

# Chiropractic and Pediatrics

Every baby needs to have a healthy spinal column. The spine is the framework that will support your child throughout his or her growing years and adulthood. Studies have shown that newborn infants often enter the world with spinal trauma and stress due to the birth process.

Even under the best conditions, birthing can be difficult for the infant who has spent nine months cradled in the dark, warm womb. It is very important to have your infant checked by a chiropractor shortly after his or her birth to be certain that there is not any nerve interference or spinal problems. Periodic checks should continue throughout your child's lifetime.

Scientists are still learning how to accurately assess the damage to infants. They do know that a forced pull on the neck during delivery can cause a subluxation that might cause damage, too slight to be noticed immediately. But eventually it might cause some form of dysfunction including but not limited to pain, scoliosis, earaches, or colic.

One of the greatest gifts you can give your newborn is a complete spinal examination by a doctor of chiropractic. Chiropractors feel strongly that the entire family can benefit by having spinal checkups. The children who have been under regular chiropractic care are sick less often and less severely. They rarely miss days from school. Recent studies have also shown that they have fewer emotional and learning disabilities and other neurological problems connected with childhood. In 1989, a study compared the patients of two hundred pediatricians with two hundred children who had been under the care of chiropractors. Not only was the overall health of the chiropractic children superior to those who had known only medical treatment but they also had fewer ear infections, fewer allergies, lower incidence of tonsillitis and less need to be given antibiotic therapy.