

# Patient Introduction Card

Today's Date \_\_\_\_\_

Account # \_\_\_\_\_

Full Legal Name \_\_\_\_\_ Prefer To Be Called \_\_\_\_\_

Home Address \_\_\_\_\_ Occupation \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Employer \_\_\_\_\_

Home Phone \_\_\_\_\_ Name of Insurance Co \_\_\_\_\_

Cell Phone \_\_\_\_\_ Policy Holder Name \_\_\_\_\_

Work Phone \_\_\_\_\_ Policy Holder Date of Birth \_\_\_\_\_

Email \_\_\_\_\_ Primary Care Doctor \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Previous Chiropractic Care? ☐ YES ☐ NO

☐ Married ☐ Single ☐ Other \_\_\_\_\_ Major Complaint Today \_\_\_\_\_

Preferred method of contact for appointment reminders ☐ Text ☐ Email ☐ Either is fine

Who (or what source) referred you to our office? \_\_\_\_\_

*It is Usual and Customary to Pay for Services as Rendered Unless Otherwise Arranged*

# Automobile Accident Questionnaire

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of the accident: \_\_\_\_\_ You were: ☐ Driver ☐ Front Seat ☐ Passenger Back Seat

You : ☐ Struck another vehicle ☐ Struck by another vehicle ☐ Was struck by and caused to strike another vehicle

Where was the impact to your vehicle? ☐ Behind ☐ Front ☐ Left Side ☐ Right Side

Were you wearing a seatbelt? ☐ Yes ☐ No Did you see it coming (braced for impact)? ☐ Yes ☐ No

At the time of impact your vehicle was: ☐ Stopped ☐ In motion Was the car totaled? ☐ Yes ☐ No

Was there anyone else in your vehicle? ☐ Yes ☐ No Was anyone else injured? ☐ Yes ☐ No

At the time of impact you were: ☐ Head faced forward ☐ Head turned left ☐ Head turned right

Did any part of your body hit any part of the car during impact? ☐ Yes ☐ No

If so which body part: \_\_\_\_\_ What part of the car did it hit? \_\_\_\_\_

Did you feel pain immediately after the impact? ☐ Yes ☐ No If so, where was your pain: \_\_\_\_\_

Were you taken to the hospital: ☐ Yes ☐ No Hospital: \_\_\_\_\_

Were any X-Rays taken? ☐ Yes ☐ No Treatment received: \_\_\_\_\_

Have you missed any work as a result of the accident? ☐ Yes ☐ No If so, number of days missed? \_\_\_\_\_

Were you working when this accident happened? ☐ Yes ☐ No If so, has a worker's Comp claim been filed? ☐ Yes ☐ No

Have you retained an attorney? ☐ Yes ☐ No ☐ Not yet

If an attorney has been retained, please provide us with their name, full address and phone number:

**STATE** where the accident occurred: \_\_\_\_\_

Name of the driver of the **other** vehicle: \_\_\_\_\_

Auto Insurance company name : \_\_\_\_\_ Policy # \_\_\_\_\_

Claim adjustor name: \_\_\_\_\_ Claim # \_\_\_\_\_

Phone # \_\_\_\_\_

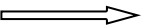
Name of the driver of the car **you were** in: \_\_\_\_\_

Auto Insurance company name: \_\_\_\_\_ Policy # \_\_\_\_\_

Is there **Med Pay** on this policy? \_\_\_\_\_ Amount \$ \_\_\_\_\_

Claim adjustor name: \_\_\_\_\_ Claim # \_\_\_\_\_

Phone # \_\_\_\_\_

Were the police notified: ☐ Yes ☐ No  If so please provide us with a copy of the report.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Patient Health Questionnaire

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

1. What are your current symptoms (List the worst one first):

---

---

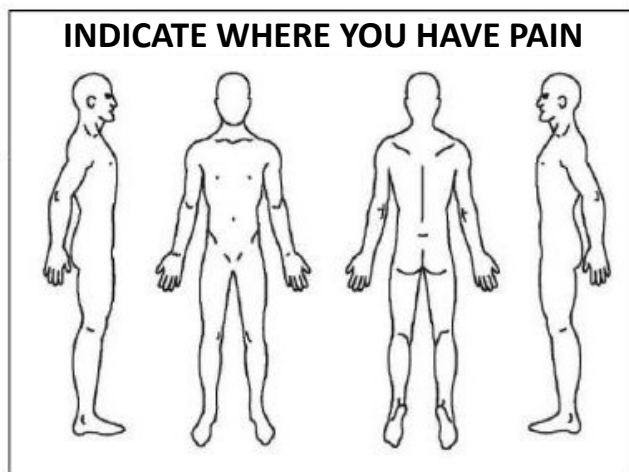
---

---

2. How long have you had your main symptom?

This episode: \_\_\_\_\_

First episode EVER: \_\_\_\_\_



3. How often are your symptoms present?

- ☐ Occasional (0-25%) ☐ Frequent (50-75%)  
☐ Intermittent (25-50%) ☐ Constant (75-100%)

