Patient Introduction Card

Today's Date _____ Account #_____

Full Legal Name _____ Prefer To Be Called_____

Home Address_____ Occupation_____

City_____ State_____ Zip_____ Employer_____

Home Phone_____ Name of Insurance Co_____

Cell Phone_____ Policy Holder Name _____

Work Phone_____ Policy Holder Date of Birth _____

Email_____ Primary Care Doctor_____

Date of Birth_____ Age_____ Previous Chiropractic Care? ☐ YES ☐ NO

☐ Married ☐ Single ☐ Other_____ Major Complaint Today_____

Social Security #_____ _____

Preferred method of contact for appointment reminders ☐ Text ☐ Email ☐ Either is fine

Who (or what source) referred you to our office? _____

It is Usual and Customary to Pay for Services as Rendered Unless Otherwise Arranged

Patient Health Questionnaire

Patient Name_____ **Date**_____

1. Describe your current symptoms (*Begin with what bothers you the most*): _____

_____

2. Do your symptoms radiate (travel)? □ Yes □ No If yes, to what part of your body? _____

3. How long have your symptoms been present?

This episode: _____First episode EVER: _____

4. When is it most noticeable? □ Upon Waking □ During the day □ Afternoon □ Evening □ While Trying to sleep

_____

5. What activities make your symptoms worse? □ Ice □ Rest □ Sitting □ Medication
□ Heat □ Activity □ Standing □ _____

_____

6. What activities make your symptoms better? □ Ice □ Rest □ Sitting □ Medication
□ Heat □ Activity □ Standing □ _____

_____

7. What describes the nature of your symptoms?

□ Dull and aching □ Burning
□ Sharp with movement □ Tingling
□ Numb □ Tight / Stiff
□ Shooting □ Sore

_____

8. How often are your symptoms present?

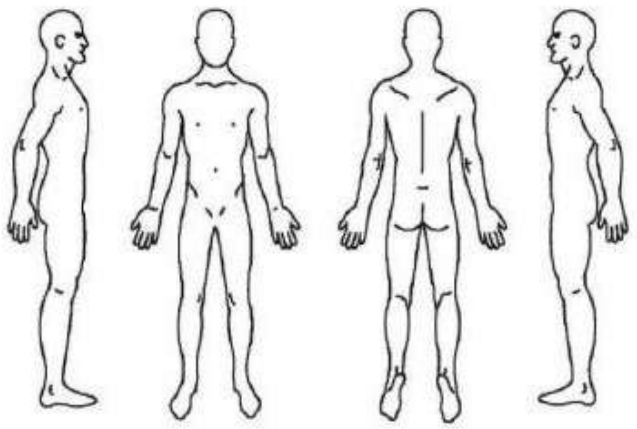
□ Occasional (0-25%) □ Frequent (50-75%)
□ Intermittent (25-50%) □ Constant (75-100%)

_____

9. Who else have you seen for your current symptoms?

□ No One □ Orthopedic Doctor
□ This Office □ Neurologist
□ Other Chiropractor □ Physical Therapist
□ Medical Doctor / PCP □ Massage Therapist
□ OBGYN / Midwife □ Acupuncturist

INDICATE WHERE YOU HAVE PAIN



□ OTHER _____

_____

10. What tests have you had for your symptoms? □ None □ MRI date: _____
□ X-rays date :_____ □ CT Scan date: _____

_____

11. What describes the severity of your symptoms? **None 1 2 3 4 5 6 7 8 9 10 Severe**

_____

12. What other forms of care have you tried for your current complaint?

□ Nothing □ Advil / Tylenol / Aleve (CIRCLE) □ Chiropractic Care □ Yoga
□ Prescription Pain Meds □ Injections □ Acupuncture □ CBD
□ Muscle Relaxer □ Massage Therapy □ Physical Therapy □ New Mattress / Pillow (CIRCLE)
□ Ice / Heat (CIRCLE) □ Foam roller □ Stretching □ _____

_____

13. What do you feel caused your symptoms? □ Fall □ Lifting □ Work □ Posture
□ Car Accident □ Don't Know □ _____

_____

14.What activities are affected by your symptoms?

