

# Life Exercises

- Every so often push your luck
- Never underestimate the power of a kind word or deed
  - Never give up on anybody; miracles happen every day
- Become the most positive and enthusiastic person you know
  - Learn to listen
    - Think big thoughts but relish small pleasures
- Don't expect others to listen to your advice and ignore your example
  - Opportunity sometimes knocks softly
    - Leave everything a little better than you found it
- Don't forget a persons greatest emotional need is to feel appreciated
  - Never waste an opportunity to tell someone you love him/her
    - Treat everyone you meet like you want to be treated
      - Make new friends but cherish the old ones
  - Don't use time or words carelessly; neither can be retrieved
  - Judge your success by the degree that you're enjoying peace, health and love
    - Smile a lot; it costs nothing and is beyond price

