

The most dangerous thoughts about your health

Stop! Find out WHY

Maybe it will go away.

Are you willing to take that chance?

It comes and goes.

Why wait until it becomes a constant problem?

It's not that bad?

Compared to what?

It only hurts when I....

Does a tooth cavity hurt when you have something cold?

I know what my problem is

What are you doing about it?

I was told I've got to live with it, so I do.

Have you explored all your options?

My doctor couldn't find anything wrong!

Isn't it time for a different approach?

I've been this way for years, Why change now?

Doesn't your body deserve a chance?

I don't want to know!

Do you realise what you don't know can harm you?

It's because of my age!

Are you aware that the human body has the capacity to last for 130 years?

I don't have any symptoms.

Did you know that the first symptom in over 60% of heart disease cases is a heart attack?

You are given only one body

Think smart

Take care of it!