## EXOMIND: Food Cravings

ExoTMS Technology and DLPFC Modulation for Reducing Food Cravings

Assoc. Prof. Monika Klírová, M.D., Ph.D1

1. National Institute of Mental Health, Czechia

## Highlights

- 23 patients (23-71 years, BMI 18.8-42.6 kg/m²) seeking healthier eating habits recieved 4-6 ExoTMS sessions
- The validated Food Cravings Questionnaire Trait (FCQ-T) was used for the evaluation, which showed a 36% reduction at 1-month follow-up
- 78% of patients had lost weight at 1-month follow-up
- 87% of patients found therapies comfortable and were satisfied with the outcomes

5.07 lbs

Avg. Weight loss at 1-month follow-up

100%

Patients reduced food cravings at 1-month follow-up

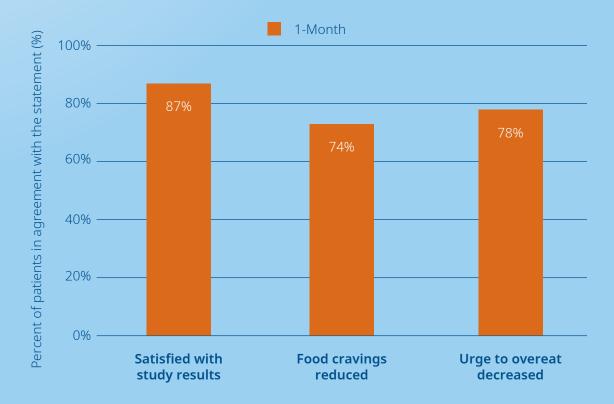


Figure 1: The satisfaction questionnaire indicated high levels of satisfaction, with a peak observed at 1-month