□ Work/School (CIRCLE) □ Exercise □ Driving/Riding in Car (CIRCLE) □ House Work □ Mood
□ Getting dressed □ Running □ Caring for Children □ Yard Work □ Focus
□ Sleeping □ Walking □ Going up / down stairs □ Bathing □ _____

For each of the conditions listed below, place a check in the* PAST *column if you have had the condition in the past.

Place a check in the* PRESENT *column if you currently have the conditions listed.

16. 17.

PAST	PRESENT		PAST	PRESENT		PAST	PRESENT	
( )	( )	Headaches	( )	( )	High Blood Pressure	( )	( )	Diabetes
( )	( )	Neck Pain	( )	( )	Low Blood Pressure	( )	( )	Excessive Thirst
( )	( )	Upper Back Pain	( )	( )	High Cholesterol	( )	( )	Excessive Urination
( )	( )	Mid Back Pain	( )	( )	Heart Attack	( )	( )	Hypo-Thyroid
( )	( )	Low Back Pain	( )	( )	Chest Pains	( )	( )	Hyper-Thyroid
( )	( )	Scoliosis	( )	( )	Stroke	( )	( )	Smoking/Tobacco Use
( )	( )	Shoulder Pain	( )	( )	Angina	( )	( )	Drug/Opioid Dependence
( )	( )	Elbow Pain	( )	( )	Kidney Stones	( )	( )	Alcohol Dependence
( )	( )	Wrist Pain	( )	( )	Kidney Disorder	( )	( )	Food Allergies
( )	( )	Hand Pain	( )	( )	Bladder Infection	( )	( )	Depression
( )	( )	Carpal Tunnel	( )	( )	Painful Urination	( )	( )	Anxiety
( )	( )	Hip Pain	( )	( )	Loss of Bladder Control	( )	( )	Frequent Illness
( )	( )	Knee Pain	( )	( )	Prostate Problems	( )	( )	Epilepsy
( )	( )	Ankle Pain	( )	( )	Reflux/Heartburn	( )	( )	Dermatitis
( )	( )	Foot Pain	( )	( )	Abnormal Weight Gain	( )	( )	Eczema
( )	( )	Sciatica	( )	( )	Abnormal Weight Loss	( )	( )	Poison Ivy/Oak
( )	( )	Jaw Pain/TMJ	( )	( )	Loss of Appetite	( )	( )	HIV/AIDS
( )	( )	Osteoporosis	( )	( )	Constipation			
( )	( )	Joint Swelling/Stiffness	( )	( )	Abdominal Pain			
( )	( )	Arthritis	( )	( )	Ulcer	***Females Only***		
( )	( )	Rheumatoid Arthritis	( )	( )	Hepatitis			
( )	( )	Lyme Disease	( )	( )	Liver Disorder	( )	( )	Hot Flashes
( )	( )	Osteoporosis/Osteopenia	( )	( )	Gall Bladder Disorder	( )	( )	Hormone Replacement
( )	( )	General Fatigue	( )	( )	Cancer	( )	( )	Birth Control Pills
( )	( )	Ringing in Ears	( )	( )	Tumor	( )	( )	Painful Periods/Cramps
( )	( )	Visual Disturbances	( )	( )	Asthma			
( )	( )	Dizziness	( )	( )	Chronic Sinusitis	YES	NO	Are You Pregnant?
( )	( )	Nausea	( )	( )	Seasonal Allergies			

18. Primary Care Physician_____ **18b. Date of Last Medical Physical**_____

19. Indicate if an immediate family member has had any of the following:

( ) Rheumatoid Arthritis ( ) Heart Problems ( ) Diabetes ( ) Cancer ( ) Lupus ( ) Other: _____

20. List all prescription and over-the-counter medications, nutritional/herbal supplements, essential oils, or CBD you are taking:

_____

21. List all the surgical procedures you have had AND times you have been hospitalized (INLCUDING GIVING BIRTH):

_____

_____

22. <u>ANY & ALL LIFETIME TRAUMA HISTORY</u> to head, neck, or back, <u>EVEN IF YOU DID NOT HAVE SYMPTOMS OR TREATMENT</u>:

Concussions:_____

Sports Injuries:_____

Auto Accidents:_____

Other Physical Traumas: _____

PATIENT SIGNATURE:_____ **Date:**_____