4. What do you feel caused your symptoms?

- ☐ Car Accident ☐ Fall ☐ Sports Injury ☐ Lifting  
☐ Work ☐ Posture ☐ Other \_\_\_\_\_

5 What have you tried for your current complaint?

- ☐ Nothing ☐ Advil / Tylenol / Aleve (CIRCLE) ☐ Chiropractic Care ☐ Yoga  
☐ Prescription Pain Meds ☐ Injections ☐ Acupuncture ☐ CBD  
☐ Muscle Relaxer ☐ Massage Therapy ☐ Physical Therapy ☐ New Mattress / Pillow (CIRCLE)  
☐ Ice / Heat (CIRCLE) ☐ Foam roller ☐ Stretching ☐ \_\_\_\_\_

6. Who else have you seen for your current symptoms?

- ☐ No One ☐ Medical Doctor / PCP ☐ Neurologist ☐ Acupuncturist  
☐ This Office ☐ OBGYN / Midwife ☐ Physical Therapist ☐ OTHER \_\_\_\_\_  
☐ Other Chiropractor ☐ Orthopedic Doctor ☐ Massage Therapist

7. What tests have you had for your symptoms?

- ☐ None ☐ MRI date: \_\_\_\_\_  
☐ X-rays date : \_\_\_\_\_ ☐ CT Scan date: \_\_\_\_\_

8. What activities make your symptoms better?

- ☐ Ice ☐ Rest ☐ Sitting ☐ Medication  
☐ Heat ☐ Activity ☐ Standing ☐ \_\_\_\_\_

9. What activities make your symptoms worse?

- ☐ Ice ☐ Rest ☐ Sitting ☐ Medication  
☐ Heat ☐ Activity ☐ Standing ☐ \_\_\_\_\_

10. What describes the nature of your symptoms?

- ☐ Dull ☐ Aching ☐ Numb ☐ Burning ☐ Tight / Stiff  
☐ Sharp with movement ☐ Shooting ☐ Tingling ☐ Sore

11. Do your symptoms radiate (travel)? ☐ Yes ☐ No If yes, to what part of your body? \_\_\_\_\_

12. What is the severity of your symptoms (CIRCLE the range)? 0 1 2 3 4 5 6 7 8 9 10

13.What activities are affected by your symptoms?

- ☐ Work/School (CIRCLE) ☐ Exercise ☐ Driving/Riding in Car (CIRCLE) ☐ House Work ☐ Mood  
☐ Getting dressed ☐ Running ☐ Caring for Children ☐ Yard Work ☐ Focus  
☐ Sleeping ☐ Walking ☐ Going up / down stairs ☐ Bathing ☐ \_\_\_\_\_

14. Have your symptoms been getting...

- ☐ Better ☐ Worse ☐ Staying the same

**Please check any condition below that you had in the past or have currently...**

**16. 17.**

**PAST PRESENT**

- |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Migraines                |
| <input type="checkbox"/> | <input type="checkbox"/> | Headaches                |
| <input type="checkbox"/> | <input type="checkbox"/> | Neck Pain                |
| <input type="checkbox"/> | <input type="checkbox"/> | Upper Back Pain          |
| <input type="checkbox"/> | <input type="checkbox"/> | Mid Back Pain            |
| <input type="checkbox"/> | <input type="checkbox"/> | Low Back Pain            |
| <input type="checkbox"/> | <input type="checkbox"/> | Scoliosis                |
| <input type="checkbox"/> | <input type="checkbox"/> | Shoulder Pain            |
| <input type="checkbox"/> | <input type="checkbox"/> | Elbow Pain               |
| <input type="checkbox"/> | <input type="checkbox"/> | Wrist Pain               |
| <input type="checkbox"/> | <input type="checkbox"/> | Hand Pain                |
| <input type="checkbox"/> | <input type="checkbox"/> | Carpal Tunnel            |
| <input type="checkbox"/> | <input type="checkbox"/> | Hip Pain                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Knee Pain                |
| <input type="checkbox"/> | <input type="checkbox"/> | Ankle Pain               |
| <input type="checkbox"/> | <input type="checkbox"/> | Foot Pain                |
| <input type="checkbox"/> | <input type="checkbox"/> | Sciatica                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Jaw Pain/TMJ             |
| <input type="checkbox"/> | <input type="checkbox"/> | Osteopenia               |
| <input type="checkbox"/> | <input type="checkbox"/> | Osteoporosis             |
| <input type="checkbox"/> | <input type="checkbox"/> | Joint Swelling/Stiffness |
| <input type="checkbox"/> | <input type="checkbox"/> | Ehlers-Danlos Syndrome   |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis     |
| <input type="checkbox"/> | <input type="checkbox"/> | Lyme Disease             |
| <input type="checkbox"/> | <input type="checkbox"/> | General Fatigue          |
| <input type="checkbox"/> | <input type="checkbox"/> | Ringing in Ears          |
| <input type="checkbox"/> | <input type="checkbox"/> | Visual Disturbances      |

