever you need your spine checked for nerve interference.

Many people seek medical care to relieve pain with drugs, rather than to foster a health-supporting lifestyle. To achieve total wellness, we must take personal ownership of our health through education and practical application of nutrition, exercise, and chiropractic care.



For more Information, please visit our website at : <u>www.cheshirechiropractic.com</u> or call us at <u>(203) 272 3239</u>