## THE BENEFITS OF BEING UNDER CHIROPRACTIC CARE

- Have less pain
- Removes nerve pressure
- You have more energy
- Prevents arthritis
- Gives you better posture and better attitude
- Allows you to have more movement in your spine
- You have less stress in your life/ adaptation
- It increases the blood flow to your head and brain, improves brain power!!
- Allows you to reach full potential of health
- Teaches you how to listen to your body
- You are more coordinated/ your balance is improved
- Your body operates in harmony/ coordination
- Improves your outlook on life
- The relationship with your spouse is better
- You children are much calmer after their adjustment
- You are building a stronger body and new cells
- You will stay healthier
- We correct the cause of the problem
- You're building a higher resistance to disease
- You are boosting the immune system with every adjustment
- Can perform the things you want to do that you couldn't before
- Allows you better concentration on your daily activities
- Stops decay in your spine and in many, reverse degeneration
- You live longer with quality
- Chiropractic relieves stress and you feel younger
- More focused on your health/ live a more active lifestyle
- More appreciation for your body
- Your body is in harmony with itself
- You become more relaxed when your spine is inline
- You can work harder and make more money
- You see less of your M.D.!
- Better organ function after every adjustment
- You become more flexible
- You feel and stay more active throughout your life
- Better concentration for personal discipline
- Helps to get blood pressure under control
- Increases cardiovascular output
- Less chance of infection/ higher resistance
- Helps build stronger self esteem
- Your outlook on life is more positive
- You are more in tune with your five senses
- No drugs involved, all natural method
- Prevents getting scoliosis
- Helps control PMS symptoms/ menopausal "power-surges"

**ANY QUESTIONS?**