

What Are Researchers and the News Telling Us About Painkillers?

"Vioxx plaintiff gets \$13.5 million in damages"

April 12, 2006 AP/MSNBC

"Celebrex Doubles Heart Attack Risks"

MSNBC/BBC News March 1, 2006 BBC News March 1, 2006

"Colon, Kidney, and Liver Damage Linked To Tylenol, Aspirin, and Advil Use"

Arch Fam Med. May 1998;7:255-260

"Warning: Taking Bextra May Harm Your Health"

USA Today December 9, 2004

"Painkillers Increase Risk of Miscarriage"

Pediatrics Vol. 107 No. 3 March 2001, pp. 519- 523

"Painkillers Inhibit Bone Healing"

Journal of the American Academy of Orthopaedic Surgeons May-June 2004;12 (3): 139

"Aspirin and Other NSAIDs Put Newborns at Risk"

Toronto Star May 28, 2004

Painkillers (NSAIDs) included in these studies: Vioxx, Bextra, Aspirin, Advil, Ibuprofen, Aleve, Nuprin, Aspirin, Tylenol, and many others. The risks pointed out in these studies include, but are not limited to:

- **Heart attack, stroke, and up to five times more likelihood of death**
- **Blood clots in the lung and deep vein thrombosis (blood clots in the leg)**
- **Leading causes of liver and kidney failure**
- **Mental/ emotional effects of toxicity**
- **Decreased immunity leading to infections and cancers**
- **Miscarriage and birth defects**
- **Bone defects**

As a chiropractor, I have a great deal of compassion for people's pain. Particularly if that pain is associated with subluxation. Subluxation affects the entire nervous system causing not only pain, but organ malfunction, disease, poor quality of life, and/or early death. Unfortunately, any time you take any drug, there are negative consequences typically much greater than the condition itself. The sad part in the case of NSAIDs is that these types of drugs are not keeping someone alive, but can kill them, and there are so many healthier alternatives - most importantly Chiropractic care. If you know anyone that you care even 1% about who's taking any sort of painkiller at all, have them call us immediately!

Just another way that Chiropractic can save the world!!