

# TOP 4 Reasons to Have Wellness presentations at your next meeting

- 1 Reduce Healthcare costs by 20-55%
- 2 Decrease Workers Compensation and disability claims by as much as 30%
- 3 Decrease short term sick leave by up to 32%
- 4 Enhance Recruitment and Retention for all positions

**We would love to partner with you to provide a FREE HEALTH WORKSHOP for your employees on any of the following topics:**

YOUR STRESS IS KILLING YOU: 3 WAYS TO OUTSMART IT!

**DECODING THE DIABETES DILEMMA: OVERCOMING BLOOD SUGAR CHALLENGES**

EXHAUSTED? BOOST YOUR ENERGY & PRODUCTIVITY BY 139% in 30 DAYS

**SITTING IS THE NEW SMOKING: HOW TO BE FIT WHILE YOU SIT**

BRAIN HEALTH 101: HOW TO PROTECT & MAXIMIZE YOUR BRAIN HEALTH

**PERFORMANCE 101: PRODUCE & ACHIEVE MORE WITH THESE 5 SIMPLE STRATEGIES**

## Meet the Doctor



Dr. Lance Brisky

Wisconsin born, Dr. Lance spent his early career years in Iowa and the Twin Cities but is happily back home now and excited to get out into the Portage Community to start spreading hope and healing!

To schedule a wellness presentation at your business, email us at: [coa@blauchiropractic.com](mailto:coa@blauchiropractic.com)