



# MIDWEST SPORT AND SPINE

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[www.midwestsportandspinecenter.com](http://www.midwestsportandspinecenter.com)

Chiropractic                       Physical Therapy                       Chiropractic and PT

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Referred By: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Precautions / Contraindications: \_\_\_\_\_

Evaluate and Treat

### Modalities

- At providers discretion
- AlterG
- Electrical Stimulation
- GameReady
- Low Level Laser Therapy (Cold Laser)
- Mechanical Traction
- NormaTec
- Orthotics
- Spinal Decompression
- Taping
- ThermoStim
- Ultrasound
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Therapeutic Exercise

- At providers discretion
- Body Mechanics
- Gait Training
- Home Exercises
- Manual Therapy / IASTM
- Massage
- Neuromuscular Re-education
- Postural Instruction
- Range of Motion
- Strengthening
- Stretching
- Vertigo
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Manipulation

- Cervical
- Thoracic
- Lumbar / Sacrum
- Extremity

### Comments

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that this patient is under my care and the above treatment is medically necessary

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_