**PAST PRESENT**

- |                          |                          |                         |
|--------------------------|--------------------------|-------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Dizziness               |
| <input type="checkbox"/> | <input type="checkbox"/> | Nausea                  |
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure     |
| <input type="checkbox"/> | <input type="checkbox"/> | Low Blood Pressure      |
| <input type="checkbox"/> | <input type="checkbox"/> | High Cholesterol        |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack            |
| <input type="checkbox"/> | <input type="checkbox"/> | Chest Pains             |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Stones           |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Disorder         |
| <input type="checkbox"/> | <input type="checkbox"/> | Bladder Infection       |
| <input type="checkbox"/> | <input type="checkbox"/> | Painful Urination       |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Bladder Control |
| <input type="checkbox"/> | <input type="checkbox"/> | Prostate Problems       |
| <input type="checkbox"/> | <input type="checkbox"/> | Reflux/ Heartburn       |
| <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Weight Gain    |
| <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Weight Loss    |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Appetite        |
| <input type="checkbox"/> | <input type="checkbox"/> | Constipation            |
| <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain          |
| <input type="checkbox"/> | <input type="checkbox"/> | Ulcer                   |
| <input type="checkbox"/> | <input type="checkbox"/> | HIV/ AIDS               |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis               |
| <input type="checkbox"/> | <input type="checkbox"/> | Liver Disorder          |
| <input type="checkbox"/> | <input type="checkbox"/> | Gall Bladder Disorder   |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Tumor                   |

**PAST PRESENT**

- |                          |                          |                        |
|--------------------------|--------------------------|------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Sinusitis      |
| <input type="checkbox"/> | <input type="checkbox"/> | Seasonal Allergies     |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes               |
| <input type="checkbox"/> | <input type="checkbox"/> | Excessive Urination    |
| <input type="checkbox"/> | <input type="checkbox"/> | Excessive Thirst       |
| <input type="checkbox"/> | <input type="checkbox"/> | Hypo-Thyroid           |
| <input type="checkbox"/> | <input type="checkbox"/> | Hyper-Thyroid          |
| <input type="checkbox"/> | <input type="checkbox"/> | Smoking/ Tobacco Use   |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug/Opioid Dependence |
| <input type="checkbox"/> | <input type="checkbox"/> | Alcohol Dependence     |
| <input type="checkbox"/> | <input type="checkbox"/> | Food Allergies         |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression             |
| <input type="checkbox"/> | <input type="checkbox"/> | Anxiety                |
| <input type="checkbox"/> | <input type="checkbox"/> | Frequent Illness       |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy               |
| <input type="checkbox"/> | <input type="checkbox"/> | Dermatitis             |
| <input type="checkbox"/> | <input type="checkbox"/> | Eczema                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Poison Ivy/ Oak        |

**Females Only**

- |                          |                          |                        |
|--------------------------|--------------------------|------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Hot Flashes            |
| <input type="checkbox"/> | <input type="checkbox"/> | Hormone Replacement    |
| <input type="checkbox"/> | <input type="checkbox"/> | Birth Control Pills    |
| <input type="checkbox"/> | <input type="checkbox"/> | Painful Periods/Cramps |

YES NO Are You Pregnant?

**18. Primary Care Physician** \_\_\_\_\_ **18b. Date of Last Medical Physical** \_\_\_\_\_

**19. Indicate if an immediate family member has had any of the following:**

☐ Rheumatoid Arthritis    ☐ Heart Problems    ☐ Diabetes    ☐ Cancer    ☐ Lupus    ☐ Other: \_\_\_\_\_

**20. List all prescription and over-the-counter medications, nutritional/herbal supplements, essential oils, or CBD you are taking:**

\_\_\_\_\_

**21. List all the surgical procedures you have had AND times you have been hospitalized (INLCUDING GIVING BIRTH):**

\_\_\_\_\_

\_\_\_\_\_

**22. ANY & ALL LIFETIME TRAUMA HISTORY, EVEN IF YOU DID NOT HAVE SYMPTOMS OR TREATMENT:**

**Auto Accidents:** \_\_\_\_\_

**Falls:** \_\_\_\_\_

**Sports Injuries:** \_\_\_\_\_

**Concussions:** \_\_\_\_\_

**Other Physical Traumas:** \_\_\_\_\_

**23. Age of Mattress:** \_\_\_\_\_ **years**    **Sleep Position:** ☐ back ☐ side ☐ stomach    **# of pillows under your head?** \_\_\_\_\_

**PATIENT SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_