

Back Injury Prevention Program

Dr. Jessica Tagliarini can provide your company with a customized Back Injury Prevention Program. Investing in a customized plan is the best investment you will ever make with your Corporate Wellness Budget.

What you get for your investment:

- **30 minute Zoom Planning Meeting** with owner and/or management to discuss your company's needs, select applicable modules and select a date
- **Up to 1.5 hour On-site Assessment walk through** with management
- **4 Customized Modules** (approximately 15 minutes each) will be prepared
- Modules will be presented via Zoom at the designated date and time and can be recorded for future use

| Investment | # of Employees |
|------------|----------------|
| \$750 | Up to 10 |
| \$1000 | 11-50 |
| \$1500 | 51-100 |
| \$2500 | 100+ |

Back pain is the leading cause of workplace injury claims and job-related disability claims. Understanding what causes back pain at work and what you can do to prevent it is key.

- Back pain is one of the top causes of missed work.
- Back pain leads to loss of productivity, decision making, motivation and revenue.
- Back pain is third most common reason for doctor visits.
- According to the Centers for Disease Control and Prevention (CDC), back pain costs employers \$1,685 per employee every year.
- Back injuries lead to increases in Workers' Compensation and Health Insurance group policy rates.
- Many Workers' Compensation insurance companies will provide a discount for companies that have provided their employees with a back injury prevention program.
- Many health insurance companies will provide a refund of dividends or limit rate increases when usage rates are lower than average.



What clients are saying about our services

*The program Dr. Jessica developed was a great success!
These workshops fit perfectly with our goals.*

– STACEY J. LOMBARDO,
PRESIDENT & FOUNDER OF INFOSHRED

*Dr. Jessica goes above and beyond to provide customized
content to fit the clients' needs and presents relevant and easy
to understand information to help employees with their overall
well-being.*

– ROBIN FOWLER
VICE PRESIDENT OF WENTWORTH, DEANGELIS & KAUFMAN

*The information you provided, and the manner in which you
delivered it, was fantastic! I highly recommend your presentation
to anyone in charge of the health and safety of their employees.*

– CAPTAIN ERIC ROCHELEAU
WEST HARTFORD POLICE DEPARTMENT

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CHIROPRACTIC

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