



Canadian
Disc
Institute

Our Patients Speak

September 2014

Sunday, April 6, 2014 marks the day that changed my life dramatically. After stepping out of the shower Sunday morning I felt something pop in my lower back, the resulting pain caused me to drop to the floor. Any attempt to get up caused a severe muscle spasm in my lower back, so I spent the next couple of hours laying on the ground hoping things would settle down. The spasms continued any time I tried to get up so my wife called an ambulance. I spent that day and night in the hospital and the following morning was sent home with a prescription for some very strong painkillers and the advice to see a chiropractor which I had been doing anyway. After 5 treatments with no improvement I decided I had to try something else, so I started looking on the internet for places that offered spinal decompression. I stumbled across the website for Dr. Moore and sent an email to book an appointment.

Dr. Moore reviewed an MRI that had been done a couple of years earlier and determined that I had a herniated disc and two bulging discs. He recommended 30 VAX-D treatments plus adjustments. My progress was unusually slow, but I was constantly assured that improvement would come. Near the end of the treatments the improvements did indeed come and as I write this today (October 1, 2014) I am pain free. I spent 11 weeks at home unable to work or do anything around the house. I went golfing two weekends ago and am able to do my work with no problems thanks to the efforts of Dr. Moore and VAX-D.

I would highly recommend Dr. Moore and VAX-D to anyone suffering back pain, it worked for me and it will work for you.

Fred Kampen